

NEWSLETTER

Summer 2016

APM — Psychiatrists Providing Collaborative Care Bridging Physical and Mental Health

President's MESSAGE — *Steve Epstein, MD, FAPM*



Happy summer to everyone! APM continues to flourish thanks to the hard work of so many of you. As registration opens, we eagerly anticipate gathering in Austin for our 63rd Annual Meeting. Our theme is ***Brain, Mind and Body: Why Every PM Psychiatrist Should Care About Neuroscience***. As our membership grows (we're now 1,200 strong), meeting attendance also increases every year. In fact, at press time, both the HQ hotel and one of the overflow hotels is already full.

Jeff Huffman, MD, FAPM, the Annual Meeting Program Chair, along with the tireless assistance of his committee, has put together a remarkable and innovative meeting as you can

see from the articles in this issue of our newsletter, which focus on the dynamic program and activities that will take place in Austin November 9–12. This year, we will again be offering annual updates; keep in mind that there will be a PM recertification exam in 2017.

In response to your feedback and in recognition of growing trends in meetings and conventions, we have formed an **Annual Meeting Redesign Taskforce**. Under the direction of **Linda Worley, MD, FAPM**, taskforce members will work with an outside consultant to bring innovative meeting planning to future meetings. More on this in future issues.

In addition to the Annual Meeting, here are some highlights of other ongoing organizational efforts that support our members.

We are in the process of evaluating a **potential name change** for our field. We know that two-thirds of you support a name change. Earlier this summer, we emailed the results of our survey regarding a potential name change. A majority (68%) of the 67.5% of members who responded to our survey agreed that the Academy should explore a name change for the field. Our new poll asked what name you currently use to describe your activities/service and what name you would prefer for the field. After we receive your responses, APM will present your preferred names to critical stakeholders and accrediting bodies whose support is essential in the process of changing our name, including the American Psychiatric Association (APA), the American Board of Psychiatry and Neurology (ABPN), and the Psychiatry Residency Review Committee of the Accreditation Council for Graduate Medical Education (ACGME). As we noted in our email, it is important for members to understand that some names, no matter how desirable to us, may be unacceptable from a regulatory board standpoint; as a result, pursuing such names would be fruitless for us. A special thank you to **Dave Gitlin, MD, FAPM**, and his team for leadership with this process.

The American Board of Psychiatry and Neurology recently asked for the input of specialty organizations on **fast tracking**, which would allow residents to enter fellowship after three years of training. APM reiterated our previously expressed support of this effort in a for-

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Annual Meeting NEWS

APM 2016 — Austin, Texas

Brain, Mind, and Body: Why Every PM Psychiatrist Should Care About Neuroscience

—**Jeff Huffman, MD, FAPM**
2016 Scientific Program Chair

In Psychosomatic Medicine (PM), we practice “brain science.” Whether it is identifying delirium, parsing out mood symptoms in patients with neurologic conditions, or diagnosing neuropsychiatric conditions, PM clinicians must utilize a strong knowledge base in neuroscience to provide the best care for the complex patients we are asked to manage. For that reason, we are thrilled to have this year's APM Annual Meeting theme focused on neuroscience. We have a wide variety of practical neuroscience content in our plenary sessions, invited symposia, and throughout the rest of the program, ranging from neuroimaging to neuropsychiatric manifestations of

(continued on page 2)

Issue HIGHLIGHTS:

- 🕒 2016 Upcoming Meeting Highlights
- 🕒 CMS Codes Proposal
- 🕒 Journal Editor's Update
- 🕒 SIG, Committee, and fAPM News

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President's Message (cont'd. from page 1)

mal letter to ABPN. Council did not support requiring that the fourth year be at the same institution as one's general training. No decisions have been made at this point, but we will inform you should ABPN's policy change.

The **Foundation of the APM**, under the leadership of **Carol Alter, MD, FAPM**, and so many others, has worked tirelessly to raise funds to support important priorities of the Academy. APM has agreed to fund a consultant to work with us in the coming year to expand and enhance our fundraising efforts to support new initiatives for current and future members.

Many of the efforts above require investment from APM, which we are able to do because of our strong financial reserves. We would not be in this position without an active membership base. We are especially indebted to James Vrac, CAE, and PAI, which provides invaluable services to the organization. We could not have attained our level of success without them.

Thank you to every one of you who support our wonderful field, from our trainee and SIG members to our research presenters, committee members, and Council. We couldn't achieve what we have without you.

All my best, and see you in Austin!

Annual Meeting Chair's Message (cont'd. from page 1)

infectious disease, to practical management of brain injured patients, and much more.

The **pre-conference courses** will include our always popular day-long *Essentials in Psychosomatic Medicine* course on November 9, one day prior to the Annual Meeting kickoff. This course includes some of our most senior and highly rated speakers, who will provide updates on topics vital to the practice of PM. This year's course includes sessions on:

- Delirium
- Women's mental health
- Cardiac psychiatry
- Functional and somatic symptom disorders
- Essentials of psychopharmacology in the medically ill
- Legal issues
- Medical toxicology
- Dementia
- Bedside neuropsychiatric assessment
- Transplant psychiatry
- Psycho-oncology.

For a deeper dive into specific topics, we also offer half-day pre-conference courses on:

- Bringing Neuroscience into the Clinical Practice of Psychiatry
- Controversies in Psychiatric Diagnosis and Management after Traumatic Brain Injury
- Neuroradiology for the Consult-Liaison Psychiatrist
- Acute Brain Failure

and much more! See page 11 for a full list of pre-conference courses.

The main meeting will start with a special session on Wednesday night, November 9, which tackles the controversy about whether collaborative care can actually be implemented in the real world. It combines a **special lecture**—"Collaborative Care: Pipeline or Pipe Dream"—from **Kurt Kroenke, MD**, followed by an **interactive debate** between two senior APM members on this topic, moderated by APM Past President, **Carol Alter, MD, FAPM**.

The next three days will be filled with novel, practical, and exciting content crossing all areas of PM. **Three plenary speakers** highlight the agenda. **Mark Hallett, MD**, from the NIH will showcase his in-

novative and interesting work on the pathophysiology of functional movement disorders, which will include his fascinating neuroimaging research in patients with these conditions. **Andrew Miller, MD**, from Emory, will discuss work on the emerging role of the immune system in depression, with data from his neuroimaging and biomarker research. **Stuart Yudofsky, MD**, former chair of Psychiatry at Baylor College of Medicine, will provide a practical lecture utilizing his many years of research and clinical work in neuropsychiatry in his session on "Advanced Management of Agitation and Aggression in Patients with Neuropsychiatric Disorders."

Other special invited sessions include a **plenary debate** between **Ted Stern, MD, FAPM**, and **Jose Maldonado, MD, FAPM**, on "Controversial Topics in Clinical PM," moderated by APM Councilor **Christina Wichman, DO, FAPM**. They will debate on delirium, alcohol withdrawal, chronic fatigue syndrome, and a mystery topic selected by *you*, the participants (more on this to come)! Finally, an **invited symposium** on "Neuropsychiatric Manifestations of Infectious Disease" from experts from NIH (**Susan Swedo, MD**) and Columbia University (**Brian Fallon, MD**) will focus on Lyme disease and PANDAS and related syndromes. And we haven't even gotten to the rest of the amazing content in the program! This includes special Lipsitt Award and Katon Research Award lectures, 66 general sessions (symposia and workshops), 11 oral paper sessions, and our always popular poster session with more than 160 posters.

We will continue our ever-increasing focus on interactive learning, with numerous sessions utilizing interactive Audience Response

System formats to keep attendees engaged and involved in presentation content. We are also mindful that the Annual Meeting is a time to connect and re-connect with colleagues, and we have provided extra time between sessions for networking and catching up.

Our exciting scientific program is only part of the story. The backdrop of this year's meeting is the newly constructed JW Marriott in Austin, Texas. Austin is the "Live Music Capital of the World," one of the country's "Best Cities for Foodies," and has attractions that range from parks and great outdoor recreation to the arts and cultural events. The meeting hotel is adjacent to restaurants, city attractions, and 6th Street, the hub of live music in the city. Our Local Arrangements Subcommittee has arranged an amazing bus tour of Austin and the surrounding (and beautiful) Hill Country with a BBQ lunch from a famous Austin establishment, with more planned events to come!

APM President Steve Epstein, MD, FAPM, the APM Annual Meeting Committee, and I are so pleased to invite you to Austin for learning, networking, and fun, and we think that this is shaping up to be a great meeting!



*Jeff Huffman, MD, FAPM
APM 2016 Program Chair*

New Members

FULL MEMBERS

Peter Aitken, MC, ChB
Eleanor Anderson, MD
Subhadeep Barman, MD
Kimothi Cain, MD
Brian Cassmassi, MD
Mohit Chauhan, MD
Elizabeth Chmelik, MD
Erin Dainer, MD
Fernando Espi Forcen, MD, PhD
Shannon Ford, MD
Javier Garcia, MD
Brant Hager, MD
Jeremy Hirst, MD
Vrashali Jain, MD
Reena Jaiswal, MD
Kristin Kassaw, MD
Shahbaz Khan, MD

Rebecca King, MD
Deborah Lehman, MD
Meredith MacGregor, MD
John Magera, MD
Sherief Marzouk, MD, FRCPC
Robert McCarron, DO
Reema Mehta, MD
Salina Mohamed, MBBS
Uma Naidoo, MD
Sunil Parashar, MBBS
Michelle Pearce, MD
Karen Reimers, MD
Abhinav Saxena, MD
Pauline Tsai, MD
Blair Walker, MD
Rachel Waxman, MD
Richard Yanofsky, MD
Kimberly Yonkers, MD

ASSOCIATE MEMBERS

Jonathan Leung, PharmD
Nancy Roth, PhD

TRAINEE MEMBERS

Alaa Ahmed, MBBch
Christopher Baca, MD
Rebecca Bauer, MD
Claire Brandon, MD
Mario Caro, MD
Warren Chase, MD
Abraham Ghattas, DO
Amina Hanif, MBBS
Alicia Hanson, BS
Marta Herschkopf, MD
Charlotte Hogan, MD
Michael Ingram, MD, MS

Huma Iram, MBBS
Amal Kimawi, MD
Darcy Moschenross, MD PhD
Lama Muhammad, MD
Hande Okan, MD
Chinenye Onyemaechi, MD
Whitney Peters, MD
Laura Poellet, MD, JD
Eric Raffla-Yuan, MD
Diana Robinson, MD
Jordan Rosen, MD
Jonathan Smith, MD
Gregory Sullivan, MD
Katherine Taylor, MD
Aleksandr Zverinskiy, MD
Samantha Zwiebel, MD, MA

PSYCHIATRIC COLLABORATIVE CARE SERVICES

Reimbursement Codes Proposed by CMS

The proposal provides significant new tools to facilitate more widespread implementation of Collaborative Care

Medicare should begin reimbursing care provided by psychiatrists in collaborative care settings in 2017, according to the Centers for Medicare and Medicaid Services (CMS). The proposed rule was published in the *Federal Register* on July 15. CMS will accept comments on the proposed rule until September 6 and will issue its final rule later this year.

In the collaborative care model (CoCM), the primary care provider has a behavioral health care manager to provide ongoing care management for a caseload of patients with diagnosed mental health or substance use disorders. The CoCM consulting psychiatrist provides the primary care practice with expert advice and consultation through regular case review and recommendations for treatment and medication adjustments. In some cases, the psychiatrist may also provide direct treatment, especially if care is complex.

In the proposed Medicare Physician Fee Schedule rule, CMS has included coverage for Psychiatric Collaborative Care Management Services. The recommendation is to pay for psychiatric consultative services to primary care physicians in the CoCM. The model, as it applies to psychiatrists, is described in a recent joint APM/APA collaborative care task force report. The CoCM

model has become a prominent part of Psychosomatic Medicine practice. As the report describes, a barrier to more widespread dissemination of the model has always been limitation for reimbursement mechanisms for consulting psychiatrists in CoCM programs. This important task force report provided many of the persuasive arguments made by psychiatric experts in testimony that resulted in the CMS recommendation.

According to APM President Steve Epstein, "this is a major milestone for psychiatrists working in outpatient primary care settings, and for psychiatrists who have aspired to practice in the CoCM environment but have not had access to a payment model."

The proposal provides three new G-codes (GPPP1, GPPP2, and GPPP3) for payment for psychiatric CoCM services. These codes will parallel CPT codes that are being created to report these CoCM services. Actual reimbursement values have yet to be set. Temporary "G" codes for 2017 have been included in the proposed rule and are summarized below. There will be updated codes for 2018.

GPPP1: Initial psychiatric collaborative care management, first 70 minutes in the first calendar month of behavioral

health care manager activities, in consultation with a psychiatric consultant, and directed by the treating physician or other qualified health care professional.

GPPP2: Subsequent psychiatric collaborative care management, first 60 minutes in a subsequent month of behavioral health care manager activities, in consultation with a psychiatric consultant, and directed by the treating physician or other qualified health care professional.

GPPP3: Initial or subsequent psychiatric collaborative care management, each additional 30 minutes in a calendar month of behavioral health care manager activities, in consultation with a psychiatric consultant, and directed by the treating physician or other qualified health care professional (This code will be used in conjunction with GPPP1 or GPPP2).

Psychiatric CoCM services can be billed on a monthly basis by the primary care provider, who employs a behavioral health care manager and has a structured financial arrangement to pay the CoCM psychiatrist.

More detailed information about this proposed rule change can be found in the CMS document, starting on page 154. <www.apm.org/gov-pubs/CMS-1654-P.pdf>

Call for Committee Volunteers

Interested in Academy committee service? Volunteers are now invited to apply.

How to indicate your interest in committee service by SEPTEMBER 12

1. Visit the APM "Organization" web page which provides details of all of APM's current committees: from the main menu, select About > Organization.
2. Once you identify a committee that interests you, contact the committee leadership (chair or vice/co-chair) directly to indicate your interest in serving. You will find the

contact details of committee leaders using the Directory lookup on the APM website: Members > Directory/Referrals.

What happens next?

- By September 14, committee chairs must submit recommendations for committee appointments to the president-elect.
- By October 17, the president-elect completes the committee appointments process and committee chairs are notified first, fol-

lowed shortly thereafter by notifications from the executive office to all committee appointees.

Annual Meeting, November 9-12

Newly constituted committees meet at the Annual Meeting.

On behalf of the APM Council, we welcome your active participation in the 2016-2017 APM committee appointments process.

Psychosomatics JOURNAL EDITOR'S UPDATE



Theodore A. Stern, MD, FAPM
Editor-in-Chief, *Psychosomatics*

Now in its 57th year, *Psychosomatics: The Journal of Consultation and Liaison Psychiatry* remains the official journal of the Academy of Psychosomatic Medicine (APM). The journal's goals are to serve the APM and its membership and to further the mission of the Academy—to advance medical science, education, and health care for persons with comorbid psychiatric and general medical conditions, and to provide national and international leadership in the furtherance of those goals.

Psychosomatics remains vibrant in large part due to the increased productivity and creativity of the APM's membership. In the past 10 years, the number of submissions for publication has nearly doubled. This has required the services of more and more reviewers, who help to evaluate the quality of the science as well as the relevance, practicality, and readability of manuscripts. We could not flourish without the yeoman's efforts of our reviewers, as well as those of our editorial board members; your efforts in this regard are much appreciated.

Despite the increase in volume, our efficiency in reviewing and in making a decision about publication has improved; the time from submission to a decision about acceptance is now eight days! Once accepted, the manuscript goes online within a matter of days, and the article is printed within the next two to three issues. Increasingly, our published works are being viewed and downloaded electronically (roughly 17,000 times each month). This ease of access continues to increase, with a variety of apps.

Thank you for your contributions and your support of *Psychosomatics* and its mission. Together we will keep our journal strong and help move the field of Psychosomatic Medicine forward.

Most Cited *Psychosomatics* Articles in 2015

Beach SR, Celano CM, Noseworthy PA, Januzzi JL, Huffman JC: QTc prolongation, torsades de pointes, and psychotropic medications. *Psychosomatics* 2013; 54(1):1-13.

Teslyar P, Stock VM, Wilk CM, Camsari U, Ehrenreich MJ, Himelhoch S: Prophylaxis with antipsychotic medication reduces the risk of post-operative delirium in elderly patients. *Psychosomatics* 2013; 54(2):124-131.

Stunder O, Kirksey M, Chiu YL, Mazumdar M, Poultides L, Gerner P, Memtsoudis SG: Demographics and perioperative outcome in patients with depression and anxiety undergoing total joint arthroplasty: A population-based study. *Psychosomatics* 2013; 54(2):149-157.

Huffman JC, Niazi SK, Rundell JR, Sharpe M, Katon WJ: Essential articles on collaborative care models for the treatment of psychiatric disorders in medical settings: A publication by the Academy of Psychosomatic Medicine Research and Evidence-Based Practice Committee. *Psychosomatics* 2014; 55(2):109-122.

Seyfried L, Ryan KA, Kim SYH: Assessment of decision-making capacity: Views and experiences of consultation psychiatrists. *Psychosomatics* 2013; 54(2):115-123.

Branstrom R, Kvillemo P, Akerstedt T: Effects of mindfulness training on levels of cortisol in cancer patients. *Psychosomatics* 2013; 54(2):158-164.

Maneta E, Garcia G: Psychiatric manifestations of anti-NMDA receptor encephalitis: Neurobiologic underpinnings and differential diagnostic implications. *Psychosomatics* 2014; 55(1):37-44.

Johnson JM, Nachtigall LB, Stern TA: The effect of testosterone levels on mood in men: A review. *Psychosomatics* 2013; 54(6):509-514.

Most Downloaded Articles in 2015

Beach SR, Celano CM, Noseworthy PA, Januzzi JL, Huffman JC: QTc prolongation, torsades de pointes, and psychotropic medications. *Psychosomatics* 2013; 54(1):1-13.

DePicker L, VanDen Eede F, Dumont G, Moorkens G, Sabbe BGC: Antidepressants and the risk of hyponatremia: A class-by-class review of the literature. *Psychosomatics* 2014; 55(6):536-547.

Maldonado JR, Dubois HC, David EE, Sher Y, Lolak S, Dyal J, Witten D: The Stanford Integrated Psychosocial Assessment for Transplantation (SIPAT): A new tool for the psychosocial evaluation of pre-transplant candidates. *Psychosomatics* 2012; 53(2):123-132.

Isenberg-Grzeda E, Kutner HE, Nicolson SE: Wernicke-Korsakoff syndrome: Under-recognized and under-treated. *Psychosomatics* 2012; 53(6):507-516.

Moroze RM, Dunn TM, Craig Holland J, Yager J, Weintraub P: Microthinking about micronutrients: A case of transition from obsessions about healthy eating to near-fatal "orthorexia nervosa" and proposed diagnostic criteria. *Psychosomatics* 2015; 56(4):397-403.

Dubovsky AN, Arvikar S, Stern TA, Axelrod L: The neuropsychiatric complications of glucocorticoid use: Steroid psychosis revisited. *Psychosomatics* 2012; 53(2):103-115.

APM SIG Updates

Bioethics

Co-Chairs: Mary Ann Cohen, MD, FAPM and Rebecca Weintraub Brendel, JD, MD, FAPM

Rotating Co-Chairs: Monika Chaudhry, MD (fellowship trainee); Xavier Jimenez, MD, Maria Theresa Mariano, MD, and David Sheski, MD (early career psychiatrists)

Interest in bioethical issues has increased markedly over the last year, with a current total of 169 Bioethics SIG members and high attendance at our SIG symposia.

The Bioethics SIG will be presenting a pre-conference course on "Palliative Care, Decisional Capacity, and Neuroscience," a collaboration of the Bioethics SIG and the Palliative Care & Psycho-Oncology SIG, and several symposia and workshops at the 2016 Annual Meeting.

An article entitled "Bioethical Challenges for Psychiatrists: Determination of Decisional Capacity," co-authored by Cynthia Gelpert, MD, PhD, MPH, FAPM, Mary Ann Cohen, MD, FAPM, James Bourgeois, OD, MD, FAPM, and Michael Peterson, MD, PhD, FAPM, was accepted for publication in *Psychiatric Times*. It is part of a series of invited articles designed to facilitate the broader education of psychiatrists about psychosomatic medicine and to provide exposure for the APM through the work of its SIGs. Dr. Christina Wichman serves as liaison to *Psychiatric Times* for the series.

The Society for Liaison Psychiatry (SLP) selected Bioethics SIG member Maria Tiamson-Kassab, MD, FAPM, as recipient of its 2015 Lifetime Scientific Achievement Award. The Academy's highest honor, The Eleanor & Thomas P. Hackett Memorial Award of 2015 went to Bioethics SIG Chair Dr. Cohen. The poster submitted by Rotating Co-Chair Dr. Chaudhry received first place in the Clinical Case Studies Category of the APA Resident/Medical Student Poster Competition in 2016.

Please explore our Bioethics SIG web page, edited by Xavier Jimenez, MD, at: www.apm.org/sigs/bioethics. We welcome suggestions for new members and invite you and

your colleagues to attend our meetings, submit case presentations to our Issues in Bioethics section in *Psychosomatics*, and join our APM Bioethics SIG.

Community-Based Psychosomatic Physician Practice Issues

Chair: Hindi Mermelstein, MD, FAPM

Psychosomatic Medicine is practiced in a variety of settings, ranging from large academic institutions to medical centers to community hospitals to ambulatory clinics and offices. Our SIG's focus is on the issues specific to those who practice in the community arena. While the leadership of this SIG changed this past February, the goal of attending to the concerns of this subset of our members and how the APM can best serve them continues. We plan to survey the registrants for the upcoming APM Annual Meeting in Austin to better understand our members' needs. I invite all to send me your thoughts and comments via email at drhmermelstein@optimum.net and to join our SIG.

Emergency Psychiatry

Co-Chairs: J.J. Rasimas, MD, PhD, FAPM; Mary Jo Fitz-Gerald, MD, FAPM

The Emergency Psychiatry SIG continues to expand membership ranks as it works to build bridges in a unique subspecialty with a variety of challenges and opportunities. Our participants have engaged the American Association for Emergency Psychiatry (AAEP) with resulting productivity and possibility; its current president, Leslie Zun, MD, MBA, attended the APM Annual Meeting in New Orleans last November and has collaborated with SIG members to present at the annual meeting in Austin this year. Although we do not have a SIG-sponsored presentation, several of our members are speaking on emergency psychiatry topics (e.g., agitation management, intoxication syndromes) in collaborative ventures throughout the annual meeting.

A subset of our group is working on a manuscript that addresses an important emergency mental health practice reality in times of expanding need and limited physician re-

sources. The paper will outline guidelines for the consultative roles and responsibilities of non-physician ED mental health personnel. This venture represents another collaboration with AAEP, which will endorse the document along with APM's Emergency Psychiatry SIG. Several of our members are engaged in discussion about the potential utility of crafting practice standards and outcome measures for emergency psychiatry, in general. Our pre-conference course from last year's meeting is being organized for publication of a handbook in emergency psychiatry that may interface with that process. For other resources, continue to check out the growing journal article annotations by Scott Simpson, MD, MPA, for APM's website.

Noting that emergency psychiatry requires clinical skills and knowledge inherent to C-L, but attunement to the rhythms of the ED and the therapeutic principles of inpatient mental health work, we are attempting to cover wide multidisciplinary territory. In addition to contributions in *Psychosomatics*, look for advances in emergency psychiatry in the *Western Journal of Emergency Medicine*; this journal is on its way to becoming the official journal of AAEP and will be an important target for our productive SIG members who write about their work. As we sort out our place within psychiatry, the wider landscape of acute medicine, and changing models of healthcare delivery, the Emergency Psychiatry SIG invites you to join the conversation and add to our diversity of voices.

Global Health

Co-Chairs: Stephen Nicolson, MD, FAPM and Adel Zarea, MD

Due to the broad time-zone spread within our membership, the Global Health SIG communicates through emails. We had numerous exchanges and brainstorming e-sessions that resulted in our active participation in the 2016 Annual Meeting to be held in Austin in November.

We were able to address the need to keep our SIG active and productive; we encouraged SIG members to participate in a symposium at the 2016 conference. Several

APM SPECIAL INTEREST GROUPS

Interested in joining an APM SIG? Simply log into the APM Members' Corner, click "View or update your profile," and check the SIG you wish to join.

members contributed to a proposal, which reflects both the theme of this year's Annual Meeting—*Brain, Mind, and Body: Why Every PM Psychiatrist Should Care About Neuroscience*—and our core belief that Psychosomatic Medicine is the ideal field to lead the global mental health effort.

We played an active role in the 2016 conference of EAPM, our sister association, which was held in June in Lulea, Sweden. Our SIG Co-Chair Dr. Zarea had two oral presentations.

The Global Health SIG would like to increase its exposure and recruit more members in the United States and abroad. Continuing to present at the APM annual meetings is a helpful first step. The SIG also hopes to meet as early as possible during the week of the 2016 Annual Meeting so we can foster relationships over the course of the conference.

HIV/AIDS Psychiatry

Co-Chairs: Mary Ann Cohen, MD, FAPM and Kelly L. Cozza, MD, FAPM

Rotating Co-Chair: Early Career Psychiatrist Josephine Mokonogho, MD

The HIV/AIDS Psychiatry SIG continues to grow, with an increase in membership from 32 in 2003 to 376 members in 2016. The SIG is also the WPA Section on HIV/AIDS Psychiatry. Members of our Section give presentations at meetings in the USA and throughout the world.

SIG members met at the APA Office of HIV Psychiatry Steering Committee and presented courses, workshops, and symposia at the APA meeting in Atlanta in May 2016. Drs. Lawrence McGlynn, Mary Ann Cohen, Daena Peterson, and Antoine Douaihy presented a workshop on "Stigma, Discrimination, and the Criminalization of HIV/AIDS."

At the 2016 APM Meeting, SIG members will be presenting a course, workshops, and

symposia. The course, chaired by Dr. Cozza, is "A Psychosomatic Guide to Antiretroviral and Psychotropic Medication Management for HIV Care Across the Lifespan."

Our article—"The Role of Psychiatrists in HIV Prevention"—was published in *Psychiatric Times* on 3/22/16. Co-authored by Drs. Mary Ann Cohen, Kelly L. Cozza, James Bourgeois, Yavar Moghimi, and Antoine Douaihy, it is part of a series of invited articles on psychosomatic medicine by APM SIGs.

Members of our SIG continue to provide quarterly annotations on recent journal articles in HIV Psychiatry, at www.apm.org/library/articles/

The Society for Liaison Psychiatry (SLP) selected three SIG members as recent recipients of its Lifetime Scientific Achievement Award: Philip Bialer, MD, FAPM, in 2014; Maria Tiamson-Kassab, MD, FAPM, in 2015; and Andrew Roth, MD, FAPM, in 2016.

Explore the SIG's webpage at www.apm.org/sigs/oap. We welcome new members and invite you and your colleagues to attend our meetings and to join our SIG!

Medicine & Psychiatry

Chair: Thomas Heinrich, MD, FAPM

The Medicine & Psychiatry SIG consists of members of the Academy of Psychosomatic Medicine who have either completed combined training or who are practicing in the field of integrated medical-psychiatric care. The goal of this SIG is to bring professionals together to discuss important topics such as building careers that integrate medicine and psychiatry, clinical cases, research initiatives, and training issues.

Members of the Medicine & Psychiatry SIG taught several symposia and seminars at American Psychiatric Association's 2016 An-

nual Meeting on topics as diverse as understanding new medicines for medical illnesses, the primary care skills for the psychiatrist curriculum, and annual medical mysteries presentation.

The Medicine & Psychiatry SIG will once again be gathering early this fall in Chicago at the Association of Medicine and Psychiatry's Annual CME Conference. The conference will be held at the Hyatt McCormick Place Hotel, on September 30 through October 1. In addition to an impressive line-up of speakers exploring the interface of medicine and psychiatry through discussion about unique models of med-psych integrated care, pertinent reviews of clinical material and fascinating presentations of clinic case vignettes, there will be an APA-sponsored special session on collaborative care. For more information, please visit www.assocmedpsych.org/annual-meeting/2016-annual-meeting

(continued on page 8)



**Association of
Medicine &
Psychiatry**

ANNUAL CME MEETING

**September 30 - October 1
2016**

**Hyatt McCormick Place
Hotel
Chicago, Illinois**

www.assocmedpsych.org

Palliative Medicine and Psycho-Oncology

Chair: Rachel Lynn, MD

The Palliative Medicine and Psycho-Oncology SIG is a recently expanded group with a large growth in membership. We represent the growing subset of psychosomatic specialists working in cancer and palliative care and the large overlap between the two. We are very excited to see the wide variety of papers and presentations in these two areas presented at the upcoming 2016 Annual Meeting to be held in Austin this fall.

In the past year, we witnessed a unification of the psychiatric interests at the American Psychosocial Oncology Society (APOS) to bring the shared fellowship of our SIG to other national and international meetings attended by our members, a trend we hope to continue.

We lost our palliative care leadership within the SIG last year and wish John Shuster good luck branching out to telemedicine and hope to finalize a transition to new leadership in the fall. I look forward to seeing you all and welcoming you to Texas in November.

Telepsychiatry

Chair: Terry Rabinowitz, MD, FAPM

The Telepsychiatry SIG had another successful workshop presented at the 2015 APM Annual Meeting, with more than 40 attendees. Several SIG members submitted paper and workshop proposals for the 2016 APM Annual Meeting

Dr. Rabinowitz, SIG chair, was elected into the American Telemedicine Association's College of Fellows, in recognition of his "significant achievements in telemedicine, service to the general telemedicine community, and service to the American Telemedicine Association (ATA)." He was also course director/moderator for the fourth consecutive edition of a telemedicine publishing workshop, "How to Get Your Work Published," at the 2016 ATA annual conference. SIG member Donald Hilty, MD, FAPM, was a presenter at the workshop.

Dr. Hilty was also course director for a pre-conference course, "A Framework for Training Providers of Telemedicine and e-Health: Competency-based Education, Evaluation, and Implications," as well as a speaker at another pre-conference course, "Prescribing Controlled Substances via Telemedicine."

Drs. Rabinowitz and Hilty were presenters at a workshop, "Prescribing During Telepsychiatry Practice: Models of Care for Challenges Across the Lifespan," and are principle contributors to new Child and Adolescent Telemedicine Health Clinical Guidelines.

Dr. Rabinowitz serves on the editorial board of Telemedicine and e-Health. Dr. Hilty continues to be active in the American Psychiatric Association as a telepsychiatry expert and consultant and is editor-in chief of a new journal, *Journal for Technology in the Behavioral Sciences*. Dr. Rabinowitz was chair of the UVM PhD Dissertation Committee for Prema Menon, MD, PhD. His dissertation title is "Telemedicine Enhances Communication in the Intensive Care Unit."

Several telepsychiatry manuscripts or book chapters are in various stages of preparation, under review, or in press, including:

Rabinowitz T, Hilty D: Telepsychiatry for vulnerable and underserved populations. *Psychiatric Times*, May 2016. (The authors were invited by APM leadership to develop this manuscript.)

Menon PR, Stapleton RD, McVeigh U, Rabinowitz T: Telemedicine as a tool to provide family conferences and palliative care consultations in critically ill patients at rural health care institutions: a pilot study. *Am J Hosp Palliat Care* 2015; 32:448-453.

Hilty D, Rabinowitz T: On-call telepsychiatry services: Interventions, outcomes, and innovations. In Hategan A, Bourgeois JA, Hirsch CH (eds): *On-Call Geriatric Psychiatry. Handbook of Principles and Practice*. Springer International Publishing, 2016, pp 317-331.

Mermelstein H, Krupinski EA, Guzman ED, Rabinowitz T, Hilty D: The application of technology to health: the evolution of telephone to telemedicine

and telepsychiatry: a historical review and look at human factors. (Under review at *Journal for Technology in the Behavioral Sciences*).

The SIG meets whenever necessary and several members are in contact monthly or more often.

Women's Health

Co-Chairs: Nehama Dresner, MD, FAPM, Christina Wichman, DO, FAPM, and Nancy Byatt, DO, FAPM

The Women's Health SIG continues to gather momentum. The SIG collectively contributes to the APM quarterly journal annotations by summarizing the most current articles in the field of women's mental health.

There are several presentations on the topic of women's mental health that will be showcased at the upcoming annual meeting in Austin, Texas. In addition to a broad overview of the topic during the pre-conference "Updates in PM" course, general sessions on the topic of women's mental health include:

- Increasing Access to Perinatal Psychiatric Care Across the Nation by Building the Capacity of Front-line Providers
- Mastering the Art of Mastering the Data: Redefining the Role of the Expert Clinician in Reproductive Psychiatry
- The Neuroendocrine System in Women's Mental Health: The A-B-C's of the H-P-G Axis
- What Happens When It Just Doesn't Happen: The Psychiatric Implications of Infertility

Additionally, several oral papers and posters highlight this growing sub-specialty.

A subgroup headed up by Laura McLafferty, MD, and Linda Worley, MD, FAPM, recently published a paper on substance abuse during pregnancy in *Psychosomatics*.

Lastly, the SIG has established a listserv through APM for improved communication and sharing content. Please be in touch if you wish to be included in our listserv, and as always, please provide us with feedback, comments, or questions.

APM Committee Updates

Business of Psychosomatic Medicine Subcommittee

Chair: Sarah Parsons, DO

This subcommittee of the Research and Evidence-Based Practice Committee has been busy collecting and creating resources and information that would be helpful to APM members in our pursuit of success, including assembling business- and finance-related resources to be included on the subcommittee's section of the APM website.

We are looking forward to presenting two general sessions at the 2016 Annual Meeting regarding coding issues and business plans.

Our subcommittee was excited to learn that CMS approved and assigned value to the new psychiatric collaborative care codes created by the CPT editorial panel. (See "Psychiatric Collaborative Care Services Reimbursement Codes Proposed by CMS" on page 4.) Stay tuned on how this can impact your practice. Please contact the committee if you have any questions or issues that we could address.

Early Career Track Subcommittee

Co-Chairs: Kristen Somers, MD, FAPM, and John Taylor, MD

The Annual Meeting Committee's Early Career Track Subcommittee will again offer free early career consults for early career psychiatrist (ECP) APM members at the 2016 Annual Meeting. Early career psychiatrists are encouraged to register for career consultations using the link under "Meeting Information" on the Annual Meeting website <tinyurl.com/APM2016>. The Early Career Track Subcommittee will help to host the Wednesday evening mixer for new APM members, first-time annual meeting attendees, trainees, and ECPs. In keeping with our meeting venue, expect a Western-themed selfie contest with senior APM members!

Fellowship Education Subcommittee

Chair: Madeleine Becker, MD, FAPM
Vice Chair: Sejal Shah, MD

The Education Committee's Fellowship Education Subcommittee (FES) is an active group of psychosomatic medicine (PM) fel-

lowship program directors focused on both improving fellowship education and assisting program directors in implementing education. FES represents and advocates for the needs of fellowship program directors and helps them to fulfill ACGME requirements and to maintain excellent quality training programs.

Last year, the subcommittee headed a workshop—"Difficult Dialogues"—at the 2015 Annual Meeting, which focused on providing educational assessments to trainees. At the 2016 Annual Meeting in Austin, FES will present "Innovative Approaches to Fellowship Training Learning Requirements," which will focus on assisting program directors and other PM teaching faculty to develop a framework for fellowship curriculum requirements and also to structure formal learning based upon the ACGME requirements.

This year, the FES developed a survey for PM fellowship directors, gathering feedback on the three milestone assessments forms that were developed in 2015 after the introduction of the milestones. With information gathered from the survey, the subcommittee plans to revise the forms so they are most useful for trainees.

The FES is now collaborating on the development of a concise handbook for PM fellowship directors outlining and summarizing ACGME program requirements and providing a calendar with important dates and deadlines.

Interdisciplinary Education Subcommittee

Chair: Lorin Scher, MD
Vice Chair: Anna Ratzliff, MD, PhD

The Education Committee's Interdisciplinary Education Subcommittee promotes Academy activities related to integrated care and the rich interdisciplinary relationships involved in this work.

The subcommittee sponsored two general session abstracts that were accepted for the November Annual Meeting in Austin.

The first—"Collaborative Care Implementation: Best Practices When Building an Interdisciplinary Team"—will be moderated by

Roger Kathol, MD, FAPM. Panelists and speakers will discuss how successful behavioral health integration efforts depend on effective collaborations with multiple disciplines. This session will encourage members to improve skills related to clinical implementation of integrated models.

The second—"Role of the Psychosomatic Medicine Psychiatrist in Teaching Integrated Care to Trainees Across the Spectrum"—will be moderated by Jürgen Unutzer, MD, MPH, MA. The Interdisciplinary Education Subcommittee is excited to bring together a panel of educators to share their experiences in teaching integrated care to trainees from all levels of medical training. This general session will allow participants to build or improve their educational efforts around integrated care.

Online Education Subcommittee

Chair: Mary Jo Fitz-Gerald, MD, MBA, FAPM

The Education Committee's Online Education Subcommittee met twice by teleconference since the 2015 Annual Meeting. Subcommittee members include: Pierre Azzam, MD, FAPM; Carrie Ernst, MD; Margo Funk, MD; Robert Lloyd, MD; Roger Lowell McRoberts, III, MD; and Seth Powsner, MD.

The focus of the subcommittee is to help increase visibility of the online education offerings in the Live Learning Center (LLC), accessed from the "Education" menu on the APM website. Offerings in the LLC include full-day Updates in PM courses from 2013-2015, and Updates courses of shorter duration from earlier years. Selected skills courses are available from 2014 and 2015. Recordings of award lectures at the annual meetings are also online. For those who attended an annual meeting or a skills or updates course, the online access for that meeting or course is available for free. Otherwise, there is a modest fee to view, and CME is available for some of the offerings.

We urge you to view the offerings online if you need additional CME or a review for Boards or MOC. And for the astute teacher, the courses are extremely handy for educa-

(continued on page 11)

APM 2016 Meeting Website

Visit <http://tinyurl.com/APM2016> for the full meeting program, including abstracts for all sessions, speaker and author biographies, details on the pre-conference program, and much more. Visitors can view the program by day, track, format (oral papers, general session, etc.), and speaker, and the site can develop for you a shortlist of sessions based on a keyword search.

The site also includes the very latest details regarding hotel and transportation options, airport transfers, social events, registration information, and exhibitors. A section on early career consultations discusses how to book consultations with the top leaders in the profession, and for session speakers, there is a dedicated section on how to prepare for the meeting.

The site is smart-device friendly, which means you can access and use it easily on your smartphone or tablet, not just your PC. But the capabilities of the site don't end with that: You can create and store your own personal schedule for the event ("My Plan") and receive emails from the site each day of the meeting with your personal program organized just for you.

A helpful Quick Start guide, a click from the homepage, provides a simple overview of the capabilities of the new site.

Important Deadlines Key dates for your planning

Sep. 5	Labor Day in the US; Academy office closed
Sep. 26	ECP Career Consultation sign-up closes
Sep. 30	Last day to register for the meeting at the Advanced discount rate
Oct. 16	Deadline to upload posters to be included in competition for Best Poster awards
Oct. 17	Last day to cancel meeting registration for full refund minus \$50 service fee
Oct. 17	Cut-off day to register for Austin City Tour
Oct. 17	Last day of APM hotel rates at the Westin
Oct. 18	Last day of APM hotel rates at Residence Inn
Nov. 1	Last day to cancel meeting registration with 50% refund
Nov. 1	Deadline for all speakers/presenters/authors to upload presentations and posters
Nov. 9	PRE-CONFERENCE COURSES
Nov. 10	ANNUAL MEETING BEGINS, 8:00am

Accommodation in Austin

APM has selected the JW Marriott, Austin, Texas, as the location for the 2016 meeting, with three nearby properties offering overflow accommodations once the main hotel is full.

JW Marriot Austin (HQ hotel)

110 E 2nd St, Austin, TX 78701

Hyatt Place Austin Downtown

211 East 3rd St, Austin, TX 78701

(1 block to the JW Marriott; 3-minute walk)

Residence Inn Downtown

300 E 4th St, Austin, TX 78701

(4 blocks to the JW Marriott; 6-minute walk)

- \$219 single/double occupancy studio suite, plus local taxes; rate includes breakfast, and wi-fi throughout hotel property
- Book online, or call 1-888-236-2427 and mention "APM" when making your reservation
- Rate closes: October 18
- Self-parking: \$29 per night; Valet parking: \$35 per night (unlimited in/out privileges for both options)

Westin Austin Downtown

310 E 5th St, Austin, TX 78701

(5 blocks to the JW Marriott; 6-minute walk)

- \$259 single/double occupancy, plus local taxes
- Book online, or call 1-855-462-1142 and mention "APM" when making your reservation
- Rate closes: October 17
- Valet parking: \$40 per night (unlimited in/out privileges)

Links to all hotel online registration processes can be found on the APM 2016 website <<http://tinyurl.com/APM2016>> under Meeting Information > Hotel.

PRE-CONFERENCE PROGRAM OVERVIEW (WEDNESDAY, NOVEMBER 9)

Essentials of Psychosomatic Medicine (all-day program)

- Delirium Update—Jose Maldonado, MD, FAPM
- Updates in Women's Mental Health—Christina Wichman, DO, FAPM
- Updates in Cardiac Psychiatry—Scott Beach, MD, FAPM
- Functional and Somatic Symptom Disorders—Jeffrey Staab, MD, MS, FAPM
- Essentials of Psychopharmacology in the Medically Ill—Laura Markley, MD, FAPA, FAAP
- Selected Legal Issues in Psychosomatic Medicine—Rebecca Brendel, MD, JD, FAPM
- Medical Toxicology—Joseph J. Rasimas, MD, PhD, FAPM
- Essentials of Dementia—Jason Caplan, MD, FAPM
- Bedside Neuropsychiatric Assessment: Focus on Executive Function—Stephen Nicolson, MD, FAPM
- Transplant Psychiatry Review—Andrea DiMartini, MD, FAPM
- Update in Psycho-oncology—Donald Rosenstein, MD, FAPM

Skills Courses

Morning Sessions (8:00 AM - 12:00 Noon)

- The National Neuroscience Curriculum Initiative: Bringing Neuroscience into the Clinical Practice of Psychiatry, *presented by*: Robert Boland, MD; Melissa Arbuckle, MD, PhD; Katherine Blackwell, MD, PhD; David Ross, MD, PhD; and Michael Travis, MD.
- Tackling the Problem Head-On: Controversies in Psychiatric Diagnosis and Management After Traumatic Brain Injury, *presented by*: Davin Quinn, MD; Jesse Fann, MD, MPH, FAPM; Daniel Daneshvar, MD, PhD; Shamim Nejad, MD; and Durga Roy, MD.
- Transplant Psychiatry, *presented by*: Yelizaveta Sher, MD; Thomas Beresford, MD; Marian Fireman, MD, FAPM; Sheila Jowsey-Gregoire, MD; Jose Maldonado, MD, FAPM, FACFE; Jaroslava Salman, MD, FAPM; Jorge Luis Sotelo, MD; and Paula Zimbren, MD, FAPA, FAMA.
- A Psychosomatic Guide to Antiretroviral and Psychotropic Medication Management for HIV Care Across the Lifespan, *presented by*: Kelly Cozza, MD, DFAPA, FAPM; Jordi Blanch, MD, PhD; Adriana Carvalhal, MD, MSc, PhD; Graham Emslie, MD; Elise Hall, MD, FRCPC; Luis Pereira, MD; and Rita Richardson, MD.

Afternoon Sessions (1:00 - 5:00 PM)

- Acute Brain Failure: Neurobiology, Prevention and Treatment of Delirium, *presented by*: Jose Maldonado, MD, FAPM, FACFE.
- Palliative Care, Decisional Capacity, and Neuroscience: A Palliative Care and Bioethics Collaborative SIG Workshop, *presented by*: James Bourgeois, OD, MD, FAPM; Henry Bleier, MD, MBA; Mary Ann Cohen, MD, FAPM, FACP, DLFAPA, FAAPDP; Jennifer Erickson DO; Harold Goforth, MD, FAPM; Joseph Rasimas, MD, PhD, FAPM; and Samidha Tripathi, MD.
- Using ECT to Treat the Brain, Mind and Body of Medically Complex and Critically Ill Patients, *presented by*: Terry Rabinowitz, MD, DDS, FAPM, FAPA; A. Evan Eyster, MD, DFAPA; Stephen O'Donnell, MD; and Keith Rasmussen, MD.
- Neuroradiology for the Consult-Liaison Psychiatrist, *presented by*: Greg dePrisco, MD; and Michelle Nichols, MD, FAPA.

Committee Updates (cont'd. from page 9)

tional purposes. The members of the subcommittee urge you to check out the LLC!

If you have additional suggestions for the LLC, please email me at mfitzg@lsuhsc.edu

Register Early for **MAXIMUM SAVINGS**

Pre-register for the Annual Meeting by August 31 and enjoy a \$100 discount on the members meeting registration fee. Registration dates to watch for this year:

Ends Aug. 31: Early registration ends
Aug. 31–Sep. 30: Standard registration
Sep. 30–On site: Late registration

There are *significant* cost increases if you wait (see complete fee details on the registration form on page 15).

You may register online with a credit card, or by mail or fax. We encourage you to use the online system, as this saves considerable staff time and will assure accuracy of your data in the registration system. Visit <http://tinyurl.com/APM2016> for full program details and the link to the online registration system. To register by mail or fax, use the registration form that accompanies this issue of the Newsletter, or you can download it from the Meeting Information > Registration Information section of the APM 2016 website. There will be no admittance without payment, and registration forms will not be processed until payment is received.

Plenary Sessions at APM 2016

Embracing the theme of APM 2016 of *Brain, Mind and Body: Why Every PM Psychiatrist Should Care About Neuroscience*, Thursday's Presidential Symposium—"Sad and Angry: What Neuropsychiatry Can Tell Us About Treating Negative Emotional States"—will feature two lectures under the umbrella of neuropsychiatry.

LECTURE 1: THURSDAY, 8:15–9:00

"When Inflammation Weeps: The Emerging Role of the Immune System in Depression"

Andrew Miller, MD, William P. Timmie Professor of Psychiatry and Behavioral Sciences; Research Director, Psychiatric Oncology, Winship Cancer Institute; Director, Adult Psychiatry Outpatient Division, Emory University School of Medicine



The first lecture will discuss neuroinflammation and depression. Increased markers of inflammation have been reliably found in a subgroup of depressed patients, and administration of inflammatory stimuli (such as acute and chronic medical conditions seen so often in psychosomatic medicine) to otherwise non-depressed individuals leads to depressive symptoms. Moreover, a growing literature suggests that treatments that block

inflammation may hold therapeutic promise for depression. Data from neuroimaging studies indicate that inflammatory cytokines can alter neurotransmitter systems and neurocircuits that regulate motivation and motor activity, as well as anxiety, arousal, and alarm. Data suggest that peripheral markers of inflammation may identify subgroups of patients that may preferentially respond to therapeutic strategies that target downstream mediators of the effects of inflammation on the brain, including altered metabolism of dopamine and glutamate. Thus, identifying both medically healthy and medically ill depressed patients with increased inflammation may support efforts to personalize care and make more clearly informed decisions regarding therapeutic strategies based on relevant inflammatory biomarkers.

LECTURE 2: THURSDAY, 9:00–9:45AM

"Advanced Management of Agitation and Aggression in Patients with Neuropsychiatric Disorders"

Stuart Yudofsky, MD, Distinguished Service Professor and Chairman, Drs. Beth K. and Stuart C. Yudofsky Presidential Chair in Neuropsychiatry, Baylor College of Medicine



Practical management of aggression and agitation in neuropsychiatric disorders will be discussed in the second lecture. After a brief overview of the prototypical clinical presentation of patients with impulsive aggression associated with central nervous system disorders, the assessment and rating of the intensity of aggression and violence with systematic rating scales will be reviewed. Thereafter, a

method of treating acute and chronic aggression with different classes of psychopharmacological agents will be presented, with a focus on practical management in complex patients.

FRIDAY, 9:00–9:45

Continuing the Annual Meeting theme, Friday morning's President's Symposium will feature a presentation on "Pathophysiology of Functional Movement Disorders" by **Mark Hallett, MD**, Chief, Human Motor Control Section, National Institute of Neurological Disorders and Stroke (NINDS), NIH.

Functional neurological disorders are mostly conversion disorders, where the dysfunction is unconscious, but there are some that are factitious, where the abnormality is feigned and conscious. Malingering, which can have similar manifestations, is similarly feigned, but not considered a psychiatric disease. There are no good methods for differentiating these three entities at the present time. Physiological studies of functional weakness and sensory loss reveal normal functioning of primary motor and sensory cortex, but abnormalities of premotor cortex and association cortices. This suggests a top down influence creating the dysfunction. Studies of functional tremor and myoclonus show that these disorders utilize normal voluntary motor structures to produce the involuntary movements, again suggesting a higher level abnormality. Agency is abnormal and studies shows that dysfunction of the temporoparietal junction may be a correlate. The limbic system is overactive and might initiate involuntary movements, but the mechanism for this is not known. The limbic system would then be the source of top down dysfunction. It can be speculated that the involuntary movements are involuntary due to lack of proper feedforward signaling.



APM 2016-2017

Committee & Subcommittees

will meet during the annual meeting.

Volunteer for your committee or subcommittee of choice **by September 12.**

See page 4, "Call for Committee Volunteers," for details.

Special Events at APM 2016

If 160+ posters, 42 oral papers, and 66 general sessions are not enough to occupy your mind, the following is sure to do so. *All events below are free to all*—no pre-registration is required. Limited seating and event popularity may result in you not being permitted access; APM cannot guarantee your access or seating to these events.

Wednesday, November 9, 7:00-8:30 pm

“Bringing Collaborative Care to Clinical Practice: Pipeline or Pipe Dream?”

Moderated by **Carol Alter, MD, FAPM**, AstraZeneca Pharmaceuticals, Bethesda, MD, and featuring **Kurt Kroenke, MD**, Professor of Medicine, Indiana University School of Medicine, Indianapolis; **Peter Shapiro, MD, FAPM, FAPA**, Professor of Psychiatry at Columbia University Medical Center, Columbia University, New York; and **Michael Sharpe, MD, FAPM**, Professor of Psychological Medicine, University of Oxford, England.

Full details on the presentation can be found here: <http://bit.ly/2bsnllb>



Carol Alter, MD, FAPM



Peter Shapiro, MD, FAPM

Friday, November 11, 10:15-11:45 am

Special Symposium: “Neuropsychiatric Manifestations of Infectious Disease Across the Lifespan: Lyme Disease and PANDAS”

Susan Swedo, MD, Chief, Pediatrics & Developmental Neuroscience Branch, National Institute of Mental Health, Bethesda; **Brian Fallon, MD**, Director, Lyme & Tick-borne Diseases Research Center & Center for Neuroinflammatory Disorders & Biobehavioral Medicine, NYS Psychiatric Institute & Columbia University Medical Center, New York.

Full details on the presentation can be found here: <http://bit.ly/2aprXdO>



Susan Swedo, MD



Brian Fallon, MD

Friday, November 11, 3:45-5:15 pm

“Research for Researchers”

Moderated by **Jeff Huffman, MD, FAPM**, Assistant Professor of Psychiatry, Massachusetts General Hospital, Boston; and **Michael Sharpe, MD, FAPM**, Professor of Psychological Medicine, University of Oxford, England; and also featuring **Kurt Kroenke, MD**, Professor of Medicine, Indiana University School of Medicine, Indianapolis.

Full details on the presentation can be found here: <http://bit.ly/299dmqQ>



Jeff Huffman, MD, FAPM



Michael Sharpe, MD, FAPM



Kurt Kroenke, MD

Saturday, November 12, 9:00-9:45 am

“Controversial Clinical Management Scenarios in Psychosomatic Medicine: A Debate”

Moderated by **Christina Wichman, DO, FAPM**, Associate Professor of Psychiatry and Behavioral Medicine, Medical College of Wisconsin, and featuring **José Maldonado, MD, FAPM, FAFCE**, Professor, Stanford University, Stanford; and **Theodore Stern, MD, FAPM**, Chief, Psychiatric Consultation Service, Massachusetts General Hospital, Harvard Medical School, Boston.

Full details on the presentation can be found here: <http://bit.ly/2bsF963>



Christina Wichman, DO, FAPM



José Maldonado, MD, FAPM



Theodore Stern, MD, FAPM

Austin City Tour

The Annual Meeting Local Arrangements Subcommittee has coordinated what is sure to be a highlight among highlights for APM 2016 attendees (and your family and friends). On Friday morning, November 11, don't miss the essential bucket-list tour of Central Texas—with Austin landmarks, Hill Country vistas, and a catered lunch at a super-famous BBQ pit, the Salt Lick <<http://saltlickbbq.com/>>.

At 9:00am, a bus will pick you up at the JW Marriott (you'll return at 1:00pm). We start with a city overview, seeing all the major



tourist landmarks. Then we're off to the *real* Austin where we will visit hidden gems only a local—our tour guide—would know about. We'll learn about the Austin lifestyle, food, music, and history while zipping around the city's best areas. Next, we head for the hills, literally, as we wind through Texas' beautiful Hill Country where wildflowers and wineries dot the landscape. Finally, we arrive for lunch (included in the price of the tour) at the Salt Lick—where 2,000

people a day flock to indulge in their famous brisket and out-of-this-world side dishes.

If you only have half a day to see what Austin has to offer, this is the tour for you! Limited space is available. This popular tour will fill quickly. So, don't miss out, and register now! Price: \$135 per person (includes the bus tour and catered lunch)

How to register for the tour

If you have not yet registered for the meeting, simply include these events in your registration purchase when you register online. If you have already registered for the meeting and wish to add the tour to your APM 2016 registration, use the registration form on the opposite page, or download and complete the registration form from the APM 2016 website. Then, email it to our Meeting Registrar at reg@apm.org. Or, fax it to the Academy executive office at 301-656-0989.

Registration for this event must be received by **October 17**.

What you will see and experience:

- 6th Street
- Downtown
- Rainey Street
- Capitol Tour
- Food trucks
- Music Venues
- Art
- History
- Culture
- Keep Austin Weird
- Hill Country
- BBQ
- Salt Lick
- South Austin

ANNUAL MEMBERS'

Business Meeting

The 2016 Annual Members' Business Meeting is scheduled for Saturday, November 12, 2016, from 4:45 to 5:30 pm at the JW Marriott, Austin, Texas.

Agenda items include the election of officers and councilors. Our current president-elect, Robert Boland, MD, FAPM, will receive the president's gavel from current President Steve Epstein, MD, FAPM.

Election of Officers and Councilors:

The APM Nominating Committee (Drs. Epstein [chair], Gitlin, Rackley, Wichman, and Crone) respectfully submits the following slate of officers and councilors for consideration at the Annual Members' Business Meeting.

Officers:

President-Elect: James Rundell, MD, FAPM (Minneapolis, MN)

Vice President: Rebecca Brendel, MD, JD, FAPM (Boston, MA)

Treasurer: Michael Sharpe, MD, FAPM (Oxford, UK)

Secretary: Maria Tiamson-Kassab, MD, FAPM (San Diego, CA)

Councilors:

Christina Wichman, DO, FAPM (Muskego, WI)

2nd three-year term

Robert Joseph, MD, MS, FAPM (Newton, MA)

1st three-year term

Maryland Pao, MD, FAPM (Bethesda, MD)

1st three-year term

Thomas Heinrich, MD, FAPM (Milwaukee, WI)

one-year term, completing the unfinished term of Maria

Tiamson-Kassab, MD, FAPM, upon her election as Secretary

*Make your hotel
reservations directly with the hotel.
See page 10 for details.*

1. CONTACT INFORMATION (Type or print only)

Name _____ Degree(s) _____
Organizational name for badge _____
Address _____
City/State/Zip/Country _____
Phone (_____) _____ Email _____

▶▶▶ Register online. It is quick and secure!
Visit apm.org for the link to online registration.

- ☐ Registering from outside USA/Canada? APM offers discounts for attendees of non-High income countries as defined by the World Bank. Email us for details before submitting this form: info@apm.org
☐ This is my first time attending
☐ I have the following special needs (dietary restrictions, disability, etc.): _____
☐ Please check if you are a medical student

2a. ESSENTIALS OF PSYCHOSOMATIC MEDICINE (WED. NOV. 9)

Course runs 8:00 AM - 5:00 PM.

Note: Lunch optional for additional \$25 (see OPTIONAL EVENTS box)

✓ CHECK ONE BOX ONLY	Regular by 9/30/16	After 9/30/16
APM Member	<input type="checkbox"/> \$300.....	<input type="checkbox"/> \$350
Non-Member Presenter	<input type="checkbox"/> \$300.....	<input type="checkbox"/> \$350
Non-Member	<input type="checkbox"/> \$400.....	<input type="checkbox"/> \$450
Early Career*	<input type="checkbox"/> \$250.....	<input type="checkbox"/> \$275
Trainee**	<input type="checkbox"/> \$150.....	<input type="checkbox"/> \$175
Allied Healthcare Prof.....	<input type="checkbox"/> \$300.....	<input type="checkbox"/> \$350
EAPM Member	<input type="checkbox"/> \$300.....	<input type="checkbox"/> \$350

2b. PRE-CONFERENCE SKILLS COURSES (WED. NOV. 9)

Note: Lunch optional for additional \$25 (see OPTIONAL EVENTS box)

Morning Skills Courses (8:00 AM - 12:00 noon; fees are per course)

- ☐ The National Neuroscience Curriculum Initiative: Bringing Neuroscience into the Clinical Practice of Psychiatry
☐ Controversies in Psychiatric Diagnosis and Management After Traumatic Brain Injury
☐ Transplant Psychiatry
☐ A Psychosomatic Guide to Antiretroviral and Psychotropic Medication Management for HIV Care Across the Lifespan

Afternoon Skills Courses (1:00 - 5:00 PM; fees are per course)

- ☐ Acute Brain Failure: Neurobiology, Prevention and Treatment of Delirium
☐ Palliative Care, Decisional Capacity, and Neuroscience
☐ Using ECT to Treat the Brain, Mind and Body of Medically Complex and Critically Ill Patients
☐ Neuroradiology for the Consult-Liaison Psychiatrist

	# of Courses x Fees	
✓ CHECK ONE BOX ONLY	Regular by 9/30/16	After 9/30/16
APM Member	<input type="checkbox"/> \$225.....	<input type="checkbox"/> \$275
Non-Member Presenter	<input type="checkbox"/> \$225.....	<input type="checkbox"/> \$275
Non-Member	<input type="checkbox"/> \$275.....	<input type="checkbox"/> \$325
Early Career*	<input type="checkbox"/> \$200.....	<input type="checkbox"/> \$250
Trainee**	<input type="checkbox"/> \$100.....	<input type="checkbox"/> \$150
Allied Healthcare Prof.....	<input type="checkbox"/> \$225.....	<input type="checkbox"/> \$275
EAPM Member	<input type="checkbox"/> \$225.....	<input type="checkbox"/> \$275

2c. ANNUAL MEETING: NOV. 10-12

✓ CHECK ONE BOX ONLY	Regular by 9/30/16	After 9/30/16
APM Member	<input type="checkbox"/> \$725.....	<input type="checkbox"/> \$780
Non-Member Presenter	<input type="checkbox"/> \$725.....	<input type="checkbox"/> \$780
Non-Member	<input type="checkbox"/> \$975.....	<input type="checkbox"/> \$1075
Early Career* (Members only).....	<input type="checkbox"/> \$665.....	<input type="checkbox"/> \$700
Trainee, Member.....	<input type="checkbox"/> \$225.....	<input type="checkbox"/> \$275
Trainee, Non-Member**.....	<input type="checkbox"/> \$325.....	<input type="checkbox"/> \$375
Allied Healthcare Prof.....	<input type="checkbox"/> \$400.....	<input type="checkbox"/> \$450
EAPM Member [Mbr # _____]	<input type="checkbox"/> \$725.....	<input type="checkbox"/> \$780
One-Day Attendance [Day _____]	<input type="checkbox"/> \$325.....	<input type="checkbox"/> \$375

3. GUEST EVENTS

Annual Meeting registrants receive **complimentary** access to the events listed below. Additional tickets may be purchased for non-registered guests for these events.

Thursday Research Award Lecture Lunch: _____ @ \$50/person \$ _____
Thursday Evening Welcome Reception: _____ @ \$50/adult \$ _____
_____ children under 5 **FREE**
Friday Awards & Convocation Lunch: _____ @ \$50/person \$ _____

4. OPTIONAL EVENTS

Wed. Nov. 9: Optional Lunch _____ @ \$25/person \$ _____
Fri. Nov. 11: Best of Austin & Hill Country Tour _____ @ \$135/person \$ _____
MOC Self-Assessment (non-Members) _____ @ \$20/person \$ _____
MOC Self-Assessment (Members) _____ **FREE**

5. MEMBERSHIP DUES

Current members can pay 2017 membership dues with this meeting registration.

APM Fellow or Full Member..... ☐ \$225 Life Fellow/Member ☐ \$100
Associate Member ☐ \$175 Resident ☐ \$55

6. PAYMENT Fax to 301-656-0989, or email to reg@apm.org

Fee Calculation:

2a. Essentials of PM \$ _____ 3. Guest Events \$ _____
2b. Skills Courses \$ _____ 4. Optional Events \$ _____
2c. Annual Meeting \$ _____ 5. Membership Dues \$ _____

TOTAL REMITTANCE (US FUNDS) \$ _____

☐ Check or Money Order

Make Checks payable to "APM" and mail with this form to: APM-Annual Meeting
Registration: 5272 River Road, Suite 630, Bethesda, MD 20816

If paying by credit card, complete this section: ☐ VISA ☐ MC ☐ AMEX

Card Number _____

Exp. Date (mm/yy) _____ Security Code _____

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Signature _____

CANCELLATION POLICY: Full refund, minus a \$50 processing fee, if Refund Request form is received by APM no later than October 17, 2016. A 50% refund if Refund Request form is received by APM after October 17 and before, or on November 1, 2016. No refund after November 1, 2016. Approved refunds are distributed approximately 30 days after conclusion of the Annual Meeting.

* Within 5 years of completing training; provide completion date (MM/YY): _____

** APM non-members only: Proof of status at current institution must accompany this registration form.

Academy of Psychosomatic Medicine

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FUTURE APM ANNUAL MEETINGS

November 8–11, 2017

64th Annual Meeting
La Quinta Resort & Club
Palm Springs, CA

November 14–17, 2018

65th Annual Meeting
Caribe Royale Hotel
Orlando, FL

NOVEMBER 9-12, 2016 — 63RD ANNUAL MEETING
JW MARRIOTT, AUSTIN, TEXAS

Foundation of the Academy of Psychosomatic Medicine **fAPM NEWS**



Carol Alter, MD, FAPM
Chair, Foundation of APM

The Foundation of the Academy of Psychosomatic Medicine (fAPM) is collaborating with the Academy to jointly sponsor the Research Support Program. The program will support a senior researcher to serve as a mentor for three early career researchers, who will also each receive a stipend, provided by APM. The fAPM Research Professorship, in memory of Wayne Katon's contribution to mentoring young researchers, will be awarded this year to Kurt Kroenke, who will participate in the 2016 Annual Meeting and provide mentorship during the coming year. Many thanks to Michael Sharpe, MD, FAPM, and Jeff Huffman,

MD, FAPM, co-chairs of the Research & Evidence-Based Practice Committee, Bobbi Geiger, and the Research Committee, who have all worked so diligently to provide a legacy that reflects so well Wayne's contribution to foster psychosomatic medicine researchers. We are thrilled to be able to support this new program!

It is also that time of year when we ask all of you to make your donation to the fAPM Annual Giving Campaign. Foundation funds are used to support development of Academy

Foundation Board:

Carol Alter, MD, FAPM, *Chair*
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Linda Ganzini, MD, FAPM, *Consultant*
Chris Kogut, MD, FAPM, *Consultant*

members across different phases of career development, including the Lipsitt Award, which honors a mid-career psychiatrist making substantial contributions to the evolving field of behavioral health, the Research Support Program described above, and Trainee Travel Awards. Your gift will go a long way to helping the Academy continue to provide this very important support! You can donate anytime at www.apm.org. Just click on the donation link on our homepage.



Summer 2016

NEWSLETTER

APM — Psychiatrists Providing Collaborative Care Bridging Physical and Mental Health