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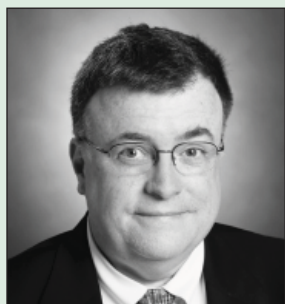
Newsletter

Winter 2011

Academy of Psychosomatic Medicine

The Organization for Consultation-Liaison Psychiatry

President's MESSAGE — John L. Shuster, Jr., MD, FAPM



I am very proud to serve as President of the Academy of Psychosomatic Medicine this year. This is an exciting time for our organization as we build on the growth of the past several years. We are now more than 900 members strong, and growing. APM members are expanding the evidence base of our field, training the next generation of Psychosomatic Medicine specialists, and providing excellent care to patients with concurrent medical and psychiatric illness.

I hope all of you were able to attend last year's APM Annual Meeting in Marco Island, Florida. If you did, I am sure you'll agree with me that it was a great gathering with outstanding plenaries, symposia, workshops, pre-conference courses, and presentations of original research. Last year's program chair **Linda Worley**, last year's president **David Gitlin**, and the Annual Meeting Committee constructed an outstanding meeting—the highlight of the APM year. A special thanks to APM's executive director Norman Wallis, Kristen Flemming, and the rest of the staff at PAI Management Corporation for all their hard work in organizing the Annual Meeting, as well as all the support they provide APM throughout the year.

We started the new year with a new publisher for our journal, *Psychosomatics*. By now, you should have received your first issue published by Elsevier, sporting a new look inside and out. The leadership of your Academy is excited about our new partnership with Elsevier, and under Editor-in-Chief **Ted Stern's** leadership, *Psychosomatics* is poised to continue along its trajectory of strong growth. The future is bright for our journal.

The APM Council has determined that this is the time to formally revisit our strategic plan. At the Council's mid-year meeting in June, we'll hold a strategic planning retreat, aimed at mapping out the Academy's growth for the next several years. We have retained a professional consultant and facilitator who will be working in concert with the APM Council to prepare for our working time together in June. You'll hear much more about the outcomes of this process as the work progresses, but in the meantime, any members who have thoughts or ideas about the strategic priorities of the Academy are welcome to submit comments to me, **Wayne Katon**, chair of the Strategic Planning Committee, Norman Wallis, APM's executive director, or any member of the APM Council.

Another priority project for the year is advancement of a Maintenance of Certification (MOC) process, in partnership with the American Board of Psychiatry and Neurology. APM committees, including the Education and Clinical Practice committees, have already been working hard producing materials and content that both enhance the value of membership and can enhance the teaching, learning, and practice of psychosomatic medicine. As you know, along with certification in psychosomatic medicine comes the need for formal re-certification, and a working group, led by **Bob Boland**, is in the process of developing plans and proposals for that process. You'll hear more about this project in the months to come.

(continued on page 2)

ANNUAL MEETING 2011

APM 58th Annual Meeting in Arizona

"Psychosomatic Medicine: Innovation and Opportunity in Community Practice Settings"

—**Rebecca Weintraub, Brendel**
MD, JD, FAPM
2011 Annual Meeting Chair


Spring greetings from Boston!

What a spectacular 2010 Annual Meeting we had in Marco Island—just a few months ago! Many thanks to program chair **Dr. Linda Worley**, the Annual Meeting Committee Members, and the presenters who made the meeting a terrific success. The program was more varied than ever and the setting provided the perfect backdrop for seeing old friends and colleagues and fostering new relationships and connections. In addition to the diverse program, particular successes of the meeting were high atten-

(continued on page 4)

ISSUE HIGHLIGHTS:

- 2010 Meeting Highlights & Awards
- 2011 Meeting near Phoenix
- Call for Abstracts: April 15 Deadline
- 2011 PM Fellows & New APM Members

 view this issue on the web
at www.apm.org/newsletter

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President's Message (cont. from page 1)

The committees and subcommittees of the APM are already hard at work. To those who have volunteered time and energy to advancing the work of APM, please know that I am most grateful for your effort and for your dedication to our mission. For anyone who wants to become more active in the work of the Academy, it's not too late to join in. While the membership rosters are filled for the current year, there is room to add interested members to committees and subcommittees as consultants, who can be engaged fully in a group's work in every way other than voting. Consultants are prime candidates to move up to full membership in committees and subcommittees in subsequent years. Please contact me with your ideas and interests if you'd like to join the work of an APM committee or subcommittee.

Please mark your calendars for this year's Annual Meeting, scheduled for November 16-20 at the Sheraton Wild Horse Pass Resort and Spa in Phoenix. **Becca Brendel** and this year's Annual Meeting Committee are already hard at work building a stellar program around our theme, "Psychosomatic Medicine: Innovation and Opportunity in Community Practice Settings." In addition to the stimulating programmatic offerings that all of us have come to expect, we'll be emphasizing the clinical practice of psychosomatic medicine. **Roger Kathol** and **Jim Rundell** have agreed to give plenary presentations consistent with the theme. If you have friends and colleagues who practice psychosomatic medicine in community settings, especially if they are not currently APM members, please make a special attempt to invite them to attend this year's Annual Meeting. We aim to craft a meeting they will not want to miss—and neither will you.

To paraphrase the introductory line of most State of the Union addresses, the state of our Academy is strong. We're in excellent financial shape, we're growing, members are doing exciting work, and we are making plans for a bright future. It's a great time to work and practice in psychosomatic medicine. I'm looking forward to a great year for the Academy.

New Online **MEMBER MANAGEMENT SYSTEM** *and New Login to Members' Corner*

APM has invested in a major upgrade to the computer software we use for managing our membership, conferences, committees, sales—in fact all aspects of APM. This investment will provide faster and more complete service for you as well as for the Academy office.

The first major benefit is **online membership renewal for 2011**. In the past, APM mailed renewal notices for you to complete and return by mail or fax for processing. Renewal invoices were again mailed in January for 2011, but now you can renew your membership online and download a receipt instantly, similar to your experience with retailers, hotels, and airlines. If you have reservations about paying online, you can print your invoice and complete the credit card details and either fax the form to the office at (301) 656-0989 or mail the form with a check.

To accommodate this upgrade, your renewal invoice should have come with your personal, unique login to the APM Members' Corner on the Web site. Your login username is your email address; your password was issued with a default password, and we encourage you to change your password as soon as convenient to protect your identity on the site. Your login allows you to not just renew your membership, but to also **change your membership profile** (including your password) and to give you **access to the new Psychosomatics Web site** without having to log in separately for the journal.

Please note that if we do not have your email address, you will not be able to log in!!! Please contact APM's Membership Assistant, Rene Atkinson at 301-718-6536 or membership@apm.org if you cannot access the Members' Corner. The old login of consultation/liaison for the username/password no longer works.



2010-2011 Council members:

Back row: Lawson Wulsin, Theodore Stern, Linda Ganzini, John Shuster, Stephen Epstein, Donald Rosenstein

Front row: Rebecca Brendel, Philip Muskin, Christine Skotzko, David Gitlin, Linda Worley, Wayne Katon

Not pictured: Carol Alter, Robert Boland, Catherine Crone, James Rundell, Michael Sharpe

2010-2011 COUNCIL

Executive Committee:

President John Shuster, Jr., MD, FAPM, *Chair*
 President-Elect: Donald L. Rosenstein, MD, FAPM
 Vice President: . Wayne J. Katon, MD, FAPM
 Secretary:..... Linda L.M. Worley, MD, FAPM
 Treasurer: Catherine C. Crone, MD, FAPM

Immediate Past Presidents & Governors:

David F. Gitlin, MD, FAPM
 Carol L. Alter, MD, FAPM

Councilors: Robert Boland, MD, FAPM
 Rebecca Brendel, MD, JD, FAPM
 Steven A. Epstein, MD, FAPM
 Linda K. Ganzini, MD, FAPM
 Maryland Pao, MD, FAPM
 James R. Rundell, MD, FAPM
 Christine E. Skotzko, MD, FAPM
 Michael Sharpe, MD, FAPM
 Lawson Wulsin, MD, FAPM

Editor, *Psychosomatics*:

Theodore A. Stern, MD, FAPM

Chair, Foundation of the APM

Philip R. Muskin, MD, FAPM

Executive Director:

Norman Wallis, PhD

2010-2011 COMMITTEES, SUBCOMMITTEES, AND CURRENT CHAIRS

Annual Meeting Committee.....Rebecca Brendel, MD, JD, FAPM
 Pre-conference Courses Philip A. Bialer, MD, FAPM
 Early Career Track..... Thomas W. Heinrich, MD, FAPM
 Workshops & Symposia..... J. Michael Bostwick, MD, FAPM
 and Christopher Sola, DO, FAPM
 Oral Papers & Posters Jon Levenson, MD, FAPM
 Local Arrangements Nehama Dresner, MD, FAPM
Clinical Practice Committee James Rundell, MD, FAPM
 Business of PM Lawson R. Wulsin, MD, FAPM
 Guidelines & Evidence-Based
 Medicine..... Oliver Freudenreich, MD, FAPM
 Public Policy M. Cornelia Cremens, MD, FAPM
Communications Committee..... Robert Boland, MD, FAPM
 Website Jeff C. Huffman, MD
Education Committee Steven A. Epstein, MD, FAPM
 Fellowship Education Terry Rabinowitz, MD, FAPM
 Interdisciplinary Education Divy Ravindranath, MD, MS
 Medical Student Education..... Lucy Epstein, MD
 Residency Education..... Thomas W. Heinrich, MD, FAPM
 Maintenance of Certification Robert Boland, MD, FAPM
Finance Committee Catherine C. Crone, MD, FAPM
Governance Committee..... Linda L.M. Worley, MD, FAPM
 Constitution and Bylaws..... Harold E. Bronheim, MD, FAPM
 Standards & Ethics Rebecca W. Brendel, MD, JD, FAPM
Membership Committee Christine Skotzko, MD, FAPM
 Fellowship and Awards..... Elisabeth J.S. Kunkel, MD, FAPM
 Member Services..... Maria Tiamson-Kassab, MD, FAPM

Nomination & Leadership

Committee..... Donald L. Rosenstein, MD, FAPM

Research Committee..... Michael Sharpe, MD, FAPM

Strategic Planning Committee..... Wayne J. Katon, MD, FAPM

*See the full roster of APM committees and subcommittees at
www.apm.org/about/organization.shtml*

Sheraton Wild Horse Pass

RESORT & SPA

Located in the Sonoran Desert on an expanse of rugged Arizona landscape where the ancient vistas, mountains, and roaming wild horses remain untouched, the Sheraton Wild Horse Pass Resort & Spa combines the comfort and elegance of an award-winning hotel with unique cultural influences. Unlike other hotels, here the architecture, design, and art of the local Pima and Maricopa tribes of the ancient Gila River Indian Community are integrated into every aspect of the hotel, indoors and out, providing an atmosphere of quiet serenity in a setting that echoes with ancient traditions, an atmosphere where guests can easily combine business and pleasure.

The resort is only 11 miles from Phoenix Sky Harbor International Airport and 15 miles from Phoenix, making big-city shopping and endless dining options just minutes away. On-site dining options, which are many, include the hotel's signature restaurant, Kai, Arizona's only 2011 winner of the coveted AAA Five Diamond Award, and one of just 23 in the US of the Forbes Five Star Award for 2011. Kai, meaning 'seed' in the Pima language, features a menu that incorporates cultural influences with locally farmed ingredients from the Gila River Indian Community.

To work up an appetite, enjoy championship golf on one of two distinct 18-hole golf courses, play a match of tennis, or embark on a horseback adventure at the on-site Koli Equestrian Center. Or cool off in one of the four pools with cascading waterfalls and a 111-foot waterslide. Or take a scenic boat ride on the 2½ mile replica of the Gila River to the 1880s western town Rawhide for boundless family fun. Just need to relax? The Aji Spa is a 17,500-square foot oasis with 17 treatment rooms, full service salon, fitness center, and café.



Wild horses shouldn't keep you away from the Sheraton Wild Horse Pass Resort & Spa for the 2011 Annual Meeting just outside of Phoenix, Arizona.

APM has reserved a block of rooms at this unique resort with a special rate of **\$169 per night for a single/double**, which includes all portage and housekeeping gratuities, free Internet in sleeping rooms, access to the Aji Spa fitness center, and complimentary self parking. When making reservations mention "APM" to receive the special room rate. Please make your reservation as soon as practical.

Sheraton Wild Horse Pass Resort & Spa
5594 West Wild Horse Pass Boulevard
Chandler, AZ 85226;

Tel: 602-225-0100 or 800-325-3535; Fax: 602-225-0300

800-325-3535

The number to call to reserve your room at the Sheraton Wild Horse Pass for \$169/night. Be sure to mention you are attending the APM Annual Meeting.

2011 Annual Meeting (cont. from page 1)

dance, a robust offering of pre-conference update and skills courses, new programs for trainees, and several successful events to support the Foundation of the APM.

Planning is underway for the 2011 APM Annual Meeting near Phoenix, Arizona. The Annual Meeting Committee has had its first phone meeting and members are hard at work. The theme, "Innovation and Opportunity in Community Practice Settings," is sure to attract wide attendance and exciting presentations about the contributions C-L psychiatry can provide to outpatient and other practice settings—especially as the country is on the eve of the next wave of health care reform.

For this year's meeting we have chosen the beautiful Sheraton Wild Horse Pass Resort and Spa, located in the Gila River Indian Community reservation just outside Phoenix. This unique property

incorporates the culture of the Maricopa (Pee Posh) and Pima (akimel O'otham) Native American tribes in an unspoiled Sonoran Desert oasis. This truly spectacular location incorporates the art and culture of the indigenous people with the natural beauty of the Gila River and the approximately 1,500 wild horses that roam free on the more than 640 square-mile reservation. Two golf-courses, several pools, a spa, and an equestrian center are just some of the wonderful amenities that complete this unique location.

We look forward to another spectacular meeting, so save the dates for November 16–19, 2011. We are eagerly awaiting abstract submissions for a stimulating and exciting scientific program. The final date for submissions is April 15, 2011.

Warm regards,
Becca

July 2011 PM Fellowship Trainees

2011-2012

The Academy congratulates these current residents who will begin a fellowship training program in psychosomatic medicine this summer.

Jorge Aguilar-Zanatta, MD
Yale-New Haven Medical Center
New Haven, CT

Rais Baig, MD
Memorial Sloan-Kettering Cancer
Center/New York Presbyterian Hospital
(Cornell Campus)
New York, NY

Yubaraj Bhandari, MD
St Luke's-Roosevelt Hospital Center
New York, NY

Jozef L. Bledowski, MD
Virginia Commonwealth University
Health System
Richmond, VA

Ulas Camsari, MD
University of Maryland
Baltimore, MD

Christopher Celeno, MD
Massachusetts General Hospital
Boston, MA

Denish Chang, MD
University of Washington
Seattle, WA

Alisia Desai, MD
Cedars-Sinai Medical Center/VA
Greater Los Angeles Healthcare System
Los Angeles, CA

Jennifer Desi, MD
Georgetown University Hospital/Wash-
ington Hospital Center
Washington, DC

Arusha Farahani, MD
Albert Einstein College of Medicine at
Long Island Jewish Medical Center
New Hyde Park, NY

Catherine A. Fernicola, MD
Virginia Commonwealth University
Health System
Richmond, VA

Anique Forrester, MD
Thomas Jefferson University
Philadelphia, PA

Mauro Garcia Altieri, MD
Albert Einstein College of Medicine
Bronx, NY

Emily Gastelum, MD
New York Presbyterian Hospital (Co-
lumbia Campus)
New York, NY

Mencia Gomez de Vargas, MD
Albert Einstein College of Medicine
Bronx, NY

Maria Harmandayan, MD
Mayo Clinic College of Medicine
Rochester, MN

Alric Hawkins, MD
Vanderbilt University
Nashville, TN

Nicole Herschenhou, MD
Brigham and Women's Hospital
Boston, MA

Saira Hussain, DO
Albert Einstein College of Medicine at
Long Island Jewish Medical Center
New Hyde Park, NY

Filza Hussain, MD
New York Presbyterian Hospital (Co-
lumbia Campus)
New York, NY

Jerry Ignatius, MD
Jackson Memorial Hospital/Jackson
Health System
Miami, FL

Ana Ivkovic, MD
Massachusetts General Hospital
Boston, MA

DeviNalini Kamaraj, MD
Yale-New Haven Medical Center
New Haven, CT

Andrew Kim, MD
Brigham and Women's Hospital
Boston, MA

Rebecca King, MD
Memorial Sloan-Kettering Cancer
Center/New York Presbyterian Hospital
(Cornell Campus)
New York, NY

Stephanie Kohler-Neuwirth, MD
Medical College of Wisconsin Affiliated
Hospitals
Milwaukee, WI

Travis Lajoie, MD
Oregon Health & Science University
Portland, OR

Mallika Lavakumar, MD
New York Presbyterian Hospital (Co-
lumbia Campus)
New York, NY

David Liu, MD
San Francisco VA Medical Center/
UCSF
San Francisco, CA

Melissa Maitland, MD
George Washington University, Inova
Fairfax Hospital
Falls Church, VA

Christine Marchionni, MD
Thomas Jefferson University
Philadelphia, PA

Sirosh Masuood, MD
Albert Einstein College of Medicine at
Long Island Jewish Medical Center
New Hyde Park, NY

Jordan Matus, MD
Albert Einstein College of Medicine
Bronx, NY

Weronika Mikula-Gondek, MD
Georgetown University Hospital/Wash-
ington Hospital Center
Washington, DC

Pamela Mirsky, MD
Brigham and Women's Hospital
Boston, MA

Shruti Mutalik, MD
Memorial Sloan-Kettering Cancer
Center/New York Presbyterian Hospital
(Cornell Campus)
New York, NY

Scott Nichols, MD
Memorial Sloan-Kettering Cancer
Center/New York Presbyterian Hospital
(Cornell Campus)
New York, NY

Maria Nieves, MD
New York Medical College at
Westchester Medical Center
Valhalla, NY

Mohammad Asim Nisar, MD
St Luke's-Roosevelt Hospital Center
New York, NY

Gulam Noorani, MD
Yale-New Haven Medical Center
New Haven, CT

Larissa Orloff, MD
Cedars-Sinai Medical Center/VA
Greater Los Angeles Healthcare System
Los Angeles, CA

Margot Phillips, MD
Boston University Medical Center
Boston, MA

Aaron Riley, MD
Medical College of Wisconsin Affiliated
Hospitals
Milwaukee, WI

Abishek R. Rizal, MD
University of Texas Southwestern
Medical School
Dallas, TX

Xiomara Rocha, MD
Memorial Sloan-Kettering Cancer
Center/New York Presbyterian Hospital
(Cornell Campus)
New York, NY

Michael Rosas, MD
Albert Einstein College of Medicine at
Beth Israel Medical Center
New York, NY

James Rustad, MD
Massachusetts General Hospital
Boston, MA

Beena Saad, MD
Albert Einstein College of Medicine
Bronx, NY

Afia Sadiq
Albert Einstein College of Medicine at
Beth Israel Medical Center
New York, NY

Zabe R. Sayeed, MD
Virginia Commonwealth University
Health System
Richmond, VA

Naomi Schmelzer
Brigham and Women's Hospital
Boston, MA

Sejal Shah, MD
Brigham and Women's Hospital
Boston, MA

Janet Shu, MD
Boston University Medical Center
Boston, MA

Alfred Sun, MD
George Washington University, Inova
Fairfax Hospital
Falls Church, VA

Adele Veksman, MD
Albert Einstein College of Medicine at
Long Island Jewish Medical Center
New Hyde Park, NY

Jason Williams
George Washington University, Inova
Fairfax Hospital
Falls Church, VA

Christopher Yergen, MD
Institute of Living/Hartford Hospital
Program
Hartford, CT

David Yuppa
Memorial Sloan-Kettering Cancer
Center/New York Presbyterian Hospital
(Cornell Campus)
New York, NY

Fellowship Positions Are Still Available for July 2011 at several accredited institutions. Interested PGY-4 residents, please contact the Academy Office at 301-718-6520 or apm@apm.org for a current list of openings and contact information.

2010 Annual Meeting

AWARDS

HACKETT AWARD

The Eleanor and Thomas P. Hackett Memorial Award is the Academy's highest honor, given in recognition of outstanding achievement across an entire career in psychosomatic medicine. This year's award was presented to **Donna E. Stewart, MD, FAPM**.

Dr. Stewart is the Lillian Love Chair in Women's Health at University Health Network and the University of Toronto. She is a University Professor at University of Toronto and is appointed in the Faculty of Medicine in the Departments of Psychiatry, Obstetrics/Gynecology, Medicine, Anaesthesia, Family and Community Medicine, and Surgery. She is a Senior Scientist at Toronto General Research Institute and her research interests are in women's health, women's health education, women's mental health, interpersonal violence, psychological aspects of reproductive health, psychological reaction to physical illness and international health.

Dr. Stewart is the recipient of over 100 peer-reviewed scientific research grants and has published over 260 scientific articles in peer-reviewed journals and 5 books. She is an Institutional Advisory Board Member of Canadian Institutes for Health Research Institute of Gender and Health and Deputy Editor of the American Psychiatric Publishing Inc. She is a member of the Editorial Board of Canadian Medical Association Journal and 10 other medical journals. She is immediate Past President of the International Association for Women's Mental Health. Dr. Stewart has made numerous presentations to local, provincial, federal, and international government agencies responsible for developing policy on women's health. She has won numerous awards for research and leadership and was appointed a senior advisor in women's health to the World Health Organization in 2007, and the Visiting Canadian Women Scientist to Japan in 2009, and Professor of Women's Health at King Saud University in Saudi Arabia in 2009-2013.



*Suan Abbey, MD, FAPM presented the Hackett award to **Donna E. Stewart, MD, FAPM**.*

DLIN/FISCHER AWARD

The Dlin/Fischer Clinical Research Award is presented for significant achievement in clinical research and the best paper submitted for presentation at the annual meeting. The award is named for Barney M. Dlin, MD, FAPM, president of APM 1983-84, and H. Keith Fischer, MD, FAPM, president 1975-76.

Wayne J. Katon, MD, FAPM received the 2010 Dlin/Fischer award. Dr. Katon is Professor of Psychiatry, Director of the Division of Health Services and Epidemi-



*Teresa Rumman, MD, FAPM presented the Dlin/Fischer Award to **Wayne J. Katon, MD, FAPM**. His lecture on Saturday morning was "Comorbid Depression Is Associated with an Increased Risk of Dementia Diagnosis in Patients with Diabetes: A Prospective Cohort Study."*

RESEARCH AWARD

The APM Research Award is given to honor the accomplishments and stature of a currently active researcher in the field of psychosomatic medicine. This year's award was presented to **Bruce L. Rollman, MD, MPH**.

(continued next column)



***Bruce L. Rollman, MD, MPH**, received the 2010 Research Award from **Linda Ganzini, MD, FAPM**, Chair of the 2010 Research Committee.*

ology, and Vice Chair of the Department of Psychiatry and Behavioral Sciences at the University of Washington Medical School. Dr. Katon is internationally renowned for his research on the prevalence of anxiety and depressive disorders in primary care, the relationship of psychiatric disorders to medically unexplained symptoms such as headache and fatigue, and the impact of depression and anxiety on patients with chronic medical illness. In recent years, his research has focused on developing innovative models of integrating mental health professionals and other allied health personnel into primary care to improve the care of patients with major depression and panic disorder.

Dr. Katon has received numerous awards, including APM's Research Award in 1993. He is editor-in-chief of *General Hospital Psychiatry* and is honored by being one of the Web of Science Highly Cited Authors.

Dr. Rollman is Associate Professor of Medicine, Psychiatry, and Clinical and Translational Science at the Center for Research on Health Care, Division of General Internal Medicine, the University of Pittsburgh.

Dr. Rollman's research focuses on interventions to improve the quality of care for depression and anxiety disorders in non-psychiatric settings. He has been principal investigator on several federally-funded projects including the NHLBI-funded "Bypassing the Blues" trial, the first study to examine the impact of collaborative care treatment for depression following CABG surgery. He is also board-certified in Internal Medicine and maintains an active clinical practice. Dr. Rollman is highly experienced with state-of-the-art techniques for dissemination of practice guidelines, the conduct of mental health services research in non-psychiatric settings, and the contemporary practice of medicine.

APM FELLOWSHIPS

Academy fellowship (FAPM) is bestowed on Academy members who have shown active participation as educators, researchers, or administrators in the field of C-L psychiatry/psychosomatic medicine.



2010 FAPM inductees: *E. Sherwood Brown, MD; Kewchang B. Lee MD; Paul M. Berkowitz, MD; Jeff Huffman, MD (kneeling); Hamid R. Tavakoli, MD; and Manuel Pacheco, MD.*

STOUEMIRE AWARD

The Alan Stoudemire Award for Innovation and Excellence in Psychosomatic Medicine Education is given for innovation and impact in creatively educating medical students and residents in C-L/PM. The honoree of this award for 2010 was **Philip Bialer, MD, FAPM** and the MSKCC Comskil Curriculum, an institutionally based communication skills training program for trainees and faculty.



Philip Bialer, MD, FAPM received the 2010 Stoudemire Award from Elisabeth J.S. Kunkel, MD, FAPM.

TRAINEE TRAVEL AWARDS

To encourage residents and C-L/PM fellows to join APM, attend the annual meeting, and eventually become new leaders of the Academy, 13 awards of \$750 each were presented to help offset the cost of attending the meeting. Selections were made from those trainees (residents and fellows) whose abstracts were accepted for the 2010 meeting as well as from individual applications. The 2010 award winners were:

- Anthony Cavalieri, MD
University Hospital, University of Cincinnati
- Christopher Celano, MD
Massachusetts General Hospital and McLean Hospital
- Shane Coleman, MD
Massachusetts General Hospital and McLean Hospital
- Zhanna Elberg, MD
State University of New York at Buffalo
- Anna Glezer, MD
Massachusetts General Hospital and McLean Hospital
- Stacey Gramann, MD
Oregon Health & Science University
- Christina Khan, MD
Stanford University Hospital
- Shimul Khumbhani, MD
Northwestern Memorial Hospital
- Tuong-Vi Nguyen, MD
McGill University
- Eliza Park, MD
Brigham & Women's Hospital/Harvard Medical School
- Magdalena Romanowicz, MD
Mayo Clinic Psychiatry and Psychology
- Shilpa Sachdeva, MD
SUNY Upstate Medical University
- Justin Smith, MD
University of Virginia

DORFMAN JOURNAL PAPER AWARDS

For the best papers published the past year in *Psychosomatics*

Wilfred "Bill" Dorfman, MD, FAPM was a founding member of APM in 1953, served as Academy president 1959-60, and was the first editor-in chief of *Psychosomatics*, from 1960 through 1986. The Dorfman award is named in his honor, for the best papers published each year in the journal.

➤ **BEST REVIEW ARTICLE:** "Impact of Bereavement on Progression of AIDS and HIV Infection: A Review"
Harold W. Goforth, MD, FAPM; Jill Lowery, PsyD; Toni M. Cutson, MD, MHS; Elaine S. McMillan, PhD; Christopher Kenedi, MD; Mary Ann Cohen, MD, FAPM

➤ **BEST CASE REPORT:** "Fatalities Associated with Clozapine-Related Constipation and Bowel Obstruction: A Literature Review and Two Case Reports"
Katharine R. Hibbard, MD; Arthur Propst, MD; Daniel E Frank, MD; Jonathan Wyse, MD

Honorable Mention: "Clozapine Use in HIV-Infected Schizophrenia Patients: A Case-Based Discussion and Review"
Shamin Hashemi Nejad, MD; Rajesh T Gandhi, MD; Oliver Freudenreich, MD, FAPM

➤ **BEST ARTICLE FOR ORIGINAL RESEARCH:** "Impact of Treatment for Depression on Desire for Hastened Death in Patients with Advanced AIDS"
William Breitbart, MD, FAPM; Barry Rosenfeld, PhD; Christopher Gibson, PhD; Michael Kramer, PhD; Yuelin Li, PhD; Alexis Tomarken, MSW; Christian Nelson, PhD; Hayley Pessin, PhD; Julie Esch, RN; Michele Galletta, PhD; Nerina Garcia, MA; John Brechtel, MD; Michael Shuster, MD



Elisabeth Kunkel, MD, FAPM presented the Dorfman award for Best Review Article to **Harold Goforth, MD** (above) and for Best Original Research Article to **William Breitbart, MD, FAPM** (below).



BEST POSTER AWARDS

➤ **First Place:** "Hair Analysis vs. Conventional Methods of Drug Testing in Would-Be Transplant Candidates with Substance Abuse Issues"

Peter Shapiro, MD, FAPM; Michelle Acosta, MD; Diane Lewis, MD; Deborah Miles, MD; Thomas Schiano, MD; Deborah Haller, MD; Jo Anne Gomez, MD; Shulamit Sabag-Cohen, MD; Howard Newville, MD

➤ **Second Place:** "Randomized Trial of Psychological Interventions to Improve Outcomes in Hospitalized Cardiac Patients"

Chris Celano, MD; Carol Mastromauro; Julia Boehm, MD; Herbert Benson, MD; Greg Fricchione, MD, FAPM; Sonja Lyubomirsky, MD

➤ **Third Place:** "The Effect of Stimulant Use on Access and Antiviral Treatment in an Integrated Chronic Hepatitis C Clinic"

Eric Dieperink, MD; Astrid Knott, MD; Paul Thuras, MD; Nancy Koets, MD; Christine Pocha, MD

➤ **Best Trainee:** "Poor Sleep Quality Predicts Postpartum Maternal Depressive Symptoms"
Eliza Park, MD; Robert Stickgold, MD



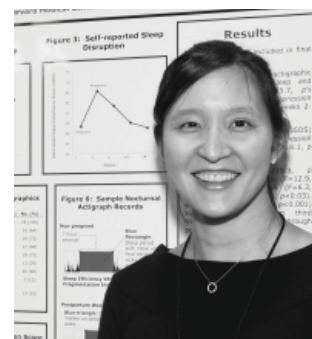
Peter Shapiro, MD, FAPM received the First Place Best Poster Award from Linda Ganzini, MD, FAPM.



Second-place poster award winner, **Chris Celano, MD**



Third-place poster award winner, **Eric Dieperink MD**



Best Trainee Poster winner, **Eliza Park, MD**

WEBB FELLOWSHIPS

The William L. Webb Fellowship Program, supported by a grant from Eli Lilly & Co., fosters the career development and leadership potential of advanced residents and fellows in C-L psychiatry. The fellowship is named in honor of the late Dr. William L. Webb, Jr., MD, FAPM, president of the Academy 1986-87.



*With 2009-10 President David Gitlin (center) are the 2010-11 Webb Fellows: **Laura Kent, MD**; **Scott Richard Beach, MD**; **Lex Denysenko, MD**; and **Marlynn H Wei, MD, JD**.*

Application Deadlines for APM 2011 Awards

March 31
Hackett Award
Award of Special Recognition

April 14
Research Award (extended from 3/1)

July 31
Webb Fellowship Award
Trainee Travel Award

August 1
Dorfman Journal Paper Award
Academy Fellowship (FAPM)

*For more information, go to
www.apm.org/awards*

Renew Your Membership for 2011 by April 15

There are exceptions, but most APM annual awards are presented to APM members in good standing. Don't let your membership lapse and eliminate you from eligibility for an award!

This year, with APM's new member management system, you may renew your membership and pay your annual dues completely, and securely, online. Use your new username (your email address) and password to access the Members' Corner and your personal profile. Please see the article on page 2 for more information about the new system.

VISITING PROFESSORSHIPS

Supported by a generous grant from Eli Lilly & Co., Visiting Professorship Awards are used to support the travel expenses, lodging, meals, and honorarium for an APM member to serve as a visiting professor to a host university, hospital, or medical facility. This year's Visiting Professorship awards were presented by Elisabeth J.S. Kunkel, MD, FAPM, chair of the Fellowship and Awards Subcommittee.



***William Breitbart, MD, FAPM**, and award presenter **Elisabeth Kunkel, MD, FAPM**. Dr. Breitbart's host is **Murali Rao, MD** at **Loyola University Medical Center** in **Maywood, IL**.*



***Donald Rosenstein, MD, FAPM** (left) and the **University of North Carolina** are hosts to **Terry Rabinowitz, MD, FAPM**.*



***David Gitlin, MD, FAPM** (left) is host to **Wayne Katon, MD, FAPM** at **Brigham & Women's Hospital, Harvard Medical School**, in **Boston, MA**.*



***Keira Chism, MD** (left) and **Madeleine Becker, MD** (center) are hosts for **Linda Worley, MD, FAPM** at **Thomas Jefferson University** in **Philadelphia, PA**.*

BIOETHICS SIG

—Mary Ann Cohen, MD, FAPM

The APM Bioethics Special Interest Group meets annually to discuss bioethical issues, publishes bioethics discussions in *Psychosomatics*, and develops symposia and roundtables for presentation at APM annual meetings.

We welcome new members and invite you to submit case presentations with complex bioethical issues for consideration for publication, with commentaries, in the new **Issues in Bioethics** section of *Psychosomatics*. This section was proposed in 2005 and was enthusiastically endorsed by former and current editors Dr. Tom Wise and Dr. Ted Stern for publishing once a year or once every two years. An introduction to the new section appeared in the November-December 2006 issue of *Psychosomatics* (47[6]:519), and two cases have been published to-date:

- Jan-Feb 2007 (48[1]:10-14) — DNR vs. DNT clinical implications of a conceptual ambiguity. Includes commentary.
- May-June 2009 (50[3]:185-191, with commentary 192-197) — Distinguishing among irrational suicide and other forms of hastened death: implications for clinical practice.

The third case presentation by Dr. Cindy Geppert and colleagues, along with the commentaries, is currently being reviewed for publication in 2011.

Annual Meeting Symposium

Our 2010 proposal for a Bioethics symposium was not accepted for the Academy's 2010 program, but at our Bioethics SIG meeting last November, the decision was made to resubmit the proposal for the 2011 meeting. The symposium title is "Teaching Bioethics to PM Psychiatrists" and includes these topics:

- a. Defining Bioethical Concepts, Boundaries, and Who Should Do Ethics Consults?
- b. Elopement Risk
- c. Raising Awareness about Bioethics
- d. National Standards for Ethics Consultations - final report

AIDS PSYCHIATRY SIG

—Mary Ann Cohen, MD, FAPM

I would like to give a special welcome to all of our new members — almost 40 since last fall. Our group is now up to 280 national and international members as of February 2011.

Last year and the beginning of this year were exciting and productive for our members.

2010 Annual Meeting Awards

We are proud that three out of the four 2010 Dorfman Awards for the best papers in *Psychosomatics* were for articles on AIDS psychiatry by our SIG members — Harold Goforth (Best Review), Oliver Freudenreich (Honorable Mention, Case Review), and Bill Breitbart (Best Original Research).

New Study, New Task Force: Efavirenz

A listserv question in November 2010 catalyzed a remarkable online discussion about the neuropsychiatric side effects of efavirenz. Thanks to all the members who participated in the discussion, it led to the formation of a task force for research on the issue and to include the topic in our prospective 2011 symposium.

The goal of the task force is to develop a study of the psychiatric side effects of antiretroviral medications using efavirenz as a paradigm and to inform further research on a national level in collaboration with member Marshall Forstein and the APA Office of HIV Psychiatry. The task force is led by Kelly Cozza with members Andrew Angelino, Sharon Batista, Phil Bialer, Mary Ann Cohen, Oliver Freudenreich, Harold Goforth, John Grimaldi, Suad Kapetanovic, Chris Kogut, and Karen Johnson

HAND Project

Members Andrew Angelino, Sharon Batista, Francine Cournos, Stephen Ferrando, and John Grimaldi are working on a project relating to the recognition and treatment of HIV-associated neurocognitive disorders (HAND). A manuscript is in the planning stages, but the preliminary results of some of the work on HAND were presented at

our 2010 symposium, *Educating Clinicians about HIV-Associated Dementia*. APM members can view the slides from this Symposium 3 in the Members' Corner.

2011 Annual Meeting Presentations

We are proposing a symposium as well as a pre-conference course at the 2011 APM meeting.

The symposium is entitled *An AIDS Psychiatry Update and Neuropsychiatric Aspects of Antiretroviral Therapy*. It will update participants on the impact of newer antiretroviral treatments as well as important aspects of HIV prevention.

The half-day pre-conference program is designed to provide participants with an overview and update of basic principles of AIDS psychiatry including all aspects from diagnosis and treatment to prevention and epidemiology.

Both the symposium and the course are led by Mary Ann Cohen with members Sharon Batista, Jordi Blanch, Maria Ferrari, Silvia Ferrari, Harold Goforth, Karen Johnson, and Maria Tiamson-Kassab.

Blumenfield Blog

We are pleased that in February 2011 SIG member Dr. Michael Blumenfield published a review of the *Handbook of AIDS Psychiatry* as well as an online interview of the lead author on his blog at www.PsychiatryTalk.com. The *Handbook* was co-authored entirely by SIG members and published in April 2010. It is the companion to the *Textbook of AIDS Psychiatry* (with 29 SIG contributors) published in 2008.

Next Meeting

Our group will be meeting again at the 2011 APM Annual Meeting in Arizona. I hope to see you in November! Please visit our web page at www.apm.org/sigs/oap/ (under the "About" menu) for more information about our group, its history, our goals, and useful resources.

New Academy

MEMBERS

Khalid Afzal, MD Hickory Hills, IL	David Edgcomb, MD New York, NY	Sehar Khokher, MB, BS Milford, ME	Matthew Rottnek, MD New York, NY
Mona Amini, MD, MBA Tempe, AZ	Silvia Fernandez, MD Miami, FL	Scott Kim, MD, PhD Ann Arbor, MI	Maya Rydzewski, MD Portland, ME
Patrick Aquino, MD Cambridge, MA	Travis Fisher, MD Sacramento, CA	Jeanne Lackamp, MD Falls Church, VA	Kevin Sanders, MD Nashville, TN
Deyadira Baez-Sierra, MD Arlington, VA	Steven Frankel, MD Kentfield, CA	Teresa Long, MD Fairway, KS	Susan Schultz, MD Iowa City, IA
Gabriela Balf, MD Hamden, CT	Margo Funk, MD, MA Cleveland, OH	Nnamdi Maduekwe, MD Pomona, NY	Lisa Shenkman, MD Kansas City, KS
Ingrid Barrera, Psy.D Miami, FL	Arun Gopal, MD Arlington, VA	Perry Maliuanag, MD Cupertino, CA	Janet Shu, MD Brighton, MA
Kimberly Best, MD Philadelphia, PA	Janna Gordon-Elliott, MD New York, NY	Laura Markley, MD Akron, OH	Justin Smith, MD Charlottesville, VA
Viwek Bisen, DO New York, NY	Oana Guran, MD New York, NY	Curtis McKnight, MD Columbus, OH	David Spiegel, MD Norfolk, VA
Richard Carlson, Jr, MD Omaha, NB	Valorie Haves, MD Ardmore, PA	Karen Mechanic, MD Philadelphia, PA	Raluca Stefanescu-Sturz, MD Hazard, KY
Tamara Chambless, MD Denver, CO	Alric Hawkins, MD Nashville, TN	Leena Mittal, MD Brookline, MA	Charles Surber, MD Malden, MA
Adriana Chaur, MD Dumont, NJ	Christopher Helfer, MD Salt Lake City, UT	Arshi Muhammad, MD Maplewood, MN	Rebecca Tamas, MD Louisville, KY
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Joyce Chung, MD Bethesda, MD	Nadeem Hussain, MD Winfield, IL	Nirupama Natarajan, MD Shreveport, LA	Patricia Touzeau, MA, PhD, M Marcy, NY
Lee Clark, MD Denver, CO	Saira Hussain, DO Corona, NY	Igor Paris, MD Farmington Hills, MI	William Tudor, MSN, PMHNP Spring Branch, TX
Shane Coleman, MD Charlestown, MA	Linda Jasperse, MD Melbourne, FL	Michael Peterson, MD, PhD Madison, WI	Shoba Varkey, MD New York, NY
Michael Colston, MD Milwaukee, WI	Hemlata Joshi, MD, FRCPC Burnaby, BC, Canada	Amit Pradhan, MD Fairfax, VA	Kevin Ware, MD Upper Arlington, OH
Jennifer Desi, MD Silver Spring, MD	Hooshmand Kadkhodaian, MD Mundelein, IL	Xavier Preud'homme, MD Durham, NC	Ilse Wiechers, MD, MPP Hamden, CT
Matthew Doolittle, MD New York, NY	Aimee Kaempf, MD Tucson, AZ	Vidya Raj, MB CHB Franklin, TN	Kazuhiro Yoshiuchi, MD, PhD Bunkyo-ku, Tokyo, Japan
Catalina Draghici, MD Cleveland, OH	Patrick Kelly, MD Baltimore, MD	Leanne Rifenburg, DO Mansfield, MA	David Yuppa, MD Wayne, NJ

CURRENT APM SIGs and CHAIRS

All APM members are welcome to join individual SIGs or to attend their meetings. To join a SIG, contact the chair of the group. Current SIGs and their chairs are listed below. Contact information for the chairs is available in the online member directory at www.apm.org/members.

Bioethics

Mary Ann Cohen, MD, FAPM

C-L Child/Adolescent Psychiatry

Maryland Pao, MD, FAPM

Community-Based PM Physician

Practice Issues

Linda M. Peterson, MD, FAPM

Critical Care

Dimitry S. Davydow, MD

Early Career Psychiatrists

Jason P. Caplan, MD

HIV/AIDS

Mary Ann Cohen, MD, FAPM

International Relations

Michael Sharpe, MD, FAPM

Medicine & Psychiatry

Thomas W. Heinrich, MD, FAPM

Neuropsychiatry

Yonas E. Geda, MD

Palliative Care

Harold W. Goforth, MD, FAPM

Psychodynamic Psychiatry

Craig Lichtman, MD, MBA

Psychotherapy of the Medically Ill

Harold E. Bronheim, MD, FAPM

Telepsychiatry

Terry Rabinowitz, MD, FAPM

Transplant Psychiatry

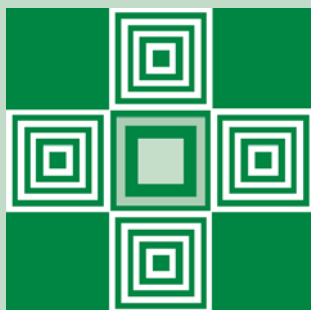
Andrea DiMartini, MD, FAPM

Women's Issues

Christine E. Skotzko, MD, FAPM

Academy of Psychosomatic Medicine

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58th Annual Meeting

November 16–20, 2011
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Chandler, AZ

Psychosomatic Medicine: Innovation & Opportunity in Community Practice Settings

Call for Abstracts

Submit for Sessions AND Courses by APRIL 15

APM has expanded its online systems this year to include proposals for 2011 pre-conference courses in addition to abstracts for workshops, symposia, and oral/poster papers. We encourage and welcome your submissions, but **you must act by April 15!** All abstracts must be submitted using our online abstract submission system.

New requirements to meet the standards of ACCME have been adopted by the Medical College of Wisconsin (our CME co-sponsor). These requirements necessitate that all authors and presenters listed on each abstract be required to complete a series of questions and disclose any commercial relationships. Previously, only the submitting author was required to personally comply with this, who then contacted co-authors to determine

any commercial disclosures they may have. Now **everyone** listed on an abstract must do this personally.

Note that there are two separate systems for submitting abstracts for Thursday, Friday, and Saturday sessions (workshops, symposia, and oral/poster papers) and for Wednesday pre-conference courses. Links to these two systems are on the APM home page at www.apm.org.

For **workshops, symposia, and papers**, you need to register with the system first and provide your email address, a password, your name, physical address, and phone numbers. A confirming email message will be sent to you from the system with an attachment providing full instructions on how to submit

an abstract. If you have any problems feel free to contact the office for advice and help.

Have an idea or need for a pre-conference course (but don't necessarily want to present it yourself)?

APM has asked members to provide feedback and input on the subject of pre-conference courses at the annual meeting. The link to this survey, which we hope you will submit (anonymously), has been emailed to all members in the March *Update*. Results of the survey will help us in selecting and offering courses of the most interest and meaning to most attendees.

Newsletter  *Winter 2011*
Academy of Psychosomatic Medicine
The Organization for Consultation-Liaison Psychiatry