

NEWSLETTER

Winter 2014

APM — Psychiatrists Providing Collaborative Care for Physical and Mental Health

President's MESSAGE — Linda L.M. Worley, MD, FAPM



Winter greetings! The Academy continues to grow and flourish. We broke yet another record with 738 attendees gathering in Tucson for our 60th annual meeting to learn about "Psychosomatic Medicine Models in the Era of Health Reform." **Wayne Katon, MD, FAPM**, 2013 President, with **Jim Rundell, MD, FAPM**, program chair, led the state-of-the-art educational program, weaving in the perfect mix of learning, collaboration, and play. You may have noticed a crisp British accent ringing out from behind the scenes as our extremely capable new executive director, Mr. James Vrac, orchestrated the complicated details to assure that things ran flawlessly despite our growing pains.

As we embrace 2014, we make history having participated in the National Residency Matching Program for the first time this year! See the NRMP Match article on page 5.

The next significant issue we tackled was whether to support the proposed fast tracking option to allow **qualified** psychiatric residents to enter subspecialty psychiatric training in the PGY-4 year. In the end, the pros and cons were thoroughly considered by the APM Council, which voted to support the proposal (as did our sister subspecialty groups, Geriatric Psychiatry and Addiction Psychiatry). It was felt the strong need to have more psychiatrists with Psychosomatic Medicine training available for patient care across the nation, along with the current (fiscally) restricted pipeline of residents whose student loan repayments are due before training is over, outweighed the challenges for fellowship training faculty who may potentially need to increase their level of supervision for PGY-4 trainees. It remains to be seen whether anything more will come to pass on this issue as debates about the potential impact on general psychiatry training programs is a significant concern. Stay tuned!

If you look at our logo, it really is a perfect symbol for building bridges at every opportunity. I hope you'll consider adding our "branding statement," *Psychiatrists Providing Collaborative Care for Physical and Mental Health*, to your signature line in your emails. If you ever have the opportunity to put in a plug for how exciting our field is, please go for it! Last year at the APA, I got to present to a highly impressionable group of medical students, some of whom were agonizing over whether to "give up medicine" to go into psychiatry. Their eyes lit up with excitement when they realized both would remain alive and well in psychosomatic medicine. These groups meet throughout the year across the nation – see if you can volunteer to talk with them, too! I suspect you'll love it as much as I did.

Many of us will begin dusting off the text books to study for our re-certification examinations in 2015. Thankfully, our creative and talented 2014 Annual Meeting Program Committee, chaired by **Michael Bostwick, MD, FAPM**, is already hard at work designing a rich, informative annual meeting for next fall, including a robust offering of pre-conference courses. Please save the dates now for November 12–15, 2014, on the beautiful

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Annual Meeting NEWS

APM 61st Annual Meeting in Florida

**"Lessons from Our Best Teachers:
Patient-informed Advances in Clinical
Care, Research, and Leadership"**

— **J. Michael Bostwick, MD, FAPM**
2014 Scientific Program Chair

After a highly successful 60th annual meeting in the desert outside Tucson, it's already time to start planning for the 61st meeting on the beach in Fort Lauderdale, Florida, November 12–15, 2014. President Linda L.M. Worley, MD, FAPM, has chosen as her theme, "Lessons from our Best Teachers: Patient-informed Advances in Clinical Care, Research, and Leadership." It is Dr. Worley's intent to attract participants from all corners of the wide world that is psychosomatic medicine to the Marriott Harbor Beach Resort and Spa, with its sweeping views of the Atlantic Ocean that laps at the white-sand strand unfolding just outside the hotel doors. Soon-to-be-announced keynote speakers

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Issue HIGHLIGHTS:

- ⊙ 2013 Meeting Highlights & Awards
- ⊙ 2014 Meeting in Fort Lauderdale and Call for Abstracts: April 1 Deadline
- ⊙ NRMP Fellowship Match
- ⊙ Committee. SIG. and fAPM News

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President's Message (cont'd. from page 1)

beach at Fort Lauderdale, Florida. This year's annual meeting theme is "Lessons from Our Best Teachers: Patient-informed Advances in Clinical Care, Research, and Leadership."

Last but not least, I'd love it if you'd consider giving a little donation to the Foundation of the APM. I am a believer after being shamelessly coerced into purchasing a very long roll of raffle tickets at the Tucson meeting's poster session. It was truly my lucky year! I have never won anything, and this year I hit the jackpot, winning an iPad. Those of you who were there witnessed true glee. Even when I donate and don't win anything, I feel like I do, knowing that my support is a part of the good energy and increasing presence of so many talented young colleagues who would not have been able to attend otherwise. Please visit www.apm.org/foundation for information on how you can contribute.

I wish you a safe and warm winter and can't wait to see you on the beautiful beach this fall!

Annual Meeting Chair's Message (cont'd. from page 1)

will deliver thought-provoking critiques of how current research and clinical practices serve—and sometimes fail—our patients. At least one plenary will feature experts in narrative medicine, the approach that emphasizes the value of patient experiences and stories in shaping responsive and humanistic medical practice.

Program Chair, **J. Michael Bostwick, MD, FAPM**, is hard at work conceptualizing multiple, specialized tracks that have been a highly successful organizing principle for recent Academy meetings. He is committed to making certain the program has cutting-edge offerings tailored to the needs of attendees who are clinicians, educators, researchers, administrative leaders, or, most likely, some combination of all four. There will be at least one track focusing on presentations geared to early career psychosomatic physicians.

Christopher Sola, MD, FAPM, and **Sandra Rackley, MD**, are heading the subcommittee that will select the highest-quality workshops and symposia from among the dozens of excellent offerings that are expected to pour in by the submission deadline of April 1. They are particularly interested in soliciting proposals that use innovative teaching techniques to engage learners in new and creative ways. **Christina Wichman, DO, FAPM**, and **Jon Levenson, MD, FAPM**, are directing the subcommittee that will cull scores of abstracts – also due by April 1 – to choose the best candidates for paper and poster sessions. They will continue to develop recent initiatives to showcase the work of trainees in keeping with the Academy's ongoing commitment to nurturing the careers of colleagues who are the future of our field.

Once again, a day of pre-conference courses will be held on Wednesday, November 12, with a particu-

lar emphasis this year on board preparation, given the large number of members who are expecting to recertify in both psychiatry and psychosomatic medicine in the 2015 ABPN cycle. **Phil Bialer, MD, FAPM**, and **Maryland Pao, MD, FAPM**, are taking the lead in coordinating what has become for many an integral component of the annual meeting experience.

With 738 registered participants, the Tucson meeting was the largest one to date, a sign of the health of our subspecialty. Early signs indicate that the congregation of like-minded psychosomatic physicians will only grow larger for Fort Lauderdale. In light of our record attendance last year, we have increased the number of available rooms in our reserved hotel block for this year – indeed, we will have the entire hotel to ourselves! – but we'd still encourage interested attendees to register early – to guarantee a room in the conference hotel for what promises to be the most stimulating and exciting Academy meeting yet!

The official hotel is now open to accept reservations. Please visit <http://tinyurl.com/apm2014hotel>, or call 1-888-789-3090, or you can find the online reservation link on the APM 2014 meeting page, which is active on the APM website. While the room block is open until October 28, it is advisable to book as early as possible to ensure you stay at the official hotel.

Be sure to tune into our next newsletter update, when the "lesson plan" for what our patients have to teach us at the 2014 annual conference through plenary presentations and the contributions of our many erudite members will come into sharper focus!

APM MEMBERSHIP BENEFITS — *Are you taking advantage of them?*

—Maria Tiamson-Kassab, MD, FAPM
Chair, Membership Committee

As chair of the Membership Committee, I would like to make you aware, if you don't know about them yet, of the many changes your Council has made in the last couple of years. As a result of the Strategic Planning Initiatives (which included the membership survey), we would like you to know that we listened to you. This has led to new and/or updated membership benefits in your Academy.

Of course, you all know of the two outstanding member benefits that we have enjoyed for many years: the highly respected and frequently cited journal of consultation-liaison psychiatry, *Psychosomatics*, and the significantly discounted registration fees to our very robust annual meeting, which provides not only a wide range of educational opportunities but also opportunities to network with colleagues and leaders in the field of psychosomatic medicine. In addition, you receive the Academy Newsletter and the regular email updates which inform you on the latest information from APM and the field of psychosomatic medicine.

Have you been to the APM website recently? Therein lies a wealth of information that you will need in your practice of psychosomatic medicine. First of all, you have an online link to *Psychosomatics* and, in addition, you have full online access to *General Hospital Psychiatry*

and the *Journal for Psychosomatic Research*. You also have a 25% discount on any books or journals published by Elsevier. Educational resources also include the Live Learning Center, the Psychosomatic Library which includes papers, psychosomatic medicine resources, quarterly annotated journal articles, bibliographies, and clinical monographs (the latest of which is on aggression and violence in the medical setting). You can access presenter slides from annual meetings dating back to 2009 to the present. There is information on consultation codes, practice guidelines, and subspecialty information for the boards. For fellowship program directors, there are clinical vignettes and other information that only you can access. We also have toolkits aimed at three different audiences for the role of Psychosomatic Medicine in Health Reform.

We really are proud to be able to offer these benefits to you and we are constantly working on improving and making things better for our members. Please feel free to contact us if you have suggestions or comments. You can even tweet us @APM_Psychiatry.

These member benefits are for you – take advantage of them!

ANNUAL MEETING COMMITTEE 2014

Chair: J. M. Bostwick, MD, FAPM
Vice Chair: Philip Bialer, MD, FAPM
Asst. to the Chair: Sandra Rackley, MD
Consultant: James Rundell, MD, FAPM
CME Liaison: Thomas Heinrich, MD, FAPM
(Medical College of Wisconsin)
Local Arrangements Liaison: Anne Gross, MD
Early Career Liaison: Kristin Somers, MD

Pre-conference Courses:

Co-chairs: Maryland Pao, MD, FAPM
Lisa Rosenthal, MD, FAPM

Rashi Aggarwal, MD
Philip Bialer, MD, FAPM
Lois Krahn, MD, FAPM
James Levenson, MD, FAPM
Leeza Park, MD
Lisa Seyfried, MD

Consultant: Theodore Stern, MD, FAPM

Early Career Track:

Co-chairs: Divy Ravindranath, MD, MS
Kristin Somers, MD

Rashi Aggarwal, MD
Scott Beach, MD
Rebecca Brendel, MD, JD, FAPM
Anne Gross, MD
Laura Kent, MD
Katy Lalone, MD
J.J. Rasimas, MD, PhD, FAPM
Charles Surber, MD

Consultant: Patrick Aquino, MD

Workshops & Symposia:

Co-chairs: Sandra Rackley, MD
Christopher Sola, DO, FAPM

Sharon Batista, MD
James Bourgeois, OD, MD, FAPM
Khyati Brahmabhatt, MD
Marc Feldman, MD
Marian Fireman, MD, FAPM
Travis Fisher, MD
Thomas Heinrich, MD, FAPM
Jeff Huffman, MD, FAPM
Manuel Pacheco, MD, FAPM
Laura Prager, MD
Christine Skotzko, MD, FAPM
Sanjeev Sockalingham, MD
Joel Wallack, MD, FAPM

Oral & Poster Papers:

Co-chairs: Jon Levenson, MD, FAPM
Christina Wichman, DO, FAPM

Bradford Bobrin, MD
Jason Caplan, MD, FAPM
M. Beatriz Currier, MD, FAPM
Mary Jo Fitz-Gerald, MD, FAPM
Janna Gordon-Elliott, MD
Rita Hargrave, MD
Lucy Hutner, MD
Karen Lommel, DO
Shehzad Niazi, MD, FAPM
Roberto Ortiz-Aguayo, MD
Terry Rabinowitz, MD, DDS, FAPM

(cont'd next column)



J. Michael Bostwick, MD, FAPM,
Chair of the APM 2014 Annual
Meeting Committee

Muhamad Aly Rifai, MD, FAPM
Dahlia Saad Pendergrass, MD
Terry Schneckloth, MD, FAPM
Lisa Seyfried, MD

Early Career Rep.: Laura Kent, MD

Local Arrangements:

Co-chairs: Anne Gross, MD
Laura Kent, MD

Scott Beach, MD
M. Beatriz Currier, MD, FAPM
Nehama Dresner, MD, FAPM
Silvia Fernandez, MD
Kim Hartney, MD
Leeza Park, MD
Ann Schwartz, MD, FAPM
Jorge Sotelo, MD, FAPM
Karen Weihs, MD

EAPM/ELSEVIER YOUNG INVESTIGATOR AWARD

Under the auspices of the European Association of Psychosomatic Medicine (EAPM), Elsevier (publisher of our journal, *Psychosomatics*) has established a scientific award for young investigators in the field of psychosomatic medicine, consultation-liaison psychiatry, or integrated care.

An award in the amount of €1000 will be presented at the annual conference of the EAPM, June 25-28, 2014, in Sibiu, Romania. The awardee will make a short presentation of his or her work at the conference.

Eligibility. An eligible candidate will be a young investigator, no more than 7 years beyond completion of training or highest degree, who is the principal investigator and/or first author of an original manuscript accepted by or submitted to the *Journal of Psychosomatic Research* (the EAPM's official journal) between September 1, 2013 and May 1, 2014. There are no geographical restrictions on applicants.

Eligible manuscripts will be reviewed by the journal editors and a final decision about the awards will be made by the editors in collaboration with the Executive Board of the EAPM. Apart from regular peer review, manuscripts will be judged on the basis of scientific soundness, clinical relevance, and originality.

Application. The applicant should send an email to the editorial office of the *Journal of Psychosomatic Research* (jpsychores@elsevier.com), with the following content:

- Cover letter stating his/her interest in the competition.
- Brief curriculum vitae (not more than one page)
- Copy or reference number of the manuscript submitted or accepted for publication

If you have already submitted a paper and would like to apply for the award, contact the editorial office (jpsychores@elsevier.com). For more information, see the announcement in the December 2013 issue of the *Journal of Psychosomatic Research*.

APM'S LIVE LEARNING CENTER: NEW CONTENT!

The APM Live Learning Center (LLC) on the APM website is your online source for continuing education in Psychosomatic Medicine. Find the link to the Center under "Education" in the green navigation bar on any APM web page. You'll find a range of helpful resources, including a link to "How to Use the Live Learning Center."

New content from the 2013 Annual Meeting in Tucson has just been added. Several sessions are now available for online streaming, including:

- Bundled set of some of the most popular presentations from the 2013 Annual Meeting, including the plenary sessions
- 2013 Updates Course
- Annual Meeting and Updates Course bundles from the 2012 and 2011 Annual Meetings
- Updates Course Archive, with materials from the 2004, 2005, and 2007 Updates

This is a great way to access some of the best of the APM annual meetings from home or office. If there are sessions you missed or would like to review, this is a convenient way to access this content. If you have colleagues

who were not able to attend the meeting but would have interest in this material, please direct them to the APM Live Learning Center.

Those who attended the 2013 Annual Meeting can view the meeting bundle materials for no additional charge. Same for the Updates Course—if you paid to attend the Updates Course in Tucson, there is no additional charge to view these materials online.

For those who did not register for the 2013 Annual Meeting or the Updates Course, the charges for these bundled packages are:

- Trainees \$89
- Members \$99
- Non-members \$149

Individual meeting sessions may also be purchased at the following prices:

- Trainees \$15
- Members \$20
- Non-members \$30

Materials from earlier meetings are available at a reduced price.

Stay tuned for more new content on the APM Live Learning Center—visit the site often and share it with interested colleagues.

APM 2014 COUNCIL



Back row, from left: Maria Tiamson-Kassab, MD, FAPM; Philip Muskin, MD, FAPM; Catherine Crone, MD, FAPM; Robert Boland, MD, FAPM; Donna Greenberg, MD, FAPM; Steven Epstein, MD, FAPM; Jeff Huffman, MD, FAPM; Philip Bialer, MD, FAPM; Theodore Stern, MD, FAPM; Donald Rosenstein, MD, FAPM; Christina Wichman, DO, FAPM; James Rundell, MD, FAPM.

Front row, from left: Michael Sharpe, MD, FAPM; J. Michael Bostwick, MD, FAPM; Maryland Pao, MD, FAPM; Linda Worley, MD, FAPM; Wayne Katon, MD, FAPM; Linda Ganzini, MD, MPH, FAPM.

Absent: Rebecca Brendel, MD, JD, FAPM

NRMP MATCH FOR PSYCHOSOMATIC MEDICINE FELLOWSHIP PROGRAMS

— Philip Bialer, MD, FAPM
David Gitlin, MD, FAPM

Over the past several years, the Academy has led a discussion at the Fellowship Directors' Forum and on the listserv regarding the recruitment of psychiatry residents to fellowship programs. The process was felt to be complicated, inconsistent and, at times, confusing and overly competitive to many program directors and applicants. Excellent efforts were made to improve the process with the development of Recruitment Guidelines that offered a more structured approach to recruitment. We continued to discuss and evaluate this approach, which many felt served as a de facto match. This year, the Academy supported the decision for psychosomatic medicine fellowships to participate in the National Resident Match Program (NRMP), and under the aegis of the Fellowship Recruitment Task Force, Education Committee, and the Fellowship Subcommittee, application was made and accepted for inclusion. Fifty-one of the 54 accredited fellowship programs enrolled in the Match, offering a total of 95 positions, which surpassed the minimum requirements that 75% of programs and 75% of available positions be committed. Match ranking lists were submitted by programs and candidates on December 18, 2013, and the Match results were released on January 8, 2014. Early impressions received from both program directors and candidates indicate that while there were some first-year growing pains, the overall process was organized, consistent, and respectful, particularly to candidates who were able to complete the interview process without being "pressured" to accept an offer. The Fellowship Education Subcommittee is strongly recommending that next year we follow an "all-in" policy in which programs will commit all of their available slots and recruit only through the Match.

The apparent success bodes well for future recruitment into psychosomatic medicine. The overall results of the Match are listed to the right. Any questions or concerns regarding specifics of the Match process should be addressed to either Phil Bialer, MD, FAPM, (bialerp@mskcc.org) or Dave Gitlin, MD, FAPM (dgitlin@partners.org).

PM Fellowship Programs	#	%
Enrolled Programs	51	
Withdrawn Programs	0	
Certified Programs	51	
Programs Filled	31	61%
Programs Unfilled	20	39%
Certified Positions	95	
Positions Filled	66	69%
Positions Unfilled	29	31%
Applicant Statistics	#	%
Matched Applicants	66	
U.S. Grad	45	68%
U.S. Foreign	8	12%
Osteopathic	6	9%
Foreign	6	9%
Canadian	1	2%
Applicants Preferring this Specialty	72	
Matched to this Specialty	66	92%
Matched to Different Specialty	0	0%
Did not Match to any Program	6	8%

New Members

FULL MEMBERS

Majid Al-Abdulla, MD
Louise Armstrong, MBChB
Sally Behel, MD
Isidore Berenbaum, MD
Archana Brojmohun, MD
Ryan Byrne, MD
Joseph Carbone, MD
Sam Carson, MD
Carmen Croicu, MD
Julie Demetree, MD
Benjamin Druss, MD, MPH
Arusha Farahani, MD
Hany Farag Ghabrash, MD
Alexis Gonzalez-Luquis, MD
Aruna Gottumukkala, MD
Elsbeth Guthrie, MD
Xavier Jimenez, MD

Michael Knight, MD
Jonathan Lichtmacher, MD
Lesley Omary, MD
Elena Perea, MD
Aaron Pinkhasov, MD
Megan Press, MD
Abishek Rizal, MD
Barbara Roth, MD
Ama Arthur Rowe, MD
Orlando Ruano, MD
Gayatri Vaidyanathan, MD
Mark Williams, MD

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Thomas Marcotte, PhD
Diana Nichols, MSN

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Gregory Gale, MD
Jennifer Gatchel, MD, PhD
Heather Greenspan, MD
Karole Kuslak, DO
Jennifer Laidlaw, MD
Max Lichtenstein, MD

Margaret May, MD
Eric Meyer, MD
Jennifer Moore, MD
Dan Nguyen, MD
Mladen Nisavic, MD
Kenneth Novoa, MD
Mark Oldham, MD
Amanda Pedrick
Kristen Reid, MD
Hira Safdar, MD
Mena Shehata, MD
Scott Simpson, MD MPH
Kuldeep Singh, MD
Loren Sobel MD, MS
Jessica Thackaberry, MD
Erik Vanderlip, MD
Jo Ellen Wilson, MD
Sanjay Yadav, MBBS

2013 Annual Meeting

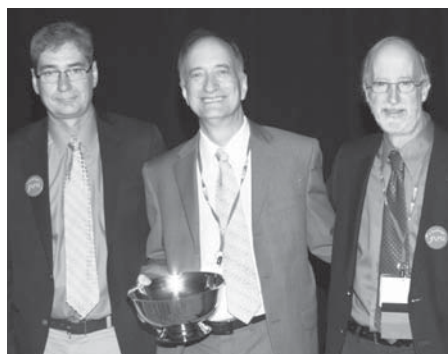
AWARDS

HACKETT AWARD

The Eleanor and Thomas P. Hackett Memorial Award is the Academy's highest honor, given in recognition of outstanding achievement across an entire career in psychosomatic medicine in training, research, clinical practice, and leadership.

James L. Levenson, MD, FAPM received the 2013 award, speaking on "A Short History of Time: Psychosomatic Medicine Since the Big Bang," an insightful presentation on the history of psychosomatic medicine from its inception to the present.

Dr. Levenson is Professor of Psychiatry, Medicine, and Surgery at the Virginia Commonwealth University School of Medicine, where he is also Chair, Division of Consultation-Liaison Psychiatry, and Vice-Chair for Clinical Affairs, Department of Psychiatry. He has published over 175 papers and book chapters, and four books, including *Psychiatry Essentials*



*James Rundell, MD, FAPM (left), 2013 Annual Meeting Program Chair, and Wayne Katon, MD, FAPM (right), APM President, presented the Hackett Award to **James Levenson, MD, FAPM** (center).*

for Primary Care and The American Psychiatric Publishing Textbook of Psychosomatic Medicine. His scholarly interests include psychiatric disorders and their treatment in the medically ill, psychological factors' effects on health care utilization, and medical ethics.

DLIN/FISCHER AWARD

The Dlin/Fischer Clinical Research Award is presented for significant achievement in clinical research and the best paper submitted for presentation at the annual meeting. The award is named for Barney "Ben" Dlin, MD, FAPM, president of APM 1983-84, and H. Keith Fischer, MD, FAPM, president 1975-76.

Per K. Fink, MD, PhD, DMSc, FAPM, received the 2013 award and spoke on "Multiple Medically Unexplained Symptoms and Somatoform Disorders Vastly Increase Sick Leave and Work Disability in Primary Care Patients. A Ten-year Follow-up Study."

Per Fink is an MD from Aarhus University, Denmark, and a specialist in psychiatry. He has authorization in dynamic psychotherapy and cognitive psychotherapy and basic training in group therapy and acceptance and commitment therapy (ACT).

He is a PhD (Psychiatric and Somatic Comorbidity, 1993) and DMSc (Persistent Somatization, 1997). In 1999, he started and also became director of the Research Clinic for Functional Disorders at Aarhus University Hospital, a clinic with an interdisciplinary approach to functional disorders. The clinic first and foremost focuses on research in functional symptoms or medically unexplained symptoms, but also on developing treatment programs for patients with these symptoms. In 2000, he became associate professor, and in 2010, professor of functional disorders. He has intensive experience in teaching at all levels, is a member of several editorial boards, and has published approximately 150 papers, books and book chapters.



*Michael Sharpe, MD, FAPM (left), chair of the Research Committee, presented the Dlin/Fischer Award to **Per Fink, MD, PhD, DMSc, FAPM**.*

Dr. Levenson is past president of the Academy of Psychosomatic Medicine. He currently serves as chair of the American Board of Psychiatry and Neurology's Committee for Subspecialization in Psychosomatic Medicine. He is a member of the DSM-V Work Group on Somatic Distress Disorders. He is a member of the editorial boards of the journals *Psychosomatics*, *Psychological Medicine* and *General Hospital Psychiatry*, and served on the National Board of Medical Examiners' USMLE 3 Committee. Dr. Levenson attended medical school at the University of Michigan, followed by internal medicine internship at the University of Oregon, psychiatric residency at the University of Colorado, and consultation-liaison psychiatry fellowship at Westchester County Medical Center. He is board-certified in Psychiatry, Psychosomatic Medicine, and Geriatric Psychiatry.

Dr. Levenson was introduced by his long-time colleague, Daniel Winstead, MD, FAPM.

DISTINGUISHED SERVICE AWARD

The Distinguished Service Award is presented to Academy members for invaluable assistance to the organization. It is not awarded annually.

In recognition of her dedicated service to the Academy while serving with leadership, vision, and ability, **Elisabeth J.S. Kunkel, MD, FAPM**, received the Distinguished Service Award in 2013.



*APM President Wayne Katon, MD, FAPM (left), presented the Distinguished Service Award to **Elisabeth Kunkel, MD, FAPM**.*

RESEARCH AWARD

The APM Research Award is given to honor the accomplishments and stature of a currently active researcher in the field of psychosomatic medicine. This year's award was presented to **Brett D. Thombs, PhD**, who spoke on "Improving Depression Care in Medical Settings: Is Screening the Answer?"

Dr. Thombs is a William Dawson Scholar and Associate Professor in the Faculty of Medicine at McGill University in Montreal, Quebec. He is the Founder and Director of the Scleroderma Patient-centered Intervention Network, which is an international collaboration of investigators, healthcare providers, and people living with scleroderma that has been funded by the Canadian Institutes of Health Research to develop an infrastructure to conduct rigorous tests of psychosocial and rehabilitation interventions in a rare disease context. Dr. Thombs also conducts evidence reviews on mental health and behavioral interventions that are likely to improve patients' health and well-being and on how research methods may affect the applicability of research to clinical settings.

Since his first academic appointment in 2006, Dr. Thombs has published more than 130 peer-reviewed articles. His research on depression screening in medical settings has been published in prominent journals, including JAMA, BMJ, and CMAJ, and a systematic review that he authored on depression screening in cardiovascular care was a finalist for the 2009 BMJ Group Research Paper of the Year Award.



*Research Award winner
Brett Thombs, PhD*

WEBB FELLOWSHIPS

The William L. Webb Fellowship Program fosters the career development and leadership potential of advanced residents and fellows in C-L psychiatry. The Fellowship is named in honor of the late William L. Webb, Jr., MD, FAPM, president of the Academy 1986-87.

The winners of this year's awards are:

- Joseph Cerimele, MD, University of Washington School of Medicine
- Jennifer Gatchel, MD, PhD, Massachusetts General Hospital
- Jennifer Kruse, MD, Mayo Clinic
- Eric Meyer, MD, University of Texas Health Science Center at San Antonio



2013 William L. Webb Fellowship recipients, from left: Eric Meyer, MD, Jennifer Kruse, MD, Jennifer Gatchel, MD, PhD, and Joseph Cerimele, MD

Each Webb Fellow will present an oral paper at a special session at the 2014 annual meeting.

With thanks to the Foundation of the Academy of Psychosomatic Medicine for funding support for Webb Fellows.

VISITING PROFESSORSHIPS

Visiting Professorship awards are used to support the travel expenses, lodging, meals, and honorarium for an APM member to serve as a visiting professor to a host university, hospital, or medical facility. This year's Visiting Professorship awards were presented to:

- **Elisabeth J.S. Kunkel, MD, FAPM**, visiting Fox Chase Cancer Center, Philadelphia, PA
Nominated by: **Karen Mechanic, MD**, Director of Psychiatry Division
- **Tomer T. Levin, MBBS, FAPM**, visiting Stanford University, Stanford, CA
Nominated by: **Jose Maldonado, MD, FAPM**, Chief, PM Services

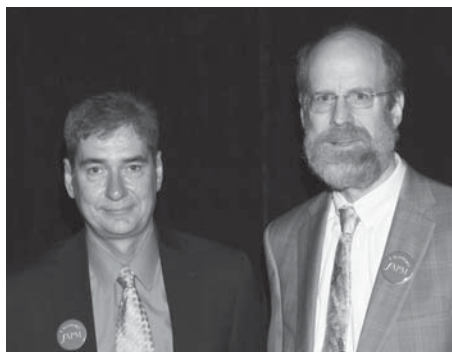


James Rundell, MD, FAPM (third from left), 2013 Annual Meeting Program Chair, presented Visiting C-L Professorship awards to Jose Maldonado, MD, FAPM (first from left), Tomer Levin, MBBS, FAPM (second from left), and Elisabeth Kunkel, MD, FAPM.

STOUDEMIRE AWARD

The Alan Stoudemire Award for Innovation and Excellence in Psychosomatic Medicine Education is given for innovation and impact in creatively educating medical students and residents in C-L/PM. The honoree of this award for 2013 was **J. Michael Bostwick, MD, FAPM**, of Mayo Clinic, Rochester, MN. His poster was titled, "Disruptions in Development: A Pioneering Course for First-Year Medical Students Taught at the Psychosomatic Interface."

(The 2013 award was for an individual; for 2014, it will be for a program.)



James Rundell, MD, FAPM (left), 2013 Annual Meeting Program Chair, presented the Alan Stoudemire Award to **J. Michael Bostwick, MD, FAPM**.

SPECIAL PRESENTATION

In recognition of his dedicated leadership, achievements, and distinguished contributions to APM during his tenure as Executive Director, January 2005 – March 2013, Norman Wallis, PhD, received special recognition from the APM Council and was presented with a plaque by Wayne Katon, MD, FAPM.



APM President Wayne Katon, MD, FAPM (left), presented a Special Award to **Norman Wallis, PhD**.

DORFMAN JOURNAL PAPER AWARDS

For the best papers published the past year in *Psychosomatics*

Wilfred "Bill" Dorfman, MD, FAPM was a founding member of APM in 1953, served as Academy president 1959-60, and was the first editor-in chief of *Psychosomatics*, from 1960 through 1986. The Dorfman award is named in his honor, for the best papers published each year in the journal.

BEST CASE REPORT, joint winners:

- "Simultaneous Scurvy and Wernicke's Encephalopathy in a Patient with an Ascorbate-Responsive Dyskinesia"
Inbar Shavit, MD
Thomas M. Brown, MD
- "Old Disease, New Look? A First Report of Parkinsonism Due to Scurvy, and of Refeeding-Induced Worsening of Scurvy"
Mark Noble, MS
Christopher S. Healey, MD
Letitia McDougal-Chukwumah, MD
Thomas M. Brown, MD

BEST ARTICLE for Original Research, joint winners:

- "Association of Depression and Survival in Patients with Chronic Heart Failure over 12 Years"
Julie Adams, MD
Maragatha Kuchibhatla, PhD
Eric J. Christopher, MD
Jude D. Alexander, MD
Greg L. Clary, MD
Michael S. Cuffe, MD
Robert M. Califf, MD
Ranga R. Krishnan, MD
Christopher M. O'Connor, MD
Wei Jiang, MD

- "Quality Improvement and Cost Savings with Multicomponent Delirium Interventions: Replication of the Hospital Elder Life Program in a Community Hospital"

Thomas S. Zaubler, MD, MPH
Kerry Murphy, BA
Lori Rizzuto, LCSW
Rachael Santos, MSN, GNP
Christine Skotzko, MD
Jill Giordano, MA, MSW
Rami Bustami, PhD, MBA
Sharon K. Inouye, MD, MPH

BEST REVIEW ARTICLE:

"QTc Prolongation, Torsades de Pointes, and Psychotropic Medications"

Scott R. Beach, MD
Christopher M. Celano, MD
Peter A. Noseworthy, MD
James L. Januzzi, MD
Jeff C. Huffman, MD

Honorable Mention Review Article:

"Wernicke-Korsakoff-Syndrome: Under-Recognized and Under-Treated"

Elie Isenberg-Grzeda, MD
Haley E. Kutner, MA
Stephen E. Nicolson, MD



Dorfman Journal Paper Award winners in attendance at the meeting were:

Back row: Scott Beach, MD, Chris Celano, MD, Jeff Huffman, MD, and Thomas Zaubler, MD
Front row: Sarah Rivelli, MD (collecting on behalf Adams, et al), Thomas Brown, MD, and Christine Skotzko, MD.

APM FELLOWSHIPS

The Fellowship and Awards Subcommittee received an unprecedented 47 applications this year, a 291% increase on last year's mere 12. Of this total, five were not considered due to incomplete documentation, five were turned down for either not meeting the eligibility criteria or established standards, and 37 were approved. Thirty-six of the approved candidates were in attendance at the annual meeting to be inducted as new Fellows.

Yesne Alici, MD
 Andri Andri, MD
 Ilana Braun, MD
 Christopher Burke, MD
 Nancy Byatt, DO, MBA
 Lydia Chwastiak, MD, MPH
 Thomas Cummings, MD
 Talin Dadoyan, MD
 Dimitry Davydow, MD
 Inna D'Empaire, MD
 Mary Amanda Dew, PhD
 Tamara Dolenc, MD
 Mark Ehrenreich, MD
 Rachel Glick, MD
 Florina Haimovici, MD
 Robert House, MD
 Karen Johnson, MD
 Lauren Laporta, MD
 Sermsak Lolak, MD
 Michael Marcangelo, MD
 Nancy Maruyama, MD
 Shehzad Niazi, MD
 Robert Oldham, MD, MSHA
 Vani Ray, MD
 Michelle Riba, MD, MS
 Shirlene Sampson, MD, MS
 Terry Schneckloth, MD
 Gen Shinozaki, MD
 Wolfgang Soellner, MD, Prof.
 Saba Syed, MD
 George Tesar, MD
 Jody Underwood, MD
 Audrey Walker, MD
 Raymond Young, MD
 Thomas Zaubler, MD, MPH
 Paula Zimbrea, MD



*Back row: Lydia Chwastiak, Thomas Cummings, Christopher Burke, Yesne Alici
 Front row: Talin Dadoyan, Nancy Byatt, Ilana Braun, Andri Andri*



*Back row: Karen Johnson, Inna D'Empaire, Tamara Dolenc, Robert House, Dimitry Davydow
 Front row: Florina Haimovici, Rachel Glick, Mark Ehrenreich, Mary Amanda Dew*



*Back row: Terry Schneckloth, Shirlene Sampson, Michelle Riba, Robert Oldham, Michael Marcangelo, Sermsak Lolak
 Front row: Vani Ray, Lauren LaPorta, Shehzad Niazi, Nancy Maruyama*



*Back row: Thomas Zaubler, George Tesar, Paula Zimbrea, Wolfgang Soellner, Raymond Young
 Front row: Jody Underwood, Audrey Walker, Saba Syed, Gen Shinozaki*

BEST POSTER AWARDS

Jon Levenson, MD, FAPM, and Christina Wichman, DO, FAPM, co-chairs of the Oral & Poster Papers Subcommittee, presented the following awards at the 2013 Annual Meeting:

First Place: "Are Patients with Severe and Persistent Mental Illness Responsible for the Perpetration of Violence Towards Care Providers on Medical-Surgical Floors? A Retrospective Chart Review."

Presenting Author: Kristine Beard
Co-Author: Lisa Seyfried.

Second Place: "Identifying the Costs and Treatment Patterns of Depression with Fatigue and Other Common Symptoms."

Presenting Author: Rebecca Robinson
Co-Authors: Judith Stephenson, Ellen Dennehy, Douglas Faries, Michael Grabner, Swetha Rao Palli, Ralph Swindle.

Third Place: "Prenatal Mental Health Treatment and Pregnancy Outcome"

Presenting Author: Stephanie Kohler-Neuwirth
Co-Author: Christina Wichman.

BEST TRAINEE POSTERS

First Place: "Unintentional Injuries in Patients with Dementia: Hospital Course and Outcomes"

Presenting Author: Elizabeth B. Gilbert
Co-Authors: Daithi S. Heffernan, Colin J. Harrington

Second Place: "Chronobiology in Delirium and Critical Illness: The Role of Chronotherapeutics in Psychosomatic Medicine"

Presenting Author: Mark Oldham
Co-Author: Paul Desan

Third Place: "Neuropsychiatric Aspects of Anti-NMDA Receptor Encephalitis in Pediatric Patients."

Presenting Author: Susan Turkel
Co-Authors: Sheryllence Ignacio, Matt Lallas, Jay Desai



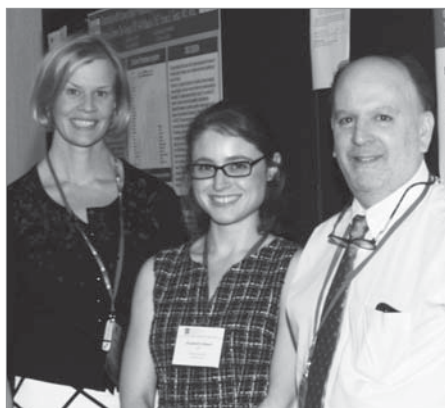
Jon Levenson, MD, FAPM (right), and Christina Wichman, DO, FAPM (center), with 1st place poster winner Kristine Beard, MD



2nd place poster winner Rebecca Robinson, MD



3rd place poster winner Stephanie Kohler-Neuwirth, MD



Christina Wichman, DO, FAPM (left), and Jon Levenson, MD, FAPM (right), with 1st place trainee poster winner Elizabeth Gilbert, MD

2nd place trainee poster winner Mark Oldham, MD



3rd place trainee poster winners Sheryllence Ignacio, MD, and Susan Turkel, MD

TRAINEE TRAVEL AWARDS

To encourage residents and C-L/PM fellows to join APM, attend the annual meeting, and eventually become new leaders of the Academy, awards of \$750 each are presented each year to top candidates to help offset the cost of attending the meeting. In a similar vein to the number of Fellowship applications, the travel awards were also heavily subscribed in 2013, with 41 candidates (vs. last year's 35) vying for just 15 awards—nearly three applications for each award. Fourteen award winners were in attendance at the annual meeting to collect their travel stipends. Thanks to the Foundation of the Academy of Psychosomatic Medicine for funding support for the travel awards.

Meredith Cait Brady, MD
University of California

Kang Won Choi, DO, JD, MPP
UCSF Fresno

Michael Butterfield, MD, MSc
Dalhousie University

Katharine Dalke, MD, MBE
Hospital of the University of Pennsylvania

Hussam Jeeff Bahloul, MD
Yale University School of Medicine

Justin Johnson, MD
Massachusetts General Hospital

Tiwalola Kolawole, MD
MetroHealth Medical Center

David Kroll, MD
Brigham and Women's Hospital

Vanessa Lentz, MD, MSc
University of Toronto

Amy Lu, MD candidate
University of Pittsburgh School of Medicine

Laura McLafferty, MD
Western Psychiatric Institute & Clinic

Mark Newman, MD
Northwestern University Feinberg School of Medicine

Katie Norfleet, MD
Psychiatry Residency Training Program, Seattle

Paul Thisayakorn, MD
University of Iowa Hospitals & Clinics

RENAISSANCE OF THE WOMEN'S CAUCUS

The Women's Caucus of the APM was started years ago with the goal of helping women achieve leadership in the Academy. Over the years, it was known to be helpful for networking and establishing mentorship relationships among members as well as networking with larger organizations like the APA regarding issues such as employment equality.

At the 2013 APM Annual Meeting in Tucson, the Women's Caucus held its first meeting after a three-year hiatus. With renewed enthusiasm, a group of 27 women gathered to discuss what we could do together for each other and for the organization. The room was filled with a balanced group of junior, mid-career, and senior women.

Among the topics discussed were ways that the Women's Caucus could be more visible at future annual meetings, with more family friendly events to encourage members to attend the meeting with their partners and families. This is part of a shared commitment to help our members balance professional and personal lives. We will also work to cultivate our members' leadership skills through skills development toolkits and workshops. The Women's Caucus will be working together to put forth nominees for awards and visiting professorships.



Leena Mittal, MD,
chair of the Women's
Caucus

Throughout the year to come, members will work to: redefine and refine our mission statement and goals; establish our system of communications; collaborate with other groups within the APM and with other organizations, including the Women's Caucus of

the APA; and create a mentorship network to connect junior/early career women with more experienced mentors. We also look forward to working closely with Academy leadership to increase the visibility of the Caucus at future annual meetings.

FINDING YOUR TRUE NORTH: *Mentorship and Career Development*

— Adrienne Tan, MD, FRCPC, DABPN
Department of Psychiatry, University of Toronto

*Life can only be understood backwards;
but it must be lived forwards.*

— Kierkegaard

Upon completion of a psychosomatic medicine fellowship at Brigham and Women's Hospital in 2008, I returned to Toronto to become an attending on the medical psychiatry service at Toronto General Hospital. I look back on those initial disorienting, anxiety-provoking, and exciting few months as attending with a mixture of fondness and relief. Transitions can be both challenging and growth-promoting periods that help to shape our personal and professional identities in significant ways. Little did I know how many transitions I would be negotiating in that first year.

In December of 2008, my husband and I took a much-anticipated trip to Southeast Asia. When I returned from the trip, I thought I had gotten some sort of gastrointestinal bug. It turned out this "bug" lasted another eight months and resulted in the birth of our first child. As happy an event as this was, it also set into motion a whole other dimension of personal and professional transitions. Moreover, when I was about 20 weeks pregnant, I was given a local education coordination role. This transition in leadership turned out to be a rocky one that could be the topic of a whole other discourse.

Whilst it was gratifying to see both my personal and professional life coming into greater focus, there were times I felt overwhelmed. I needed to get my bearings. The help that I needed came in a

serendipitous manner through unsolicited mentorship from Dr. Susan Lieff. At its heart, mentorship is an orienting relationship that fosters authentic connection to our work and lives as a whole. During a conversation with Dr. Lieff, I mentioned that I was planning to travel to Las Vegas to present at the annual Academy of Psychosomatic Medicine meeting with what would be my six-week old daughter. I was in the third trimester of pregnancy, and had not yet figured out how I would have a baby and continue working. The frank conversation that followed turned out to be a nodal one for me in terms of my career development. After asking permission to speak openly about something she felt strongly about, I recall Dr. Lieff saying that "Life is a pie." She continued, adding that perhaps the "family part" of my pie would be larger for now. She also emphasized making space for becoming a parent and enjoying the time with my new baby.

It was such a relief to have the viewpoint of not only a respected educator but also someone who was a parent and had the benefit of lived experience. The metaphor of the pie allowed me to envision my life as an integrated whole rather than as two separate compartments of work and home life. This is something else invaluable that a mentor provides: perspective. Authentic connection to our lives occurs through making choices that resonate with our values. In reflecting on the meaningful ways in which my career and family life have developed since that nodal conversation, I feel fortunate to have benefited from the wisdom and generosity of a valued mentor.

To join the Women's Caucus, please email Leena Mittal, MD, at lmittal@partners.org with your name, organization/affiliation, and contact information.

We look forward to your participation.

 @APM_Psychiatry

Bioethics

Co-Chairs: Rebecca Weintraub Brendel, JD, MD, FAPM, and Mary Ann Cohen, MD, FAPM

Interest in bioethical issues has markedly increased over the last year with the welcoming of new members, high attendance at our SIG symposia, and a bioethics-focused Visiting Professorship at UCLA–Olive View. We had three Bioethics SIG symposia at the 2013 APM Annual Meeting, including a collaborative SIG symposium:

- “From Decisional to Dispositional Capacity: When is the patient ‘The Boss of His or Her Own Body?’” had the enthusiastic participation of 116 participants.
- “Bioethical Aspects of Older Adult Health Care Reform: The Future or Back to the Future,” had 26 attendees.
- “Collusions of Silence and Bioethical Dilemmas Unique to HIV Psychiatry,” co-sponsored with the HIV/AIDS Psychiatry, SIG and Child Psychiatry SIG, had 36 engaged participants.

The Bioethics SIG Bibliography Task Force, comprised of Chair, Cynthia Geppert, and members Laura Roberts, James Kimball, and Kristin Beizai, began work on updating the annotated bioethics bibliography for psychosomatic medicine psychiatrists. This bibliography is now 15 years old (Psychosomatics 1999; 40:369-379) and much has changed since its publication.

Most of the prior authors have agreed to work with our Task Force. Cavin Leeman has volunteered to serve as a consultant to the Task Force and several of the original authors, including Marguerite Lederberg, have offered to make contributions to the process. In 2014, we will be developing a Bioethics SIG web page and we continue to invite the participation of new members in our SIG.

Community-Based PM Physician Practice Issues

Chair: A. Jason Richter, MD

The Community Based Psychosomatic Physician Issues SIG is looking forward to a more

active role in 2014. Please take a few minutes and visit the APM website and look at the Health Reform Toolkit to Promote Psychosomatic Medicine, under the Education tab. I have utilized the PowerPoint presentation, “The Value of Psychosomatic Medicine for Hospital Systems,” which was well-received by the administration and medical officers at my local facilities, to reinforce the benefits of an active Psychosomatic Medicine service. There are other presentations that may help with talking points to underline the value of our services.

Hope to see everyone next November in Florida.

Early Career Psychiatrists (ECP)

Co-Chairs: Patrick Aquino, MD and Leeza Park, MD

The ECP SIG continues to expand interest into our listserv and to use this to increase communication between ECPs. It has been used for clinical conundrums, developing study plans for the certification exams, and initiating collaborations for academic interests. We continue to use the SIG to link members to common interests. Our goals over the coming months are to increase participation in the SIG by other ECPs within the organization, to continue to work closely with the annual meeting planning committee to incorporate ECPs into the annual meeting, and to find ways to introduce ECPs to other SIGs and committees within the organization to increase involvement overall.

HIV/AIDS Psychiatry

Co-Chairs: Mary Ann Cohen, MD, FAPM, and Kelly L. Cozza, MD, FAPM

This year the APM HIV/AIDS Psychiatry SIG celebrated its 10th anniversary at the APM 2013 Annual Meeting. Since 2003, our SIG has grown from 32 founding members to a current membership of 323 thanks to the support of the APM Council and leadership!

Since 2012, with the support of World Psychiatric Association (WPA) President, Pedro Ruiz, MD, we have been a Section of the

WPA where our SIG members have been presenting symposia and participating in the Section Chairs meetings throughout the world. The WPA website has a link to our APM web page. The WPA liaison is expanding our international outreach, especially to underserved areas. Thanks to Marshall Forstein, MD, Chair of the Steering Committee of the APA Office of HIV Psychiatry, we continue to outreach to underserved areas of the United States.

APM 2013 Annual Meeting symposia sponsored by our SIG were well attended and included two collaborative SIG symposia:

- “HIV Through the Life Cycle,” co-sponsored with the Child Psychiatry SIG
- “Collusions of Silence and Bioethical Dilemmas Unique to HIV Psychiatry,” co-sponsored with the Bioethics SIG and Child Psychiatry SIG
- “International Approaches to HIV Psychiatric Care in the Ambulatory Setting”

A plan was made for the continual quarterly updating of the HIV Psychiatry Annotated Bibliography developed by SIG members Oliver Freudenreich and Maria Ferrara, along with other consultants under the aegis of the APM Research and Evidence-Based Practice Committee. We appointed a SIG Task force to create this updatable bibliography. Find it on the APM website under Education > Library > Monographs.

Adriana Carvalhal, was appointed editor of a newly-planned quarterly HIV Psychiatry SIG e-newsletter that will include the results of both the Bibliography Task Force as well as updates on HAND.

We welcome suggestions for new members and invite you and your colleagues to attend our meetings and to join our APM HIV/AIDS SIG!

International Forum

Chair: Michael Sharpe, MD, FAPM

The APM now has members from all over the world. The International SIG developed out of a breakfast meeting to welcome attendees at the APM Annual Meeting and is now de-

APM SPECIAL INTEREST GROUPS

veloping into an “international forum.” Its aim is to enable the sharing of experience and information about services by psychiatrists from different countries (including the USA). APM members who are part of the SIG also act as APM ambassadors, supporting the Academy’s increasing international role in the dissemination of research and education relevant to psychosomatic medicine. Please feel free to join in at the next annual meeting.

Medicine & Psychiatry

Chair: Thomas Heinrich, MD, FAPM

APM’s Medicine & Psychiatry SIG consists of APM members who have either completed combined training (internal medicine/psychiatry, family medicine/psychiatry, pediatric/psychiatry/child psychiatry) or who are practicing in the field of integrated medical-psychiatric care. The goal of this SIG is to bring professionals practicing psychosomatic medicine together to discuss important topics, such as building careers that integrate medicine and psychiatry, clinical cases, research initiatives, and training issues. If you are interested in joining our Google Group, please do not hesitate to email me at theinric@mcw.edu.

The Medicine & Psychiatry SIG once again presented a pre-conference course at the 2013 annual meeting entitled, “Updates in Internal Medicine for the Consultation-Liaison Psychiatrist.” This is the fourth consecutive year in which we provided this service to the Academy and the topics discussed included metabolic syndrome, calculating the QT interval, pain management, stroke, and lithium toxicity.

The Medicine & Psychiatry SIG will also gather at the Association of Medicine and Psychiatry’s Annual CME Conference, which will be held at the Blackstone Renaissance Hotel in Chicago on October 10-11, 2014. This conference has a wonderful lineup of speakers who will be teaching about integrated care models, internal medicine, psychopharmacology, and neuropsychiatry as well as the popular resident clinical vignette competition. In addition, the conference is

pleased to announce Paul Summergrad, MD, FAPM, as our honored keynote speaker. A full brochure with full conference details will be available in the coming months.

Palliative Medicine & Psycho-Oncology

Chair: Rachel Lynn, MD

We are happy to announce that, at the last APM meeting, we were able to expand the Palliative Care SIG to include psycho-oncology, forming the new Palliative Care & Psycho-Oncology SIG.

The purpose of our SIG is to foster clinical, educational, and research collaboration among providers with an interest in these areas. We are in the process of organizing a listserv to facilitate regular electronic communication among members. We hope with time to sponsor workshops/symposia for future meetings and collaborate on multicenter research endeavors to further the knowledge of our field. We look forward to seeing you all in Fort Lauderdale and please contact us if you are interested in joining our SIG.

Pediatric Psychosomatic Medicine

Co-Chairs: Maryland Pao, MD, FAPM, and Susan Turkel, MD, FAPM

APM’s Pediatric Psychosomatic Medicine (Peds PM) SIG had record attendance, with 20 members, at the 60th annual meeting in Tucson! The Peds PM SIG will continue to expand APM’s child psychiatry membership and to promote training and education in Peds PM at APM and other national meetings.

Our SIG members also participated in a number of symposia including:

- 1) “HIV Through the Life Cycle,” with the HIV/AIDS SIG
- 2) “Child Psychiatric Emergencies: What Brings Children with Acute Mental Illness to Emergency Rooms, and What Should We do with Them Once They Get There,” with the Emergency Medicine SIG
- 3) “Using Telepsychiatry to Deliver Psychiatric Consultation and Treatment as Part of an Integrated Care Model”

4) “Good Grief: The Role of Psychosomatic Medicine Supporting Death and Dying in Different Settings”

5) “Collusions of Silence and Bioethical Dilemmas Unique to HIV Psychiatry,” with the HIV/AIDS and Bioethics SIGs.

We are working with members from the American Academy of Child Psychiatry to develop a pediatric delirium working group and a pediatric emergency medicine group with members from both organizations. The APM Peds PM SIG web page is now live on the APM website and will be further developed over time—please visit us! All APM members are welcome to join.

Women’s Health

Co-Chairs: Nehama Dresner, MD, FAPM, Christina Wichman, DO, FAPM, and Nancy Byatt, DO, FAPM

The APM Women’s Health SIG meets annually to bring together those interested in issues surrounding women’s mental health, including topics such as psychotropic medication use in pregnancy and lactation, psychological implications of infertility, pregnancy termination and loss, and sexual dysfunction as well as the effect of hormonal fluctuations on mood and anxiety.

The 2013 APM Annual Meeting showcased two presentations and a pre-conference course in the area of women’s mental health, in addition to several posters on the topic. For the 2014 APM Annual Meeting, we are planning to submit a clinically case-based workshop on management of pregnant patients, as well as a symposium on substance abuse in pregnancy and collaborative care models in OB/GYN settings. The SIG is working to put together a bibliography of review articles on women’s mental health. Additionally, Laura McLafferty, MD, is leading a group who will be writing a review article on the treatment of substance use in pregnancy.

We welcome new members and invite you contact one of the co-chairs if you are interested in learning more about the Women’s Health SIG.

Committee Reports

Communications Committee

— Jeff Huffman, MD, FAPM, Chair

APM's Communication Committee continues to work toward greater communication and value for members. New on the website are sets of annotated abstracts of articles of interest to APM members, sorted by subspecialty, along with a new monograph on aggression and violence. APM is now on Twitter (@APM_Psychiatry), and we will be tweeting new APM updates, *Psychosomatics* tables of contents, and other information important to psychosomatic medicine clinicians.

APM's Live Learning Center, linked on the main website, has video content from key sessions of the 2013 APM Annual Meeting, including plenary sessions and all four sessions of the Updates course. In the coming months, we are hoping to reinvigorate our Facebook page and to continue to provide extra content to APM members via the website and social media.

Education Committee

— Philip Bialer, MD, FAPM, Chair

The Education Committee is comprised of five very active subcommittees: Medical Student Education, Residency Education, Fellowship Education, Interdisciplinary Education, and Maintenance of Certification (MOC). These subcommittees are looking to complete some ongoing projects in the coming year as well as starting work on some exciting new projects.

The **Medical Student Education Subcommittee**, led by **Margo Funk, MD**, will be completing work on a multi-part project started two years ago. Medical school clerkship directors were surveyed about the consultation-liaison experience of medical students during their Psychiatry Clerkship. These preliminary results were previously presented in a workshop at the Academy's annual meeting. The second part of this project involves doing a survey of medical students assessing their experience in psychosomatic

medicine clerkships. The subcommittee's goal is to eventually develop the guidelines for medical students in psychosomatic medicine based on the results of this project.

Previously, the **Residency Education Subcommittee**, led by **Ann Schwartz, MD, FAPM**, and **Paula Zimbrea, MD, FAPM**, created a peer-reviewed series of PowerPoint presentations to be used as a psychosomatic medicine curriculum in psychiatric residency training. The subcommittee will be updating the presentations so they are compatible with DSM-5 terminology. The committee also will be developing competency milestones for psychiatry residents in psychosomatic medicine, which will be linked to ACGME's Next Accreditation System. Connected to this project, the subcommittee will also begin to develop vignettes to be used as evaluation tools for residency education in PM.

In the past year, the **Fellowship Education Subcommittee**, led by **Paul Desan, MD, PhD, FAPM**, and **Madeleine Becker, MD, FAPM**, has been discussing the advantages and disadvantages of "fast-tracking" residents into psychosomatic medicine fellowship training. The outcome of this proposal is still to be determined. The subcommittee was also involved in the participation in the NRMP Specialties Services Match (see page 5 for more on this). In the coming year, the subcommittee will evaluate the Match results and work on organizing our participation in the coming year and continue efforts to increase recruitment of psychiatry residents into fellowship training. The subcommittee will also be working on developing standards and evaluation toolkits for milestones in fellowship training.

The **Interdisciplinary Education Subcommittee**, chaired by **Lorin Scher, MD**, plans to complete the peer-review process of the Primary Care Curriculum PowerPoint presentations. The goal is to publish these presentations on the APM website. This will be a valuable tool for Academy of Psychosomatic Medicine members who give educational talks to a primary care audience.

The **MOC Subcommittee**, chaired by **Bob Boland, MD, FAPM**, will continue its excellent and painstaking work in developing an MOC self-assessment exam for this year's annual meeting. These exams have become an invaluable resource for those members recertifying in Psychosomatic Medicine. They also serve as a terrific preview of the breadth of presentations available at the annual meeting.

Research and Evidence Based Practice Committee

— Jeff Huffman, MD, FAPM, Co-Chair

— Michael Sharpe, MD, FAPM, Co-Chair

The Academy has a new committee for 2014: the Research and Evidence Based Practice Committee has been created by amalgamating the former Research Committee and the Guidelines and Clinical Practice Committee. The aims of this new expanded committee are to provide the Academy with a more effective and efficient means of both facilitating research and enhancing its dissemination and implementation.

As well as promoting research and evidence-based practice, and awarding the Dlin/Fischer, Research, and Webb Fellowship awards, the new committee will step up the Academy's research dissemination activities. It will do this by producing sets of abstracts of research publications every quarter; many are already done, so look for them under Education > PM Library on the APM website. The committee will also produce an annual distillation of the best articles and abstracts for publication in *Psychosomatics*.

The new committee is jointly chaired by **Michael Sharpe, MD, FAPM**, and **Jeff Huffman, MD, FAPM**, who wish to thank all of the previous members of their respective committees and welcome the new members for 2014. If you have any ideas or suggestions about how the Academy can further enhance its research enterprise or its dissemination of relevant research findings, please get in touch with either Michael or Jeff.

— Philip R. Muskin, MD, FAPM
Chair, fAPM Board of Directors

Generosity has its rewards, both internal and external, as those of you who were at the fabulous Friday night event at the APM meeting this past November in Tucson can attest. The big winners of the fAPM annual raffle were **Linda Worley, MD, FAPM**, who won an iPad, and **Manny Pacheco, MD, FAPM**, who won a \$1,000 Sony gift card. Each purchased numerous raffle tickets. Many of you had the chance to meet Debbie Schneider, the new fAPM coordinator. Debbie will be guiding us in our fundraising activities and we are fortunate to have her working with us. **Nehama Dresner, MD, FAPM**, planned the Friday night event and it was a lovely evening of food, drink, music, stargazing, raffle, and silent auction. Thank you to all who bought raffle tickets and to all who bid on the items in our silent auction.

Funds raised by fAPM support the mission of the Academy, helping to support medical student/resident travel awards and the Webb Fellowship. Bringing students, residents, and fellows to our meeting helps to preserve our future and is crucial to the growth of the field. You can donate at any time of the year by clicking the link to the "Foundation" on the APM website (fAPM is a 501(c)(3) charitable organization). Our goal is to engage 100% of the membership to contribute with a straightforward donation: If every

member of the Academy donated \$100 we would have \$100,000 to invest to endow our activities.

We would like to thank those who have joined the ranks of "Do honor with your honorarium." These are people who have donated speaker honoraria, pre-conference course honoraria, award honoraria, and book honoraria to fAPM. This is an easy way to donate and can be accomplished by arranging for a direct donation to fAPM from the organization paying the honorarium. There are no tax consequences for the person donating the honorarium. If you would like to make such a donation, please contact Phil Muskin, MD, FAPM, who has been able to contribute honoraria from several books, and he can go over the process with you.

Would you like to volunteer to support fAPM? We very much welcome APM members who want to help secure items or experiences that are attractive and would be fun for our silent auction and raffle. Do you have a great idea that will assist in our fundraising efforts? Would you like to talk to an fAPM Board member about someone outside of APM who might be interested in supporting our activities? We all benefit from the collective efforts of the entire Academy.

Application Deadlines for APM 2014 Awards

April 1

Hackett Award
Research Award
Award of Special Recognition
Distinguished Service Award
Stoudemire Award
Visiting Professorship

August 1

Dorfman Journal Paper Award
Webb Fellowship Award
Trainee Travel Award
Academy Fellowship (FAPM)

For more information, go to
www.apm.org/awards

MARK YOUR CALENDARS: FUTURE APM ANNUAL MEETINGS

November 11–14, 2015

62nd Annual Meeting
Hilton Riverside Hotel
New Orleans, LA

November 9–12, 2016

63rd Annual Meeting,
JW Marriott Austin Hotel
Austin, TX

HEALTH CARE GROUPS COLLABORATING TO ENSURE PARITY IS A REALITY

The American Psychiatric Association recently invited APM to participate in a meeting of representatives from 25 key national health and mental health organizations that focused on how our collective efforts can help ensure effective implementation of mental health parity.

On November 8, 2013, the Obama administration released the final rule for the Mental Health Parity and Addiction Equity Act

of 2008. Insurance companies must now be more transparent, cannot create clinical standards to deny care, and must reimburse at equitable rates for mental illness, including substance use disorder treatment.

The summit, "Achieving Parity: Moving Forward after the Final Rule," was held on December 6, 2013, in Arlington, Virginia. Former Congressman Patrick Kennedy, a long-time parity advocate and co-author of

the federal legislation, facilitated the meeting. Attendees discussed issues such as parity education, enforcement, and Medicaid. Of particular interest to APM was the discussion of how important it will be to provide integrated collaborative mental health care in primary and specialty medical settings. We were represented in the meeting by **Steve Epstein, MD, FAPM**, Vice-President of APM.

Academy of Psychosomatic Medicine

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NEWSLETTER

APM — Psychiatrists Providing Collaborative Care for Physical and Mental Health

APM 61ST ANNUAL MEETING

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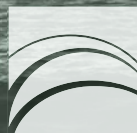
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