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NAME CHANGE:
"OUR BIG
OPPORTUNITY"

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63% of us belong
to an APM SIG.
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NEWSLETTER

Summer 2017

APM — Psychiatrists Providing Collaborative Care Bridging Physical and Mental Health

President's Message

IT'S TIME TO TAKE CONTROL

— Robert Boland, MD, FAPM

It remains too soon to say for sure... however, it appears that our efforts to change the name of our field might be successful.

So although it may be too soon to celebrate, it's not too soon to think about what the impact on our subspecialty could be and the challenge each one of us faces as we grasp this once-in-a-generation opportunity.



"Psychosomatics" as a name was always a compromise choice. On the one hand, it had a rich historical tradition within our field. In addition, it is used elsewhere, particularly internationally, and it is the name of our journal. Still, the consensus was that it was just not working as a name for our field. It is not a word otherwise well-understood in medical circles, and for those who were familiar with it, it had a pejorative tone. Changing it, on balance, seems a good thing.

Even so, the change back to Consultation-Liaison (C-L) Psychiatry is complicated. Those of us old enough to have trained before our formal subspecialty accreditation probably called ourselves by this term, and our experience using it was not always positive. Although C-L avoided a pejorative tone, it was still confusing to many. When asked what I did, I had to be prepared for a puzzled look and then, yet again, to explain what exactly "consultation-liaison" was. This was true no matter with whom I talked—whether they were laypersons, other doctors, or even other psychiatrists.

Thus, although there may be some victory to finally defining our field by the words we most often use for it, there is still a challenge. If we want to improve our standing among medical practitioners, we must take control over what these words mean.

"Consultation" is simple enough. It is the role that most of our medical colleagues from other specialties recognize. It is the clearest of our roles: other doctors have medical patients with psychiatric problems, so they call us for our advice.

Interestingly, this is the term that tripped us up originally, as it wasn't clear how "consultation" could be a specialty. Don't all doctors consult?

(continued on page 2)

GET THE MOST FROM YOUR

ANNUAL MEETING

Now is the time to plan your personal schedule for APM 2017 to maximize the opportunity to network with new contacts and longstanding friends, and so you don't miss out on sessions you really want to attend.

Register early, by August 31, and you save money—\$100 on the fee for APM members. Secure your hotel booking early, by October 16, and you secure your room at our conference venue, La Quinta Resort & Club, at our special room rate of \$184 plus taxes.

Build your personal schedule using the APM 2017 meeting site (tinyurl.com/APM2017). In addition to the array of plenary and program speakers, SIG meetings and the like, select from our line-up of events, talks, and attractions introduced in this issue by program chair Lisa Seyfried, MD (see page 4), including the leisure activities the Local Arrangements Subcommittee has been busy putting together to suit all tastes, including the return of the APM Tennis Tournament!

We look forward to seeing you at APM 2017.

"If we want to improve our standing among medical practitioners, we must take control over what these words mean."

And yet, in hindsight, the controversy over this term is harder for us to appreciate. What we do, with our ability to consider all aspects of a patient's medical and psychiatric problems, is understand complex interactions and formulate a plan that is both practical and intelligible for those not in our field: a truly unique collaborative contribution that requires great training, skill, and expertise.

The "liaison" part is trickier. Earlier, as we considered possible new names, some suggested dropping "liaison" as it seemed antiquated, ill-defined, and with vague sexual connotations. However, when considering its proper definition, "communication or cooperation that facilitates a close working relationship between people or organizations," it seems more appropriate than ever. Our field has broadened well beyond simply working in a general hospital and performing consults on other people's patients. Many among us work in very different settings, often outside of the hospital and as a member of a multidisciplinary team. Although newer terms, such as "collaborative care" or "integrative care" are now in vogue, the importance of these reciprocal relationships has long been understood by C-L psychiatrists, and the term "liaison" does a good job of encompassing

the many ways we may intersect with the rest of medicine at various levels beyond the doctor-patient dyad.

In reflecting on this, I do not have a problem with the name "Consultation-Liaison." However, I do believe our work will be defined by our ability to explain these words to others. This is part of our larger challenge of branding ourselves to others: other psychiatrists, other doctors, health care finance organizations, or whoever. We might wish to have a name that *res ipsa loquitur* ("speaks for itself") and requires no further explanation, but I believe that what we do is simply too complex to be easily captured by one or two words.

So, the task of explaining who we are and what we do hasn't changed, and it remains something each of us must constantly do. Perhaps the greatest gain with this name change is that we won't have to spend as much time saying what we are not, and can concentrate on more successfully describing what it is we do well.

This change, if successful, presents each one of us with a fantastic opportunity to take up the challenge—a new imperative to explain our role and its importance to others.

From the President-Elect

WHY CHANGE OUR NAME?

— James Rundell, MD, FAPM

The APM Council has endorsed a proposal to change the name of the Academy of Psychosomatic Medicine to the Academy of Consultation-Liaison Psychiatry—if, as expected, the American Board of Medical Specialties (ABMS) changes the official name of the subspecialty this fall.

For the past two years APM, in consultation with the American Board of Psychiatry and Neurology (ABPN), has formally explored a name change for our subspecialty. This process was initiated after hearing from members for many years that the name Psychosomatic Medicine is problematic. Many have worried that the name has a pejorative connotation, has a negative impact on recruiting into the field, and is actually avoided by clinicians and academic departments.

In response to member concerns, APM conducted three surveys.

Members were first asked if they would support an alternative name for the field. More than two-thirds of members responded—68% supported a name change, 16% were neutral, and only 16% wanted to keep the name Psychosomatic Medicine.

In a follow-up survey, members were asked how they currently described the subspecialty to others. The majority of members responding were already using the name Consultation-Liaison Psychiatry (55%). Of the rest, only 17% used Psychosomatic Medicine; 7% used Consultation Psychiatry.

Finally, members were surveyed on the question whether they would support specifically changing the name of the field to Consultation-



Liaison Psychiatry (including changing the name of the Academy to mirror that term). Again, well over half of the membership responded, and 81% responded affirmatively.

Based on that mandate, and on the recommendation of ABPN to ABMS that the name of the subspecialty be changed to Consultation-Liaison Psychiatry, the APM Council formed a task force to research considerations related to changing the name of APM

as an organization. In June 2017, the Name Change Task Force made several recommendations to the APM Council, which unanimously took the following positions:

- The Council endorsed changing the name of APM to the Academy of Consultation-Liaison Psychiatry (ACLP) if and when ABMS changes the official name of the subspecialty to Consultation-Liaison Psychiatry. After a period of comment, the Council will prepare a motion proposing a name change to be discussed and voted on by members during the business meeting at the APM 2017 Annual Meeting.
- The Council approved proposed wording changes that would be needed to update the organization's bylaws and policy manual in the event of a name change of the organization to ACLP. Bylaws changes would also be voted on at the annual business meeting in November 2017.
- The Council voted to maintain the name of the journal (*Psychosomatics*) in the event of a name change of the field and organization, but to change the tag line on the cover of the journal

from “The Journal of Consultation and Liaison Psychiatry” to “The Journal of the Academy of Consultation-Liaison Psychiatry.”

The Council believes that these are the right things to do and express the will of most of our membership. These Council decisions and recommendations are, of course, contingent on ABMS changing the official name of the subspecialty, in a vote expected before our 2017 Annual Meeting.

This summer, APM members were invited to submit comments about the Council’s decisions and recommendations. Dr. Rundell, chair of the Name Change Task Force, will present the collective comments and recommendations to the APM Council for consideration before the annual meeting proceedings in November.



Newly installed President Bob Boland fields questions at the 2016 Annual Business Meeting in Austin, TX. Executive Director James Vrac watches from the sidelines.

ANNUAL MEMBERS’

Business Meeting

The 2017 Annual Members’ Business Meeting is scheduled for Saturday, November 11, 2017, from 4:45 to 5:30 pm at the La Quinta Resort, Palm Springs, CA.

Agenda items include the election of officers and councilors, and amendments to APM’s bylaws. The proposed bylaws amendments will be circulated to the membership in late August or early September. In addition, a proposal for changing the Academy’s name will be presented.

Election of Officers and Councilors:

President-elect James Rundell, MD, FAPM, will receive the president’s gavel from current president Robert Boland, MD, FAPM.

The APM Nominating Committee (Drs. Rundell [chair], Rummans, Tiamson-Kassab, Pao, and Epstein) respectfully submits

the following slate of officers and councilors for consideration at the Annual Members’ Business Meeting:

Officers:

President-Elect:

Rebecca Brendel, MD, JD, FAPM (Boston, MA)

Vice President:

Michael Sharpe, MD, FAPM (Oxford, UK)

Treasurer:

Maria Tiamson-Kassab, MD, FAPM (San Diego, CA)

Secretary:

Philip Bialer, MD, FAPM (New York, NY)

Councilors:

Sandra Rackley, MD, FAPM (Rochester, MN),
1st three-year term

Thomas Heinrich, MD, FAPM (Milwaukee, WI),
1st three-year term

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Guide to creating your personal schedule at APM 2017

GET THE MOST FROM YOUR ANNUAL MEETING

Program Chair Lisa Seyfried, MD, guides you to highlights alongside plenary and program speakers for your personal planner at APM 2017 on November 8-11. Full details of the conference program are online at the APM 2017 meeting site. Start building your personal schedule there, at tinyurl.com/APM2017



This year's annual meeting theme, *Addressing Current Dilemmas in Psychosomatic Medicine: Consultants Consulting the Experts*, seems particularly appropriate at a time when the name of our subspecialty is likely to be changed to "Consultation-Liaison Psychiatry." Our medical and surgical colleagues consult us as experts on bridging physical and mental health. But when we ourselves struggle with questions, to whom do we turn? This year we will offer an array of TED-style plenary presentations by experts on clinical, education, and research concerns. And the topics of their talks will be determined in part by consulting with you through a pre-meeting survey!

Pre-Conference Sessions

The annual meeting kicks off on Wednesday with the full-day *Updates in Psychosomatic Medicine* course. For the *Updates* course, the Pre-Conference Courses Subcommittee encourages speakers to focus largely on new or transformative content from the past few years, keeping the amount of review information more limited. This year's course will feature:

- Acute Brain Failure: Clinical and Research Update on Delirium
- The Assessment of Consciousness
- Updates in Bedside Neuropsychiatric Testing
- Sleep Medicine Update
- Trekking Today's Global Silk Roads: Tickets to Safe Passage Around Opioid Latrogeny, Addiction, Imperialism, and Oblivion
- Managing Eating Disorders: An Update for Consultation Psychiatrists
- Infectious Diseases: What Psychiatrists Need to Know
- Contemporary Challenges in Decisional Capacity Determinations for the PSM Psychiatrist: Integration of Illness-Specific Considerations and Clinical Context in a Modern Paradigm
- Updates in Physical Medicine and Rehabilitation
- Update on Pain and Palliative Care for Psychiatrists
- The Current US Opioid Crisis

For attendees wishing a deeper dive into current issues, we are offering eight half-day Skills courses (four running concurrently in the

morning and afternoon) as alternatives to the *Updates* course:

- Transplant Psychiatry
- Research Skills for C-L Psychiatrists
- From Preconception to Postpartum: Perinatal Basics for the General Consultation Psychiatrist
- When Brain Meets Mind: Pro-Tips for the C-L Psychiatrist as Collaborative Neuropsychiatrist
- Examining Cognitive Domains: A Technical Review of Bedside Neuropsychiatric Tests
- Evaluation and Management of Sleep for C-L Psychiatrists
- Applying the Integrated Care Approach to Deliver Collaborative Care (sponsored by the APA)
- Mind-body Techniques at the Bedside: Knowledge and Skills for Breath-training, Mindfulness, and Hypnosis

"Just-in-Time" Topics

The main meeting starts with a special session on Wednesday night, November 8, which will feature "'Just-in-Time' Topics in Psychosomatic Medicine." The topics for this session will be identified in the fall, ensuring us the ability to address emerging and exciting issues in our field as they develop. Look for future updates on this session!

Scientific Program

With more than 500 submissions from which to choose, the Annual Meeting Committee has selected the highest quality content for our scientific program, including diverse topics that span the breadth of our subspecialty. Sessions will be organized into these nine tracks, making it easy for attendees to focus their learning:

- Addiction and Transplant
- Administration and Systems Issues
- Culture and Psychosocial Issues
- Education and Career Development
- End-of-Life Care and Decisions
- Neuropsychiatry

- PM Subspecialties
- Psychotherapy and Liaison
- Women's Mental Health and Child & Adolescent Psychiatry.

Poster & Oral Sessions

Always a highlight of the meeting, the Thursday late-afternoon Poster Session will feature approximately 140 posters arranged into major topic groups. As many of these posters are presented by trainees, this session is an excellent opportunity to interact with the future leaders of our field. On Friday, we will be offering 11 oral paper sessions, some of which will include presentations by this year's Webb Fellows. Oral papers are not to be missed! They are a wonderful way to hear about emerging work and an opportunity to hear from many of our early career psychiatrists.

Award Winner Presentations

Attendees are sure to appreciate the many presentations by our 2017 APM award winners. Robert M. Carney, PhD, is the Katon Research Award winner and will present during Friday morning's plenary session. O. Joseph Bienvenu, III, MD, PhD, was named the recipient of the Dlin/Fischer Clinical Research Award for his paper "Anxiety, Depression, and Posttraumatic Stress Disorder Symptoms after Acute Respiratory Distress Syndrome: A 5-Year Longitudinal Study," which will be featured in an oral paper session. Nancy Byatt, DO, MS, MBA, FAPM has received the Don R. Lipsitt Award for Achievement in Integrated and Collaborative Care and will deliver a Friday afternoon workshop. We are also excited to welcome this year's Eleanor & Thomas P. Hackett Award winner, Gregory L. Fricchione, MD, FAPM. Named in honor of the late Thomas & Eleanor Hackett, this award is the highest honor bestowed annually by the Academy. (For more details on the awards see page 6.)

Networking & Discussion Tables

In addition to being a premier educational experience, the APM annual meeting is an excellent networking opportunity that fosters trusting and lasting relationships. To that end, we have made changes in the program to allow more time to re-connect with old friends and connect with new ones. The lunches on

Thursday and Friday will focus on networking rather than group plenary experiences.

On Thursday, APM SIG representatives will host discussion tables (signs will be posted) and invite you to join in the conversation. In addition, there will be tables hosted by some of our plenary speakers giving you an opportunity to connect with them on a more personal level.

On Friday, lunch will offer informal networking opportunities before we all re-convene to hear Dr. Fricchione's Hackett lecture in the early afternoon. Later that evening, please be sure to join us for the Awards Reception and Toast honoring all our awardees and the APM members newly elected to Fellowship in the Academy.

And let's not forget the New Member, First-time Attendee, Trainee and Early Career Mixer Wednesday night, the Welcome Reception Thursday night, and the Medical Student Meet-and-Greet Friday night!

Leisure Pursuits

If all these learning and networking opportunities aren't enough to tempt you, allow me to remind you of the setting for this year's meeting—the gorgeous La Quinta Resort & Club in Palm Springs, California. Sign up for Wednesday's APM Tennis Tournament, head out on APM's private Living Desert Safari Tour on Friday afternoon, or simply soak up the sun by one of the 41 pools on property!



Tigers play at the Living Desert, 20 minutes away from our host hotel.

For more on leisure pursuits at APM 2017, see the Local Arrangements Subcommittee report page 12.

APM President Bob Boland, MD, FAPM, the Annual Meeting Committee and I invite

you to join us for what is sure to be another great meeting. I look forward to seeing all of you in November!

Key Dates for Your APM 2017 Planning

- Aug. 31
Last day to register for the meeting at the early discount rate
- Sep. 4
Labor Day in the US; Academy office closed
- Sep. 25
ECP Career Consultations sign-up closes
- Sep. 30
Last day to register for the meeting at the advanced discount rate
- Oct. 15
Deadline to upload posters to be included in competition for best poster awards
- Oct. 16
Deadline to cancel meeting registration for full refund minus \$50 service fee
- Oct. 16
Last day to book at the La Quinta with the APM hotel rate
- Oct. 3
Last day to cancel meeting registration with 50% refund
- Oct. 31
Deadline for all speakers/presenters/authors to upload presentations and posters
- Nov. 8
PRE-CONFERENCE COURSES
- Nov. 9
ANNUAL MEETING BEGINS

Celebrate with Our 2017 Award Winners

We are pleased to announce the 2017 APM award winners. They will receive their awards at a new Friday evening awards ceremony with a champagne toast reception at APM 2017 in Palm Springs, California.

THE ELEANOR & THOMAS P. HACKETT MEMORIAL AWARD is the Academy's highest honor, presented to an individual for outstanding achievement in psychosomatic medicine.



Winner: **Gregory Fricchione, MD, FAPM**, Director Emeritus, Division of Psychiatry and Medicine, Gary Gottlieb MD Partners Healthcare Chair in Global and Community Mental Health, and Director, Benson-Henry Institute for Mind Body Medicine at Massachusetts General Hospital. He is also the Mind Body Medical Professor of Psychiatry at Harvard Medical School.

Dr. Fricchione has been on faculty at Harvard Medical School (HMS) since 1993. He first came to Massachusetts General Hospital (MGH) in 1982 as a psychosomatic medicine fellow receiving mentorship and supervision from three former Hackett Award winners—Ned Cassem, George Murray, and Ted Stern. Since July 2002 he has been Associate Chief of Psychiatry at MGH and from June 2002 until July 2017 he was Founding Director of the Division of Psychiatry and Medicine, which includes psychiatrists and psychologists working at the interface of psychiatry, medicine, surgery, and neurology. Prior to this he was Director of the Medical Psychiatry Service at Brigham and Women's Hospital from 1993 to 2000.

Dr. Fricchione received his MD from New York University School of Medicine in 1978. He is board certified in psychiatry and has added qualifications in psychosomatic medicine and geriatric psychiatry. In addition to his clinical experience in general hospital psychiatry, Dr. Fricchione has been committed to medical education. He has taught in the medical schools at New York University, the State University of New York at Stony Brook, the University of Auckland in New Zealand, Emory University, Atlanta, and Addis Ababa University in Ethiopia as well as at HMS. He has also directed psychosomatic medicine fellowships at Stony Brook University, Brigham and Women's Hospital, and MGH.

Dr. Fricchione has been an active researcher in psychosomatic medicine and has made contributions to the treatment of patients with catatonia and to the management of cardiac patients who suffer from comorbid psychiatric conditions. He is the author of more than 160 peer-reviewed journal articles and is a co-author of the *MGH Handbook on General Hospital Psychiatry* (2017), *Catatonia: From Psychopathology to Neurobiology* (2004), *The Heart-Mind Connection* (2005) and *The Science of Stress* (2017). He is also the author of a book on brain evolution and health care from the Johns Hopkins University

Press titled *Compassion and Healing in Medicine and Society. On the Nature and Uses of Attachment Solutions to Separation Challenges* (2011).

From 2000 to 2002 Dr Fricchione was director of the mental health program at the Carter Center in Atlanta, Georgia, while on leave of absence from HMS. He worked for President Carter and Mrs. Carter on issues of mental health policy and public health. He continues to serve on the Mental Health Task Force of the Carter Center and on the board of the Rosalynn Carter Institute for Caregiving. He was a consultant to Ethiopian Public Health Training Initiative and was a reviewer of the Mental Health Strategy for that country. He was the first director of the MGH Chester M. Pierce Division of Global Psychiatry, which was founded in 2003. It has training and research programs in Ethiopia, Somaliland, Uganda, South Africa, Peru, and Barbados. In 2006 he became director of the Benson-Henry Institute for Mind Body Medicine at MGH, succeeding Dr. Herbert Benson. The institute has clinical, educational, and research missions to bridge the gap between clinical medicine and public health by promoting health and preventing stress-related illnesses.

In his nomination of Dr. Fricchione for the Hackett award, James Rustad, MD, White River Junction VA Medical Center, Vermont, wrote: "*Greg Fricchione is a true seeker, in the 1960s sense (minus the lysergic acid). His research with the Benson-Henry Institute for Mind Body Medicine and Global Health work represents his visionary search for spiritual clarity and healing. William James observed that 'the philosophy which is so important to us is not a technical matter; it is our more or less dumb sense of what life honestly and deeply means.' Greg carries the mighty torch at the MGH Consultation Fellowship passed to him by founding program director George Murray and, like George, teaches us to find 'what is true in the meaningful and meaningful in the true.'*"

Ana Ivkovic, MD, Massachusetts General Hospital, Boston, wrote: "*Dr. Fricchione has been instrumental in encouraging my own growth as a consultation psychiatrist. Thanks to him, my knowledge of the interface of immunology, psychiatry, neurology, endocrinology, and nutrition has evolved and expanded.*"

Greg Fricchione's full profile and nomination comments are on the APM website here: tinyurl.com/ycs5fdpt

THE WAYNE KATON RESEARCH AWARD recognizes a currently active researcher in the field of psychopathology with the medically ill.



Winner: **Robert M. Carney, PhD**, Behavioral Medicine Center, Washington University

Dr. Carney's contributions to the field of Psychosomatic Medicine have centered on the role and treatment of depression in cardiovascular disease. His work detailing the relationships between depression and cardiac outcomes provided significant support

for the notion that depression should be considered a risk factor for mortality in patients with CAD. The American Heart Association ultimately labelled depression as a risk factor for poor prognosis in patients post-ACS and called for depression screening for all patients with cardiovascular disease. His other main contribution to PM relates to his work towards identifying effective depression treatments for patients with cardiovascular disease, such as CAD or HF. Significantly, he served as a PI and executive committee member for the NIH-sponsored ENRICH trial which examined the efficacy of CBT (supplemented by pharmacotherapy when needed) in patients with CAD and depression. The ENRICH trial found that collaborative care led to improvements in depression and social support compared to usual care. Dr. Carney has worked tirelessly to translate his research findings into practice.

THE ALAN STOUDEMIRE AWARD FOR INNOVATION & EXCELLENCE IN C-L EDUCATION is given for the development and/or presentation of a PM educational program that is outstanding by virtue of excellence, innovation, and impact.



Winner: **Robert McCarron, DO**, UC Davis School of Medicine, Department of Psychiatry

"Dr. McCarron has engaged a novel mechanism of training to equip practicing primary care physicians with the medical knowledge and practice-based oversight to achieve better behavioral health care in primary care settings. Dr. McCarron's program is particularly novel in that it encompasses periodic

didactic training via two week-long CME courses geared towards behavioral health in primary care coupled to longitudinal mentorship and case-based periodic support."

— Erik Vanderlip, MD, MPH
University of Oklahoma

THE DON R. LIPSITT AWARD FOR ACHIEVEMENT IN INTEGRATED AND COLLABORATIVE CARE recognizes an individual who has demonstrated excellence and innovation in the integration of mental health with other medical care through collaborative care.



Winner: **Nancy Byatt, DO, MS, MBA, FAPM**, University of Massachusetts Memorial Medical Center

"Dr. Byatt is a perinatal psychiatrist/physician-scientist with a deep commitment to promoting maternal mental health by integrating obstetric and depression care. As her colleague, it has been deeply gratifying to see that her research has influenced the creation of a new state-wide

program, MCPAP for Moms, to address perinatal depression. Dr. Byatt has also harnessed this opportunity and her research expertise to: 1) clarify how we can help perinatal women participate in mental health care via the obstetric setting; 2) provide a framework for the development of other efforts across the country to link perinatal women and other patients with needed mental health services; and 3) inform the development of guidelines, policies, and legislation."

— Nehama Dresner, MD, FAPM
Wellsprings Health Associates, Chicago

THE DLIN/FISCHER CLINICAL RESEARCH AWARD is presented for significant achievement in clinical research and the best paper submitted for presentation at the annual meeting.



Winner: **O. Joseph Bienvenu, MD, PhD**, Johns Hopkins Hospital, Baltimore

Dr. Bienvenu's research was into anxiety, depression, and posttraumatic stress disorder symptoms after acute respiratory distress syndrome: a five-year longitudinal study. Survivors of acute respiratory distress syndrome and other critical illnesses frequently experience substantial symptoms that negatively affect quality of life. However, the field knows little about the long-term course of these phenomena after critical illness (most studies have followed patients ≤ 1 year), including risk factors for a prolonged course that are ascertainable during the index hospitalization. These issues are the focus of Dr. Bienvenu's paper.

THE APM FOUNDATION RESEARCH PROFESSOR PROGRAM funds a preeminent research leader to lecture at the annual meeting, and mentorship by the selected professor of emerging early career researchers in the field.



Winner: **Lydia Chwastiak, MD, MPH, FAPM**, University of Washington, Psychiatry and Behavioral Sciences

"Lydia is an internationally known expert on improving the physical health status and extending the lives of individuals with serious mental disorders. Her dual training as an internist and psychiatrist has made her uniquely qualified for this work. Her expertise, warmth and generativity have made her a sought-after colleague and mentor."

— Benjamin Druss MD, MPH
Rollins School of Public Health, Emory University, Atlanta

SIGs: ARE YOU MISSING OUT?

Currently, 63% (856) of Academy members are subscribed to one or more SIGs

APM's special interest groups (SIGs) highlight the breadth and depth of subspecialty expertise within APM's membership—and a vast opportunity for our members to develop even further their skills and interests.

We have 16 SIGs to date on subspecialties as diverse as Transplant Psychiatry, Women's Health, Early Career Psychiatrists, and Community-Based Psychosomatic Physician Practice Issues.

Most of the groups have their own listservs, and several have their own websites. The APM website section on SIGs (under About APM) has links to these listservs and websites, and provides the chair(s) and information about each SIG and how you can join it.

SIGs contribute in hugely important ways to the practice of consultation-liaison psychiatry/psychosomatic medicine, says President-Elect James Rundell, MD, FAPM, who during his presidency looks forward to developing the role of SIGs as a centerpiece

of APM and highlighting the significant benefits they offer APM members. The 2018 APM Annual Meeting will focus on SIGs and the program will include an enhanced number of SIG-driven presentations.

The table to the right shows the number of APM members already participating in, and contributing to, our SIGs. Currently, 63% (856) of Academy members are subscribed to one or more SIGs. Now is an excellent time to join a SIG for the first time—or join another one! You do not have to be an expert in the subspecialty to take part.

Below are updates from just a selection of the SIGs. More detailed coverage of the SIGs are being featured in each issue of the emailed *APM News*. The current August issue features an insight into the Telepsychiatry SIG and how videoconferencing is increasingly used in psychosomatic medicine. In September we feature the Emergency Psychiatry SIG and the challenging issues its members encounter in emergency settings.

APM SIG Member Counts

Bioethics	220
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APM SIG Updates

Bioethics

Co-Chairs: Mary Ann Cohen, MD, FAPM and Rebecca Weintraub Brendel, JD, MD, FAPM

Interest in bioethical issues has increased markedly over the last year, with a current total of 220 SIG members and high attendance at our Bioethics SIG symposia.

An article by SIG members is currently in press in *Psychosomatics*: Bourgeois JA, Cohen MA, Erickson JM, Brendel RW: Decisional and dispositional capacity determinations: the role of neuropsychiatric illness and an integrated clinical paradigm.

In July 2016, an article entitled "Bioethical Challenges for Psychiatrists: Determination of Decisional Capacity," co-authored by Drs. Geppert, Cohen, Bourgeois, and Peterson, was published in *Psychiatric Times*. It is part of a series of invited articles designed to facilitate the broader education of psychiatrists about psychosomatic medicine and to

provide exposure for the APM through the work of its SIGs. Christina Wichman, DO, FAPM serves as liaison to the *Psychiatric Times* for the series.

We welcome suggestions for new members and invite you and your colleagues to attend our meetings, submit case presentations to our "Issues in Bioethics" section in *Psychosomatics*, and join our APM Bioethics SIG. Please explore our Bioethics SIG web page, edited by Xavier Jimenez, MD, at www.apm.org/about-apm/sigs/bioethics/

Emergency Psychiatry

Co-Chairs: Scott Simpson, MD, MPH; and Cheryl McCullumsmith MD, PhD, FAPM

In early 2017, the Emergency Psychiatry SIG was active in coordinating submissions for the Annual Meeting in Palm Springs. We're excited that there will be a number of general sessions on emergency psychiatry, including managing complex cases of agitation, working with law enforcement,

diagnosing and managing toxidromes, and delivering psychiatric care services in the emergency department.

Aside from the annual meeting, SIG members are participating among multiple administrative committees of APM, including those relating to education, clinical practice, and career development.

Naomi Schmelzer, MD, continues to contribute quarterly annotations on journal articles of interest relevant to emergency psychiatry for the APM website; these articles highlight clinical issues that arise frequently in emergency departments but are relevant for consulting psychiatrists regardless of practice area.

Finally, we continue to collaborate with APM members outside the SIG in working towards developing outcomes of relevance for emergency psychiatry. The SIG's membership remains active and robust; nearly 90% are full APM members.

Global & Cultural

Co-Chairs: Adel Zarea, MD; and Stephen Nicolson, MD, FAPM

We initiated an active conversation with our members in preparation for a symposium that was submitted for the upcoming conference in November. We were able to put together four presentations that will be in line with the main title of the conference.

We opened channels of communications with other SIGs, and the results were very successful. With the Emergency Psychiatry SIG, we collaborated and will be presenting a lecture within their own symposium on emergency psychiatric presentations in a cultural setting (especially suicidal attempts).

We started similar collaboration with the HIV/AIDS and Bioethics SIGs, and we are presenting a lecture within their symposium reflecting ethical dilemmas facing the C-L doctor when dealing with displaced people, refugees, and expat labourers.

Our work with other SIGs started after we attended different SIG meetings last November and discussed collaborating because our patient population is represented by all of the SIGs. We have striven to widen our scope of action and implement a model of collaborative C-L psychiatry within the different SIGs. Responses from SIGs were encouraging and opened new ways to work together. It is certainly innovative and collaborative.

We will continue our efforts to widen and integrate some aspects of working relations across the different SIGs. That will provide us with more exposure and maybe will lead to increasing numbers of Global & Cultural SIG members.

We are also very grateful to Mary Ann Cohen, MD, FAPM, chair of HIV/AIDS Psychiatry and Bioethics SIGs, who has been instrumental in helping us to plan and design a web page for our SIG within the APM site.

We have taken some big steps in the past couple of years, but the number of our membership is still relatively low compared to the highest SIG memberships; currently we stand at 115 members.

HIV/AIDS Psychiatry

Co-Chairs: Mary Ann Cohen, MD, FAPM; and Kelly L. Cozza, MD, FAPM

The HIV/AIDS Psychiatry SIG continues to grow, with an increase in membership from 32 in 2003 to 395 members in 2017. The SIG is also the WPA Section on HIV/AIDS Psychiatry and SIG members gave presentations at WPA throughout the world.

The second edition of the *Comprehensive Textbook of AIDS Psychiatry: A Paradigm of Integrated Care* was published by Oxford University Press in May 2017. The textbook has 135 contributors, more than half of whom are members of the WPA Section on HIV/AIDS Psychiatry. The textbook was edited by Drs. Cohen, Gorman, Letendre, Jacobson, and Volberding.

SIG members met at the APA meeting in San Diego in May 2017. Drs. Kenneth Ashley, Mary Ann Cohen, Francine Cournos, Marshall Forstein, Karl Goodkin, Jon Levenson, Yavar Moghimi, and Daena Petersen presented programs.



Luncheons on Thursday and Friday of the annual meeting are a delightful and delicious way to meet new personal and professional friends, especially when lunching at the "SIG Table" of your choice.

The Society for Liaison Psychiatry selected four SIG members as recent recipients of the SLP Lifetime Scientific Achievement Award: Philip Bialer, MD, FAPM, in 2014; Maria Tiamson-Kassab, MD, FAPM, in 2015; Andrew Roth, MD, FAPM, in 2016; and Stephen Ferrando, MD, in 2017.

We invite you to explore our web page at www.apm.org/about-apm/sigs/hiv/

Pediatric Psychosomatic Medicine

Co-Chairs: Laura Markley, MD, FAPM; and Susan Turkel, MD, FAPM

The Pediatric PM SIG is looking ahead to, and very excited about, the 2017 APM Annual Meeting in Palm Springs. We have sponsored a symposium titled "Psych or Not? Anatomy of a Difficult Consult," which we feel will be well received and in line with the overall theme of the meeting. Several of our members are additionally involved in many other presentations, and we will be well represented.

Several of our members will also be presenting at the American Academy of Child and Adolescent Psychiatry National Meeting in Washington, DC, this year, spreading interest in our field!

We are currently working on updating our member contact list and rejuvenating our members to work towards expanding collaborative efforts.

An article submitted to *Psychiatric Times* by Co-Chair Laura Markley, MD, FAPM, "Recognizing Toxidromes from Digitally Accessed Illicit Drugs: New Challenges for Psychiatrists," was featured on the front page of the *Times*.

We look forward to seeing everyone in Palm Springs!

(SIG Updates continue on page 10)

Research

Chair: Jane Walker, MBChB, MSc, PhD, MRCPsych

The Research SIG will be reaching out to attendees at the APM annual meeting this year. We want to know how many of our colleagues are involved in research and QI projects—a simple tick in a box when you register online will help us find out.

We will be hosting our annual “Research for Researchers” workshop, led by the APM Foundation Research Professor Program award winner, Lydia Chwastiak, MD, MPH, FAPM, and hope to see many of you there.

We are also very excited to sponsor our first pre-conference half-day course in collaboration with the Research and Evidence-Based Practice Committee. “Research Skills for C-L Psychiatrists” will have interactive sessions on epidemiological studies, qualitative methods, clinical trials, translational research, and scientific review, led by C-L psychiatrists with expertise in these areas. The course will be relevant for all C-L psychiatrists, from those who currently carry out research and QI projects to those who want to contribute more meaningfully to research in their local institutions. This will be a unique opportunity to update knowledge and skills in a way that we can apply to our everyday work.

We also look forward to meeting new SIG members at the meeting in November and welcoming you to our new and expanding family of APM researchers.

Telepsychiatry

Chair: Terry Rabinowitz, MD, DSS, FAPM

APM members have become increasingly interested in using videoconferencing and similar technologies to enhance patient care since the Telepsychiatry SIG was launched in 2010.

Now with nearly 200 members, the SIG has been focusing of late through its listserv on the benefits of telepsychiatry for vulnerable and underserved populations who cannot readily access psychiatric intervention.

Through telepsychiatry, patients can be offered services including psychiatric evaluations, therapy (individual therapy, group therapy, family therapy), patient education, and medication management.

Founding Chair Terry Rabinowitz, MD, DSS, FAPM, an APM member since 1993, began providing telepsychiatry consultations himself to nursing home residents in 2002.

“My hopes for our SIG include that it will continue to grow such that telepsychiatry will become a more commonly and widely used modality for delivering timely and helpful psychiatry consultations for underserved and vulnerable populations,” says Dr. Rabinowitz.

The SIG’s next lunch and annual meeting will be held at APM 2017. Any APM member is invited to attend.

Women’s Health

Co-Chairs: Nehama Dresner, MD, FAPM; Nancy Byatt, DO, FAPM; and Priya Gopalan, MD

The Women’s Health SIG, with its many enthusiastic members, continues to promote collaborative projects across the country. The SIG’s resident members have collectively contributed to the APM quarterly annotations on journal articles of interest by summarizing the most current articles in the field of women’s mental health. SIG members regularly publish update articles for the *Psychiatric Times* column for APM as well as in *Psychosomatics*.

A website for the Women’s Health SIG is underway with a draft currently being edited by APM’s website development group. The SIG also has an established listserv for improved communication. Please be in touch if you wish to be included in our listserv and, as always, with feedback, comments, or questions.

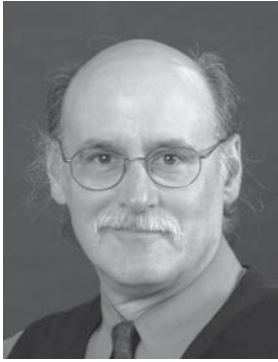
This year there are many presentations on the topic of women’s mental health to be showcased at the upcoming annual meeting: one pre-conference course, five general sessions, three oral papers, and five posters. General session topics being presented include discussions of substance use screening in obstetrical settings, taboo topics for reproductive psychiatry, the reproductive psychiatry consultation, sexual trauma, and PTSD in obstetrical health clinics.

One of the Webb Fellowship presentations is also on a perinatal psychiatry topic, with Dr. Neeta Shenai presenting on developing a screening tool for postpartum PTSD. The annual Women’s Health SIG meeting will provide opportunities to network and collaborate on projects.



The Thursday evening Welcome Reception at the annual meeting is always accompanied by tasty hors d'oeuvres and refreshing drinks.

Psychosomatics JOURNAL EDITOR'S UPDATE



Theodore A. Stern, MD, FAPM
Editor-in-Chief, *Psychosomatics*

Journal attracts 20,000 downloads each month

Submission-to-decision now only seven days

Psychosomatics: The Journal of Consultation and Liaison Psychiatry, APM's official journal, is now in its 58th year. The journal's goals are to serve APM and its membership and to further the mission of the Academy (i.e., to advance medical science, education, and health care for persons with comorbid psychiatric and general medical conditions, and to provide national and international leadership in the furtherance of those goals).

Psychosomatics remains vibrant in large part due to the increased productivity and creativity of APM's membership. To do this effectively, we have required the services of scores of reviewers who help to evaluate the quality of the science as well as the relevance, practicality, and readability of manuscripts. We could not

flourish without the yeoman's efforts of our reviewers, as well as those of our editorial board members; know that your efforts in this regard are much appreciated.

Despite the increase in our volume, our efficiency in reviewing and in making a decision about publication continues to be remarkable; the time from submission to a decision about acceptance is now only seven days! Once accepted, the manuscript goes online within a matter of days, and the article is printed within the next one or two issues.

Increasingly, our published works are being viewed and downloaded electronically—roughly 20,000 times each month. This ease of access continues to increase through a variety of apps.

Thanks to all of you for your contributions and your support of *Psychosomatics* and its mission. Together we will keep our journal strong and help move our field forward.

Here's hoping that you are safe, healthy, and happy. Looking forward to seeing you at the upcoming Annual Meeting and to speaking with you about ways in which *Psychosomatics* can vigorously represent APM and its mission.

Most Cited or Downloaded *Psychosomatics* Articles in 2017

Beach SR, Celano CM, Noseworthy PA, Januzzi JL, Huffman JC: QTc prolongation, torsades de pointes, and psychotropic medications. *Psychosomatics* 2013; 54(1):1-13.

Isenberg-Grzeda E, Kutner HE, Nicolson SE: Wernicke-Korsakoff syndrome: under-recognized and under-treated. *Psychosomatics* 2012; 53(6):507-516.

DePicker L, VanDen Eede F, Dumont G, Moorkens G, Sabbe BGC: Antidepressants and the risk of hyponatremia: a class-by-class review of the literature. *Psychosomatics* 2014; 55(6):536-547.

Kroenke K, Spitzer R, Williams J, Lowe B: An ultra-brief screening scale for anxiety and depression. *Psychosomatics* 2009; 50(6):613-621.

Zaubler T, Murphy K, Rizzuto L, et al: Quality improvement and cost savings with multi-component delirium interventions: replication of the Hospital Elder Life Program in a community hospital. *Psychosomatics* 2013; 54(3):219-226.

Pope HG, Griber AJ, Choi P, Olivardia R, Phillips KA: Muscle dysmorphia: an underrecognized form of body dysmorphic disorder. *Psychosomatics* 1997; 38(6):548-557.

Teslyar P, Stock VM, Wilk CM, Camsari U, Ehrenreich MJ, Himelhoch S: Prophylaxis with antipsychotic medication reduces the risk of post-operative delirium in elderly patients. *Psychosomatics* 2013; 54(2):124-131.

Maneta E, Garcia G: Psychiatric manifestations of anti-NMDA receptor encephalitis: neurobiologic underpinnings and differential diagnostic implications. *Psychosomatics* 2014; 55(1):37-44.

Johnson JM, Nachtigall LB, Stern TA: The effect of testosterone levels on mood in men: a review. *Psychosomatics*. 2013; 54(6):509-514.

Maldonado JR, Dubois HC, David EE, Sher Y, Lolak S, Dyal J, Witten D: The Stanford Integrated Psychosocial Assessment for Transplantation (SIPAT): a new tool for the psychosocial evaluation of pre-transplant candidates. *Psychosomatics* 2012; 53(2):123-132.

Moroze RM, Dunn TM, Holland C, Yager J, Weintraub P: Micro-thinking about micro-nutrients: a case of transition from obsessions about healthy eating to near-fatal "orthorexia nervosa" and proposed diagnostic criteria. *Psychosomatics* 2015; 56(4):397-403.

Dubovsky AN, Arvikar S, Stern TA, Axelrod L: The neuropsychiatric complications of glucocorticoid use: steroid psychosis revisited. *Psychosomatics* 2012; 53(2):103-115.

APM Subcommittee Updates

Early Career Track Subcommittee

Co-Chairs: Kristen Somers, MD, FAPM; and John Taylor, MD

The Annual Meeting Committee's Early Career Track Subcommittee will again offer free early career consults for early career psychiatrist (ECP) APM members at the 2017 Annual Meeting. Early career psychiatrists are encouraged to register for career consultations using the link under "Meeting Information" on the Annual Meeting website: tinyurl.com/APM2017. The Early Career Track Subcommittee will help to host the Wednesday evening mixer for new APM members, first-time annual meeting attendees, trainees, and ECPs. In keeping with our meeting venue, expect a Western-themed selfie contest with senior APM members!

Interdisciplinary Education

Chair: Anna Ratzliff, MD, PhD

The Education Committee's Interdisciplinary Education Subcommittee has been busy working on proposals for presentations for the annual meeting and will be excited to present the session led by Liliya Gershengoren, MD, MPH called "Emerging Roles of C-L Psychiatrists: Addressing Interdisciplinary Care Transitions for the Medically Complex Patient."

We are also working on a plan to provide educational resources to the membership for interdisciplinary education. What other professionals do you work with? What educational resources would make your work easier? What format would make resources most useful to you? Please share any needs you have in this area with Anna Ratzliff, annar22@uw.edu

Local Arrangements

Chair: Christina Bilyeu, MD

The Annual Meeting Committee's Local Arrangements Subcommittee has been busy putting together plans and resources for a fun and engaging annual meeting. Located in the Coachella Valley, Palm Springs is known for its hot springs, architecture, tennis courts, golf courses, and spas. Mindful of the rich history of Palm Springs and the sur-

rounding valley, the subcommittee aims to make available a variety of activities during the meeting to suit different tastes.

The half-day group activity this year will be a private safari tour at the Living Desert Zoo and Gardens. We have moved the start time of the half-day activity to the afternoon to allow for both meeting attendees and their guests to participate. We will also have opportunities for individuals and groups to meet up and visit other attractions in the area, including the Palms Springs Air Museum, Joshua Tree National Park (check out the Night Sky Festival the weekend of the conference!) and the Palm Springs Aerial Tramway.

This year we are excited to bring back the APM Tennis Tournament! This will take place Wednesday evening and feature one USPTA-certified professional trainer, six courts, three hours of tennis, and complimentary rackets. In addition, we will also be offering a tennis clinic meet-up for those who would like to learn or brush up their tennis skills.

The La Quinta Resort boasts five golf courses. Bring your clubs and schedule a tee time! The hotel also offers a variety of fitness and yoga classes for free, so you can enjoy a spin class or Pilates, before or after the day's events. The old favorites, guided morning runs and mindfulness meditation classes, will also be offered. Special thanks to our APM members Ann Schwartz, MD, FAPM, and Paul Jones, MD, MAT, for leading these ever-popular options.

We will again feature our dinner meet-ups for both Friday and Saturday evenings. There are several restaurants on property and a multitude of local favorites that can be reached via Uber or rental car. The dinner meet-ups have been popular with newcomers to the meeting and for those looking for social dinner plans and the opportunity to meet new colleagues.

I would like to recognize the hard work of our committee members as we move forward with plans for the November meeting. Thank you to them and see you in Palm Springs!

Online Education

Chair: Mary Jo Fitz-Gerald, MD, FAPM

The Education Committee's Online Education Subcommittee focuses on improving the educational content to members on the website.

There are now two areas available for members on the website. The first content is in the Live Learning Center, which is found via the Online Education link in the upper right of the website home page or under the Education/Careers menu. Members or non-members who attended prior annual meetings or skills courses can listen to content from the meetings they attended for free. Recent audio recordings are available for purchase by members and non-members who didn't attend the meeting. Slides from prior meetings are also available on the separate, annual conference websites to those who attended.

The Member Resources tab on the website also includes educational materials. This includes annotations on journal articles of interest, information on the business of psychosomatic medicine, the FAPM application, the Newsletter, and the new feature "Clinical Pearls: Videos." At the 2016 Annual Meeting in Austin, the subcommittee asked several members to make brief video presentations on subjects of general interest to the membership. Subcommittee Vice-Chair, Seth Powsner MD, FAPM, taped the presentations. The subjects and presenters include: Rebecca Brendel, MD, JD, FAPM, on "Capacity Determination Basics;" Scott Beach, MD, FAPM, on "QTc Prolongation & Psychiatric Meds;" JJ Rasimas, MD, PhD, FAPM, on "Synthetic Stimulant Induced Delirium;" and Christina Wichman, DO, FAPM, on "Perinatal Psychiatry." The subcommittee hopes to add another 20 brief videos to the website from this year's annual meeting. Please contact Mary Jo Fitz-Gerald, MD, FAPM, at mfitzg@lsuhsc.edu if you are interested in contributing or have a recommendation for a video.

Another goal for this year is to have the entire annual meeting videotaped using the slides. There are always numerous sessions of interest at any time during the meeting, and

one can be present at only one at a time. We hope that these will be available after a period of time to all members for free or for only a minimal cost. A future goal will be to have CME for these offerings. We have also made recommendations to improve the accessibility of printed materials and MP3 files from the meetings.

The subcommittee feels strongly that we should aim to have more CME available to members on the website and aim for self-assessment modules in the future.

Please let us know your concerns and requests for online education: Mary Jo Fitz-Gerald, MD, FAPM, mfitzg@lsuhsc.edu

Pre-Conference Courses

Chair: Divy Ravindranath, MD, MS

The Annual Meeting Committee's Pre-Conference Courses Subcommittee is excited to bring you a great day of pre-conference courses on Wednesday, November 8. These courses are available for an extra charge, but they promise to bring participants up to date on knowledge and skills critical to their work.

This year, we have the ever-popular day-long *Updates* course, which will feature 30-minute, focused mini-lectures. Examples of topics include delirium, sleep medicine, end-of-life ethics, and pain/opioids.

In parallel, we will have eight half-day skills development courses, including:

- Examining Cognitive Domains: A Technical Review of Bedside Neuropsychiatric Tests
- Applying the Integrated Care Approach to Deliver Collaborative Care: A Skills Workshop presented by the American Psychiatric Association
- When Brain Meets Mind: Pro-Tips for the C-L Psychiatrist as Collaborative Neuropsychiatrist
- Mind-Body Techniques at the Bedside: Knowledge and Skills for Breath-training, Mindfulness, and Hypnosis
- Research Skills for C-L Psychiatrists
- From Preconception to Postpartum: Perinatal Basics for the General Consultation Psychiatrist
- Transplant Psychiatry
- Evaluation and Management of Sleep for C-L Psychiatrists

We hope to see you there!

APM committees and subcommittees—they may be small, but they're dynamic. They are the backbone of the Academy. Each gathers in-person in the early morning of one of the days of the annual meeting.

Call for Volunteers

*Interested in Academy committee service?
Volunteers are invited to apply.*

If you are interested in serving on an APM committee or subcommittee for 2017-2018, the deadline for receiving your indication of interest is August 21. Please note that there are many more subcommittee opportunities than standing committee positions; the latter are quite limited by APM's bylaws in terms of numbers of members. Most appointments are for three years.

How to indicate your interest in committee or subcommittee service:

1. Visit the APM Committees web page which provides details of all APM's current committees and each of their subcommittees: About APM > APM Committees.

2. Once you identify a component that interests you, contact the group's leadership (chair or vice/co-chair) directly to indicate your interest in serving. You will find the contact details of committee and subcommittee leaders using the Member Directory lookup on the APM website.

3. By August 28, committee chairs must submit recommendations for committee appointments to the president-elect. By October 6, the president-elect completes the appointments process and committee chairs are notified first, followed shortly by notifications from the executive office to all appointees. The newly constituted committees, along with the subcommittees, meet at the annual meeting.

"On behalf of the APM Council, we welcome your active participation in the 2017-2018 APM appointments process," says President-Elect James Rundell MD, FAPM. "The organization is dependent on member participation for its continued functioning, growth, and development."



Register Early for MAXIMUM SAVINGS

Pre-register for the 2017 Annual Meeting by August 31 and enjoy a \$100 discount on the member meeting registration fee. Registration dates to watch for this year:

Aug. 31: Early registration ends

Sep. 1–Sep. 30: Standard registration

Oct. 1–On site: Late registration

There are *significant* cost increases if you wait (see the fee structure at right).

You may register online with a credit card, or by mail or fax. We encourage you to use the online system, as this saves considerable staff time and will assure accuracy of your data in the registration system. Visit tinyurl.com/APM2017 for full program details and the link to the online registration system. To register by mail or fax, use the registration form that you can download from the Registration > Registration Information section of the APM 2017 website. There will be no admittance without payment, and registration forms will not be processed until payment is received.

Government funding

Professionals who plan to use VA funds for registration or travel to the APM annual meeting may wish to know that APM is registered in both ACES (Attendance and Cost Estimation System, one component of the education travel and tuition process for the VA) and SAM (the System for Award Management, www.sam.gov, which allows APM to accept federal funds). Our DUNS number is 092424746 and our CAGE code is 5NY24. Work with your medical center travel officials to secure your funding, mention that APM is appropriately registered and provide the above details if required.

Registration changes

If you wish to make changes to your registration, please contact the APM executive office at 301-718-6525, or by email at reg@apm.org, before October 31.

Cancellation

To cancel your registration, please download and complete the Refund Request Form and mail, fax or email it to the Academy office. Please note that refunded amounts are dependent on the date of your cancellation notice to APM.

2017 CONFERENCE FEE	Early by 8/31/17	Regular by 9/30/17	After 9/30/17
APM Member	\$625	\$725	\$780
Non-Member	\$925	\$975	\$1075
Non-Member Presenter	\$625	\$725	\$780
Early Career (Member only)	\$565	\$665	\$700
Trainee, Member *	\$150	\$225	\$275
Trainee, Non-Member **	\$250	\$325	\$375
Medical Student (Member only)	\$0	\$0	\$0
Allied Healthcare Professional	\$350	\$400	\$450
EAPM Member	\$625	\$725	\$780
One-Day Attendance	\$300	\$325	\$375

* Within 5 years of completing training

** Proof of status at current institution must accompany your registration.

Your APM 2017 registration includes:

- Thursday and Friday lunches
- Thursday evening welcome reception
- Friday evening awards ceremony with champagne toast
- Morning and afternoon refreshment breaks each day
- Access to files of all session handouts
- On-site program booklet
- Opportunities to network with experts in the field
- Invitation to join APM special interest groups
- MOC Self-Assessment for \$20 (free to members)



Registering early, especially online, saves a lot of time and long lines at the Registration Desk, which opens early and stays open until 6:30pm every day of the annual meeting.

Recruit a new member

If you know a colleague who may wish to join APM, now is the time to tell them about the benefits of membership—not least so they can register for APM 2017 as a member at a saving of \$300.

APM represents psychiatrists dedicated to the advancement of medical science, education, and health care for people with comorbid psychiatric and general medical conditions, and provides national and international leadership in the furtherance of those goals. APM welcomes and encourages professionals and trainees with an interest in consultation-liaison psychiatry/psychosomatic medicine to become an active member of the APM and take advantage of the opportunities afforded to members.

APM membership provides:

- A subscription to our journal, *Psychosomatics*, and online access to two additional related journals
- A robust annual scientific meeting. Members save at least 25% on annual meeting registration fees
- Online educational content, including guidelines and practical information, available exclusively or free to members
- Opportunities to contribute and participate in the Academy's committee structure
- Special interest groups and forums that bring together members with similar interests in various aspects of psychosomatic medicine to discuss issues, therapies, and training
- A distinguished Fellowship and Awards program
- The Academy's biannual Newsletter, with reports and updates of Academy projects, members, and events, and monthly updates and alerts via email

DON'T MISS the monthly e-newsletter, *APM News*, for more details about APM 2017 as they become available—including snapshots of plenary speaker presentations, selected research and outcomes from poster session displays, and interviews being lined up with two of the key preconference presenters who provide fascinating insights into their subspecialties. *APM News*—one of the top benefits from your APM membership!



Welcome to our new members (January–June 2017)

FULL MEMBERS

Zehra Aftab, MD
Robert Albanese, MD
Mary Alvarez, MD
Carlos Arnaud, MD
Jonathan Avery, MD
Rehan Aziz, MD
Jozef Bledowski, MD
Catherine Bledowski, MD
Robert Campbell, MD
Emmie Chen, MD
Adam Critchfield, MD
Bradford Crowell, MD
Shama Faheem, MD
Julianne Giust, MD
David Glovinsky, MD
Rasyidah Halim, MD
Jenna Hiestand, MD
Rebecca Hirsch, MD
James Ingraham, MD
Tonja Johnson, MD

Grace Juarez, MD
Liz Krall, MD
Nomi Levy-Carrick, MD, MPhil
Lucy Lloyd, MD
Avram Mack, MD
Teofilo Matos Santana, MD
Geetha Nampiaparampil, MD
Tien Nguyen, MD
Gita Ramamurthy, MD
Seth Resnick, MD
Paul Schutt, MD
Christopher Stewart, MD
Helene St-Jacques, MD
Leslie Vogel, MD

ASSOCIATE MEMBERS

Chad Baughman
Ellen Coffey, MD
Michelle Gaffaney
Daniela Letz, NP

TRAINEE MEMBERS

Lujain Alhajji, MD
Brian Anderson, MD
Ricardo Arribas-Cruz, MD
Khushminder Chahal, MD
Simriti Chaudhry, MD
Stephen Ching, DO
Roberto Cruz Barahona, MD
Trygve Dolber, MD
Jodi Eipper-Mains, MD, PhD
Gregory Evangelatos, MD
Brenner Freeman, MD
Eric Golden, MD
Luis Filipe Gomez Pereira, MD, MS
Ariela Green, MD
Michael Hawkins, MD
Jennifer Howse, MD
Roger Huijon, MD
Swapnil Khurana, MD
Elaina Klimchuck, MD
Melanie Lavalley, MD

Flannery Merideth, MD
Omar Mirza, DO
Neil Naik, MD
Roya Noorishad, MD
Laurel Pellegrino, MD
Matthew Petrilli, MD
Elizabeth Prince, DO
Kathryn Skimming, MD, MA
Ian Steele, MD
Adrienne Taylor, MD
David Van Norstrand, MD, PhD
Rubi Vaughn, MD
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FUTURE APM ANNUAL MEETINGS

November 14–17, 2018

65th Annual Meeting
Caribe Royale Orlando
Orlando, FL

November 13–16, 2019

66th Annual Meeting
Sheraton San Diego Hotel & Marina
San Diego, CA

November 11–14, 2020

67th Annual Meeting
Arizona Grand Resort & Spa
Phoenix, AZ

NOVEMBER 8-11, 2017 — 64TH ANNUAL MEETING LA QUINTA RESORT & CLUB • PALM SPRINGS, CALIFORNIA “ADDRESSING CURRENT DILEMMAS IN PSYCHOSOMATIC MEDICINE: CONSULTANTS CONSULTING THE EXPERTS”



How you could help others on their career paths



David Gitlin MD, FAPM
Chair, Foundation of APM

It's summertime yet again, and consultation-liaison psychiatrists, fellows, residents and medical students around the world are not only enjoying the weather, but also beginning to plan for the 2017 APM Annual Meeting in Palm Springs.

As we all begin to think about the meeting, it is also time to consider donating to the Annual Giving Campaign of the Foundation of the Academy (fAPM). The Academy is the major international organization which gathers C-L

psychiatrists together in an atmosphere of science, collegiality, and networking. For the majority of practicing C-L psychiatrists, the Academy has been both home and family, helping sustain us clinically and academically.

Sustaining home and family is a responsibility that falls to all family members. One of the most important ways to sustain the Academy is to donate to the Foundation. For senior members who have been sustained by the Academy in their careers, a significant donation demonstrates the value the

organization has played and provides a legacy to early career members and trainees who are considering joining our field. For early career C-L psychiatrists, even a small donation can make evident the value that membership brings.

Over the past decade, the Foundation has provided nearly \$100,000 in support to the Academy. These funds have helped provide sponsorship of countless trainees in travel awards, helped sustain and grow the Webb Fellowship program, and promoted the development of unique Academy award programs including the Don R. Lipsett Award (for excellence and innovation in the integration of mental health with other medical care through collaborative care) and the APM Foundation Research Professor Program, the latter of which was established in honor of Wayne Katon, MD, FAPM. Your gift will go a long way to helping the Academy continue to provide this very important support.

You can donate anytime at www.apm.org. Just click the DONATE menu on almost every page of the website.



Summer 2017

NEWSLETTER

APM — Psychiatrists Providing Collaborative Care Bridging Physical and Mental Health