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# Newsletter *Winter 2010*

**Academy of Psychosomatic Medicine**

*The Organization for Consultation-Liaison Psychiatry*

## President's MESSAGE — *David F. Gitlin, MD, FAPM*



It is with great pride and honor that I started my term as Academy President following the Annual Meeting this past November. The achievements made by the Academy in the past few years have led to a robust and prosperous organization, one that we can all be proud of. Under the leadership of past presidents such as **Drs. Paula Trzepacz** and **Constantine Lyketos**, a thorough review of our mission and strategic goals has helped us redefine who we are and how we can best serve our field and our membership. This, in turn, has resulted in a significant redesign of our organi-

zational structure, in terms of both governance and management. This past year, under the steady hand of our immediate past president, **Dr. Carol Alter**, we have begun to streamline our Council structure so as to be more efficient and responsive. Most importantly, we have begun the process of empowering the various committees of the Academy to lead the most important missions for members and for the field.

As current president, I remain strongly invested in this effort. I have already met with many of the committees and subcommittees to encourage the activities and leadership, and I will work closely with the committee chairs over the coming year to maintain the vitality and value of the Academy to its membership. Our mission this year will be to help each committee identify enthusiastic members to participate in this important work, and to help each committee clarify its mission and goals. I believe that the committees are the life blood of our organization.

The Academy has clearly developed to the point where it is the leading organization for consultation and liaison psychiatrists, both in North America as well as internationally. While it is critical to our identity to maintain this strength, as president I hope to bring our message and mission to the large number of our colleagues who practice psychosomatic medicine but who are not familiar with our organization. In particular, two constituencies stand out in this way. First, many of our colleagues who participate in the psychosomatic medicine education and training of medical students, psychiatric residents, and even psychosomatic medicine fellows are not members of the Academy. Second, a large group of our colleagues practice in community settings, be these primary care collaborations, medical specialty clinics, or as consultants in the community to various medical/surgical providers; many of these professionals are also not connected to the Academy. I plan to work closely with the Education and Membership Committees, as well as our president-elect, **Dr. John Shuster**, to focus on increasing the value of membership to these colleagues, as well as to the membership in general.

Once again we have had the pleasure of gathering for our Annual Meeting this past November. I think to a person we can all say that the program was magnificent, offering plenaries, symposia, and workshops that demonstrated the richness of psychosomatic medicine in its clinical, educational, and research areas. The pre-conference courses pro-

*(continued on page 2)*

## ANNUAL MEETING 2010

**APM 57th Annual Meeting in Florida**  
**"Advancing Psychosomatic Medicine  
through Excellence in Education"**

—*Linda L.M. Worley, MD, FAPM*  
*2010 Annual Meeting Chair*

Winter Greetings!


First, a tremendous thank you to **Dr. Steve Epstein**, his hardworking Annual Meeting Committee, and to all of you who played a vital role in bringing to fruition another state-of-the-art scientific program in psychosomatic medicine! Seeing treasured friends and colleagues while having the opportunity to re-charge and advance our knowledge is truly the highlight of the year.

We're already launching into planning mode for 2010 and are so excited about the possibilities! The location is amazing.

*(continued on page 4)*

## ISSUE HIGHLIGHTS:

- 2009 Meeting Highlights & Awards
- 2010 Meeting on Marco Island
- Call for Abstracts: March 24 Deadline
- Foundation of APM

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at [www.apm.org/newsletter](http://www.apm.org/newsletter)

# In this issue:

|  |       |
|--|-------|
| President's Message.....                 | 1, 2  |
| 2010 Annual Meeting                      |       |
| From the Meeting Chair.....              | 1, 4  |
| Marco Island Marriott.....               | 4     |
| Call for Abstracts.....                  | 11    |
| Foundation of APM (FAPM) ...             | 2     |
| 2010 Council & Committees...             | 3     |
| July 2010 PM Fellowship<br>Trainees..... | 5     |
| 2009 Annual Meeting<br>Awards.....       | 6-9   |
| 2010 Award Deadlines.....                | 9     |
| Committee & SIG News                     |       |
| Bioethics                                |       |
| AIDS Psychiatry                          |       |
| Website .....                            | 10-11 |
| New Members .....                        | 12    |

## President's Message (cont. from page 1)

gram was also terrific and very successful, and we had a record attendance for the meeting. We are grateful not only for the wonderful work of the Annual Meeting Committee and its chair **Dr. Steven Epstein** for their great effort, but to our members, leadership, and executive management team for their part in this successful meeting.

The energy generated by this year's program has already created enthusiasm for next year's program. The theme of the program will be *Advancing Psychosomatic Medicine through Excellence in Education*. Many members of our Academy are deeply involved and committed to the training and education of medical students, psychiatry residents, psychosomatic medicine fellows, and providers in a wide variety of other medical/surgical disciplines. This year's Annual Meeting Committee, ably chaired by **Dr. Linda Worley**, is already planning a truly exciting program that none of us will want to miss. Plenary speakers who have committed to participate include **Darrell G. Kirch, MD**, President and CEO of the Association of American Medical Colleges, **Susan J Lief, MD**, Director of the Academic Leadership Development and Educational Scholars Program at the University of Toronto, and **Gene Beresin, MD**, Director of the MGH Child and Adolescent Psychiatry Training Program and a national expert on student and resident training issues. The Annual Meeting Committee is currently planning a full-day pre-conference Update Course as well. More to come on the meeting as the year progresses.

As a member of the Academy for more than 20 years, I recognize how vital a role this organization plays in the lives and careers of many of our members. For a lot of us, the Academy of Psychosomatic Medicine is the one place where we can regularly gather with our peers, mentors, and students, and colleagues who truly understand the nature of what we do as clinical providers, teachers, and researchers. Once again I am honored and humbled to have the opportunity to preserve and shepherd this mission for the coming year. I look forward to working with all of you, and strongly encourage your participation and input for how we can make our already wonderful organization that much more vital and vibrant.



## FAPM: THE FOUNDATION OF APM

—*Philip R. Muskin, MD, FAPM*

The Council of the Academy created a 501(c)(3) charitable foundation this year. We are currently waiting for the IRS to act on our submission for official designation as a charitable organization. The goal of the Foundation is to support various components of the mission of the Academy by fundraising. For example, one of the educational missions of the APM is to foster the development of exceptional early-career psychosomatic medicine psychiatrists via the Webb Fellowship. Our hope is that the FAPM will be able to obtain charitable donations sufficient to endow the Webb Fellowship and guarantee that it continues in perpetuity. We also plan to seek funding for other activities that will permit the APM to fulfill the goal of providing the highest quality care to all patients.

I am honored that the APM Council elected me as the first chair of the board of directors of the FAPM. **Dr. Dan Winstead** will serve as vice-chair and **Dr. Carol Alter** will serve as secretary. **Dr. Wayne Katon** (APM treasurer) will serve as the FAPM treasurer. **Drs. Jimmie Holland** and **Jim Levenson** are the other members of the board. **Kristen Flemming** will be our administrative director.

Those of you who attended the past APM meeting had the pleasure of participating in the first silent (somewhat) auction of the FAPM. APM members were gracious and generous in their donations of books, jewelry, gift certificates, artwork, software, and experiences. The silent and open auction generated \$5,000; there were cash donations of \$650. This is a fabulous start to the fundraising activities of the foundation, thank you to everyone. I would particularly like to thank **Dr. Ulrik Malt** for his donation of a trip to Norway. We conducted a raffle of new members and will send six new members a one-year subscription to *Epocrates* as a gift from the FAPM. Please think of items that you would like to donate at the Marco Island meeting next year. Items donated are tax-deductible and items purchased in the auction are deductible to the extent that the donation exceeds the value of the item.

The board of directors welcomes your ideas about fundraising. Please feel free to contact the Academy office at [apm@apm.org](mailto:apm@apm.org) about ideas for grants, endowments, and other charitable donations.



2009-2010 current and outgoing Council members:

Back row: Steven Epstein, Linda Ganzini, Frederik Huyse, Maurice Steinberg, Philip Muskin (outgoing councilor), Robert Boland, Lawson Wulsin  
 Front row: Maryland Pao, Donald Rosenstein, David Gitlin, Carol Alter, Constantine Lyketsos, Stephen Saravay (outgoing governor), Linda Worley  
 Not pictured: Catherine Crone, Andrea DiMartini (outgoing councilor), Wayne Katon, James Rundell, John Shuster, Christine Skotzko,  
 Paula Trzepacz (outgoing governor)

#### 2009-2010 COUNCIL

##### Executive Committee:

President ..... David F. Gitlin, MD, FAPM, *Chair*  
 President-Elect: John L. Shuster, Jr., MD, FAPM  
 Vice President: . Donald L. Rosenstein, MD, FAPM  
 Secretary:..... Linda L.M. Worley, MD, FAPM  
 Treasurer: ..... Wayne J. Katon, MD, FAPM

##### Immediate Past President:

Carol L. Alter, MD, FAPM

Governors: ..... Constantine G. Lyketsos, MD, FAPM  
 William S. Breitbart, MD, FAPM

Councilors: ..... Robert Boland, MD, FAPM  
 Catherine C. Crone, MD, FAPM  
 Steven A. Epstein, MD, FAPM  
 Linda K. Ganzini, MD, FAPM  
 Frederik J. Huyse, MD, PhD, FAPM  
 Maryland Pao, MD, FAPM  
 James R. Rundell, MD, FAPM  
 Christine E. Skotzko, MD, FAPM  
 Maurice D. Steinberg, MD, FAPM  
 Lawson Wulsin, MD, FAPM

##### Editor, *Psychosomatics*:

Theodore A. Stern, MD, FAPM

##### Executive Director:

Norman Wallis, PhD

#### 2009-2010 COMMITTEES, SUBCOMMITTEES, AND CURRENT CHAIRS

**Annual Meeting Committee**.....Linda L.M. Worley, MD, FAPM

**Clinical Practice Committee** .....James Rundell, MD, FAPM

Business of PM ..... Lawson R. Wulsin, MD, FAPM  
 Guidelines & Evidence-Based

Medicine..... Deane L. Wolcott, MD, FAPM

Public Policy ..... M. Cornelia Cremens, MD, FAPM

**Communications Committee**.....Robert Boland, MD, FAPM

Public Relations: ..... Philip R. Muskin, MD, FAPM

Website ..... Jeff C. Huffman, MD

**Education Committee** .....Steven A. Epstein, MD, FAPM

Fellowship Education ..... Catherine C. Crone, MD, FAPM

Interdisciplinary Education ..... Philip A. Bialer, MD, FAPM

Medical Student Education..... Lucy Epstein, MD

Residency Education ..... Thomas W. Heinrich, MD, FAPM

**Finance Committee** ..... Wayne J. Katon, MD, FAPM

**Governance Committee**.....Linda L.M. Worley, MD, FAPM

Constitution and Bylaws..... Harold E. Bronheim, MD, FAPM

Standards & Ethics ..... Rebecca W. Brendel, MD, JD, FAPM

**Membership Committee** .....Maurice D. Steinberg, MD, FAPM

Fellowship and Awards..... Elisabeth J.S. Kunkel, MD, FAPM

Member Services..... Maria Tiamson-Kassab, MD, FAPM

Recruitment & Retention ..... M. Beatriz Currier, MD, FAPM

##### **Nomination & Leadership**

**Committee**.....John L. Shuster, Jr., MD, FAPM

**Research Committee**.....Linda K. Ganzini, MD, FAPM

**Strategic Planning Committee**.....Donald L. Rosenstein, MD, FAPM



# Marco Island Marriott

## BEACH RESORT GOLF CLUB & SPA

Whether you have a passion for golf, fishing, shelling, shopping, bird watching, wildlife viewing, boating, the beach, or the arts, you'll find plenty of choices on Marco Island. This destination offers the idyllic Florida experience of swaying coconut palms and sweeping white-sand beaches. Here you'll discover a gentle pace and a tropical ambience amid excitement, exploration, and discovery. Thrill to the outdoor adventure of the Everglades. Plunge into a water-filled world that offers Florida's best fishing. Or find inspiration in the breathtaking array of art and culture.

Nestled on three miles of pristine southwest Florida beaches, the Marco Island Marriott Beach Resort Golf Club and Spa is the perfect destination for the 57th Annual Meeting, and the perfect place to kick back, relax, and enjoy white sand beaches and tropical gulf breezes. But if you're in the mood for some energetic fun in the sun, the resort offers endless activities and recreation options.

Our host resort offers several renowned restaurants, championship golf, a world-class spa, and a wide range of activities and amenities, including upscale shops for men and women, a free-form fantasy pool with views of the ocean, new dining options, and completely redesigned and redecorated guest rooms.

All of the resort's rooms and suites offer guests a home away from home with various unique and indulgent amenities to make each stay as comfortable as possible. Each of the guest room balconies offer outdoor furniture for relaxing and enjoying the stunning views of Marco Island and the Gulf of Mexico.

In addition, Marco Island Marriott Beach Resort is one of the first Marriott Hotels & Resorts to offer new ultra-adaptable rooms that



*After a \$200 million renovation, the Marco Island Marriott Beach Resort Golf Club & Spa in Florida is ready to host the APM 2010 Annual Meeting in style, comfort, and amenities — assuming a hurricane-free summer.*

are fully compatible with the way you work and play. Just check-in, plug-in, and watch as your room adapts to your needs. To learn more about all the high-tech features, visit [www.plugintomariott.com](http://www.plugintomariott.com).

APM has negotiated a discounted room rate of \$195 for a single or double room for meeting attendees, who will also receive a 10% discount on beach rentals and a discounted rate of \$5.95/day for the Internet in their sleeping rooms. Call 800-438-4373 to make your reservation now. Remember to mention "APM" to receive the discounted room rate.

**800-438-4373**

The number to call to reserve your room at the Marco Island Marriott for \$195/night. Be sure to mention you are attending the APM Annual Meeting.

### 2010 Annual Meeting (cont. from page 1)

We're headed to the gorgeous Marco Island Marriott Resort & Spa in Florida. You may recall attending the Annual Meeting there in 2004. Now after a \$200 million renovation, it's absolutely spectacular! It is located right on the ocean with fine white sand that feels like heaven on bare toes. The site is perfect for young families and children and the meeting space is ideal for our group, not too big and not too small. In short, it's paradise. A place to unwind from the frenetic pace, get centered, and be re-infused with enthusiasm for all we do and why we do it.

So don't wait! Block your calendars now, negotiate for coverage, and send us your fabulous abstracts! The final due date for submissions is March 24th.

This will be a meeting we'll remember for years to come. We're also scheming up exciting possibilities for family-friendly, collegial events ranging from a tennis tournament to building sand castles, sailing, jet ski tour, volley ball, ping pong, yoga on the beach, golf, etc. A small portion of proceeds from recreational events will go to the Foundation to support worthwhile psychosomatic causes. More to come on this front. We'll be sending out a brief interest survey as the planning process evolves. Registration for the meeting will open in the summer, with a discount for registering early (prior to mid-October)

We really hope you'll join all the fun this November 10–13. We're eager to create a fantastic scientific program for 2010 with your help.

# July 2010 PM Fellowship Trainees

2010-2011

The Academy congratulates these current residents who will begin a fellowship training program in psychosomatic medicine this summer.

**Ama Arthur, MD**

*Virginia Commonwealth University  
Health System  
Richmond, VA*

**Deya Baez-Sierra, MD**

*George Washington University  
Falls Church, VA*

**Patricia Bauza, MD**

*Georgetown University Hospital  
Washington, DC*

**Scott Beach, MD**

*Massachusetts General Hospital  
Boston, MA*

**Viwek Bisen, DO**

*Albert Einstein College of Medicine  
Bronx, NY*

**Stacey Burpee, MD**

*Oregon Health & Science University  
Portland, OR*

**Erik Charlson, MD**

*Memorial Sloan-Kettering Cancer  
Center/New York Presbyterian Hospital  
(Cornell Campus)  
New York, NY*

**Kim Conger, MD**

*University of Colorado  
Denver, CO*

**Adriana Chaur, MD**

*Albert Einstein College of Medicine  
Bronx, NY*

**Traciann D'Almeida, MD**

*University of Pennsylvania  
Philadelphia, PA*

**Lex Denysenko, MD**

*Thomas Jefferson University  
Philadelphia, PA*

**Matt Doolittle, MD**

*Memorial Sloan-Kettering Cancer  
Center/New York Presbyterian Hospital  
(Cornell Campus)  
New York, NY*

**David Edgcomb, MD**

*Albert Einstein College of Medicine at  
Beth Israel Medical Center  
New York, NY*

**Sonni Elliott, MD**

*University of Texas Southwestern Medi-  
cal School  
Dallas, TX*

**Travis Fisher, MD**

*University of California, Davis Medical  
Center  
Sacramento, CA*

**Richard Garret Key, MD**

*Memorial Sloan-Kettering Cancer  
Center/NY Presbyterian Hospital  
New York, NY*

**Joanna Gedizior-Castillo, MD**

*Albert Einstein College of Medicine at  
Long Island Jewish Medical Center  
New Hyde Park, NY*

**Arun Gopal, MD**

*George Washington University  
Falls Church, VA*

**Jana Gordon-Elliott, MD**

*New York Presbyterian Hospital (Co-  
lumbia Campus)  
New York, NY*

**Anne Gross, MD**

*Massachusetts General Hospital  
Boston, MA*

**Kimberly Hartney, MD**

*Massachusetts General Hospital  
Boston, MA*

**Laura Kent, MD**

*New York Presbyterian Hospital (Co-  
lumbia Campus)  
New York, NY*

**Yelena Khaysman, MD**

*Albert Einstein College of Medicine at  
Long Island Jewish Medical Center  
New Hyde Park, NY*

**Reba King, MD**

*Mayo Clinic College of Medicine  
Rochester, MN*

**Michael Krysko, MD**

*Albert Einstein College of Medicine at  
Long Island Jewish Medical Center  
New Hyde Park, NY*

**Shimul Kumbhani, MD**

*Northwestern University Feinberg  
School of Medicine  
Chicago, IL*

**Paul Lee, MD**

*Brigham and Women's Hospital  
Boston, MA*

**Alvin Lau, MD**

*University of Washington  
Seattle, WA*

**Hasnain Maqsood, MD**

*University of Maryland  
Baltimore, MD*

**Katherine Martin, MD**

*Brigham and Women's Hospital  
Boston, MA*

**Nicole Mavrides, MD**

*Memorial Sloan-Kettering Cancer  
Center/New York Presbyterian Hospital  
(Cornell Campus)  
New York, NY*

**Pinar Miski, MD**

*University of Maryland  
Baltimore, MD*

**Josephine Mokonogho, MD**

*Memorial Sloan-Kettering Cancer  
Center/New York Presbyterian Hospital  
New York, NY*

**Celeste Nadal, MD**

*Brigham and Women's Hospital  
Boston, MA*

**Jihad Nader, MD**

*Boston University Medical Center  
Boston, MA*

**Melissa Ozga, MD**

*Mount Sinai School of Medicine  
New York, NY*

**Diana Paez, MD**

*University of Pennsylvania  
Philadelphia, PA*

**Eliza Park, MD**

*Brigham and Women's Hospital  
Boston, MA*

**Clem Pollydore, MD**

*Emory University School of Medicine  
Atlanta, GA*

**Amit Pradhan, MD**

*George Washington University  
Falls Church, VA*

**Virgen Quinones-Fernandini, MD**

*Albert Einstein College of Medicine  
Bronx, NY*

**Anne Ruminjo, MD**

*Georgetown University Hospital  
Washington, DC*

**Jaroslava Salman, MD**

*Olive View UCLA Medical Center  
Sylmar, CA*

**Charles Surber, MD**

*Brigham and Women's Hospital  
Boston, MA*

**Nicholas Taintor, MD**

*Memorial Sloan-Kettering Cancer  
Center/New York Presbyterian Hospital  
(Cornell Campus)  
New York, NY*

**Navneet Taneja, MD**

*Vanderbilt University  
Nashville, TN*

**Laura White, MD**

*Cambridge Health Alliance  
Cambridge, MA*

**Amanda Winters, MD**

*Virginia Commonwealth University  
Health System  
Richmond, VA*

**Felicia Kuo Wong, MD**

*Cedars-Sinai / Greater Los Angeles VA  
Healthcare System  
Los Angeles, CA*

**Fellowship Positions  
Are Still Available** for  
July 2010 at several  
accredited institutions.  
Interested PGY-4 resi-  
dents, please contact  
the Academy Office at  
301-718-6520 or [apm@  
apm.org](mailto:apm@apm.org) for a current  
list of openings and  
contact information.



Annual meetings are not just for old-timers! Young folks in training or new in their practices find the meetings educational as well as a place to connect with new friends and possibly future collaborators. The Academy welcomes these young people as future leaders of the organization.



# 2009 Annual Meeting

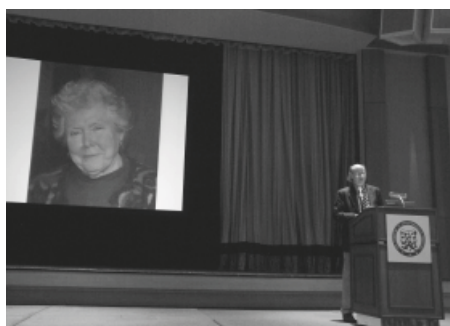
## AWARDS

### HACKETT AWARD

The Eleanor and Thomas P. Hackett Memorial Award is the Academy's highest honor, given in recognition of outstanding achievement across an entire career in psychosomatic medicine. This year's award was presented to **Francis Creed, MD, FRCP, FRCPsych**.

Dr. Creed is Professor of Psychological Medicine in the Psychiatry Research Group at the University of Manchester School of Medicine. He is a member of the UK MRC Advisory Board, Chairman of the European Association of Consultation-Liaison Psychiatry and Psychosomatics (EACLPP), and editor of the *Journal of Psychosomatic Research*.

Dr. Creed's research areas include psychosocial predictors of outcome following myocardial infarction, psychological interventions for irritable bowel syndrome, psychoneuroimmunology, occupational stress, and the etiology and treatment of somatization. Some of Dr. Creed's findings have led to modifications in the UK's National Service Framework for mental health. Dr. Creed has authored, co-authored, or edited over 200 journal articles, 46 book chapters, and 11 books. He has supervised over 50 students in their pursuit of higher degrees.



*Theodore Stern, MD, FAPM, recipient of last year's Hackett award, introduced this year's award presentation with a touching memorial to Ellie Hackett, who had presented the award almost every year since its inception. The award was renamed this year to honor both Dr. Hackett (1987-88 APM president) and his wife Eleanor, who passed away in June 2009.*



*James Levenson, MD, FAPM presented the Hackett award to **Francis Creed, MD, FRCP, FRCPsych**.*

### DLIN/FISCHER AWARD

The Dlin/Fischer Clinical Research Award is presented for significant achievement in clinical research and the best paper submitted for presentation at the annual meeting. **Lisa Seyfried, MD** received the 2009 award.

The award is named for Barney M. Dlin, MD, FAPM, president of APM 1983-84, and H. Keith Fischer, MD, FAPM, president 1975-76.



*Linda Ganzini, MD, FAPM presented the Dlin/Fischer Award to **Lisa Seyfried, MD** for "Predictors of Suicide in Older Patients with Dementia."*

### RESEARCH AWARD

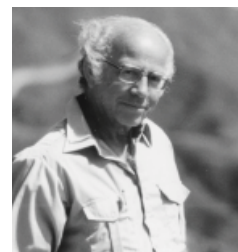
The APM Research Award is given to honor the accomplishments and stature of a currently active researcher in the field of psychosomatic medicine. This year's award was presented to **Jürgen Unützer, MD, MPH**.



*Linda Ganzini, MD, FAPM, Chair of the Research Committee, presented the 2009 Research Award to **Jürgen Unützer, MD, MPH**.*

Dr. Unützer is Professor and Vice-Chair of Psychiatry, Psychiatry and Behavioral Sciences at the University of Washington School of Medicine, Seattle. He is active in several national and international organizations, providing service and consultation to, among others, the American Association of Retired Persons (AARP), the Carter Center, and the World Health Organization. He is an associate editor of *General Hospital Psychiatry* and on the editorial board of *Depression and Anxiety*. A number of his research projects have centered on depression and the elderly. Dr. Unützer was a 1995-96 APM Webb fellow.

*Barney "Ben" Dlin passed away at the end of 2008. Prior to Dr. Lisa Seyfried's Dlin/Fischer Award Lecture, Thomas N. Wise, MD, FAPM gave a short presentation on Dr. Dlin's fascinating life.*



## AWARD OF SPECIAL RECOGNITION

The Award of Special Recognition is bestowed upon an APM member who is outstanding in the field of psychosomatic medicine. This year the award was presented to **Mary Ann Cohen, MD, FAPM** for her tireless contributions to the fields of bioethics and HIV/AIDS psychiatry.

Dr. Cohen is Clinical Professor of Psychiatry at the Mount Sinai School of Medicine and in the private practice of psychodynamic psychotherapy and psychosomatic medicine. Dr. Cohen has written and lectured extensively on AIDS psychiatry, psychosomatic medicine, bioethics, and end-of-life issues.

In 1973 Dr. Cohen co-founded the Society for Liaison Psychiatry (SLP) and in 2004 she founded the Organization of AIDS Psychiatry (now APM's AIDS Psychiatry SIG). Dr. Cohen has served on many APM committees in the past and is currently the chair of the APM Bioethics SIG and APM representative to the APA AIDS Committee.



*Mary Ann Cohen, MD, FAPM, recipient of the 2009 Award of Special Recognition.*

Among her numerous awards are the APM Dorfman Journal Paper Award in 1985, the SLP Lifetime Scientific Achievement Award in 2002, and Distinguished Fellow of the APA in 2003.

## STOUDEMIRE AWARD

The Alan Stoudemire Award for Innovation and Excellence in Psychosomatic Medicine Education is given for innovation and impact in creatively educating medical students and residents in C-L/PM. **Philip Muskin, MD, FAPM** was the honoree of this award for 2009.



*Elisabeth J.S. Kunkel, MD, FAPM presented the Stoudemire Award to **Philip Muskin, MD, FAPM**, who presented the workshop "A Tool for Assessment of Consultation-Liaison Trainees: Train the Trainer."*

## APM FELLOWSHIPS

Academy fellowship (FAPM) is bestowed on Academy members who have shown active participation as educators, researchers, or administrators in the field of C-L psychiatry/psychosomatic medicine.



*2009 FAPM inductees: **Christopher Sola, DO**; **Lawrence A. Hauser, MD**; **Leopoldo Pozuelo, MD**; **Laura S. Duffy, MD**; **Kurt Ackerman, MD, PhD**; 2008-09 President **Carol Alter, MD, FAPM** (center); **Kristin Beizai, MD**; **Pamela Diefenbach, MD**; **Fatimah A. Tabil, MD, MPH**; **Henry Weisman, MD**; **David A. Straker, MD***



## VISITING PROFESSORSHIPS

Supported by a generous grant from Eli Lilly & Co., Visiting Professorship Awards are used to support the travel expenses, lodging, meals, and honorarium for an APM member to serve as a visiting professor to a host university, hospital, or medical facility. This year's Visiting Professorship awards were presented by Elisabeth J.S. Kunkel, MD, FAPM, chair of the Fellowship and Awards Subcommittee. Dr. Kunkel is in the center of the three award photos.



*Amy Bauer (left) will host visiting professor **Kurt Kroenke, MD** at Cambridge Health Alliance in Cambridge, MA.*



*Keira Chism, MD (left) and Madeleine Becker, MD (not pictured) are hosts for **Theodore Stern, MD, FAPM**, at Thomas Jefferson University in Philadelphia, PA.*



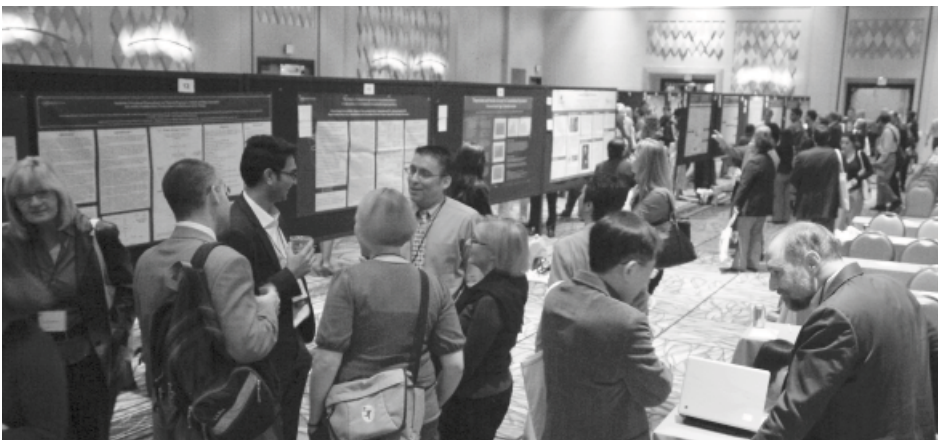
*Hochang Lee, MD, will host visiting professor **Paula Trzepacz, MD, FAPM** (right) at Johns Hopkins Bayview Medical Center in Baltimore, MD.*

## BEST POSTER AWARDS

- ☞ **First Place:** "Anxious, Introverted Personality Traits in Chronic Subjective Dizziness"—**Jeffrey Staab, MD**; Daniel Rohe, PhD; Scott Eggers, MD; Neil Shepard, PhD
- ☞ **Second Place:** "Randomized Placebo-Controlled Trial of Ramelteon for Seasonal Affective Disorder"—**Edward Norris, MD, FAPM**; Karen Burke, RN, Carol Foltz, PhD, Michael Kaufmann, MD
- ☞ **Third Place:** "A Case of Cerebellar Cognitive Affective Syndrome Treated with Olanzapine"—**Jason Caplan, MD**; Gunjan Parikh, MD
- ☞ **Best Trainee:** "Social Isolation Dysregulates Stress Responses and Behavior as it Increases the Burden and Malignancy of Spontaneous Mammary Tumors"—**Gretchen Hermes, MD, PhD**; Bertha Delgado, MD, PhD, Suzanne Conzen, MD, PhD, Thomas Krausz, MD, PhD, Martha McClintock, PhD



*Dr. Steven Epstein (left) presented the First Place Best Poster Award to **Jeffrey Staab, MD***



*The Annual Meeting's Poster Session is always a hub of activity, a time to meet, greet, ask questions, and get answers.*



*Third-place poster award winner **Jason Caplan, MD** (right) receives congratulations from Dr. Epstein.*



## DORFMAN JOURNAL PAPER AWARDS

For the best papers published the past year in *Psychosomatics*

Wilfred "Bill" Dorfman, MD, FAPM was a founding member of APM in 1953, served as Academy president 1959-60, and was the first editor-in chief of *Psychosomatics*, from 1960 through 1986. The Dorfman award is named in his honor, for the best papers published each year in the journal.

The competition for paper awards was very stiff this year, so the 2009 Fellowship & Awards Committee decided to offer an honorable mention award for second place finishers. The first-place awards were presented by the chair of the Fellowship and Awards Subcommittee, Elisabeth Kunkel, MD, FAPM.

➤ **BEST CASE REPORT:** "Three Cases of Successful Tryptophan Add-On or Monotherapy of Hepatitis C and Ifn Alfa-Associated Mood Disorders"

Martin Schaefer, MD; Jochen Winterer, MD; Srahul Sarkar, MD; Ralf Uebelhack, MD; Leonora Franke, MD; Andreas Heinz, MD; Astrid Friebe, MD

**Honorable Mention:** "Mania: Psychiatric Manifestations of the Antiphospholipid Syndrome"

Haniya Raza, DO, MPH; Steven A. Epstein, MD; Maryland Pao, MD; Donald L. Rosenstein, MD

➤ **BEST REVIEW ARTICLE:** "Paraneoplastic Limbic Encephalitis"

Alison R. Foster, BS; Jason P. Caplan, MD

**Honorable Mention:** "Pharmacokinetic Drug Interactions of Synthetic Opiate Analgesics"

Scott C. Armstrong, MD; Gary H. Wynn, MD; Neil B. Sandson, MD

**Honorable Mention:** "Neuropsychiatric Problems after Traumatic Brain Injury: Unraveling the Silent Epidemic"

Sandeep Vaishnavi, MD, PhD; Vani Rao, MD; Jesse R. Fann, MD, MPH

➤ **BEST ARTICLE FOR ORIGINAL RESEARCH:** "Dexmedetomidine and the Reduction of Postoperative Delirium after Cardiac Surgery"

Jose R. Maldonado, MD; Ashley Wysong, MS; Peter J.A. van der Starre, MD; Thaddeus Block, MD; Craig Miller, MD; Bruce A. Reitz, MD

**Honorable Mention:** "Falls in the General Hospital: Association with Delirium, Advanced Age, and Specific Surgical Procedures"

Barbara E. Lakatos, PMHCNS-BC, APN; Virginia Capasso, PhD, APN-BC; Monique T. Mitchell, PMHCNS-BC, APN; Susan M. Kilroy, MS, RN; Mary Lussier-Cushing, PMHCNS-BC, APN; Laura Sumner, MEd, MBA, MSN; Jennifer Reppe-Delisi, PMHCNS-BC, APN; Erin P. Kelleher, MS, RN; Leslie A. Delisle, BSN, RN; Constance Cruz, PMHCNS-BC, APN; Theodore A. Stern, MD

## PRESENTER SLIDES ON THE APM WEBSITE

New this year on the APM Website are the slides from many of the presentations from the 2009 Annual Meeting. The slides from the pre-conference courses are in the Members' Corner, and the slides from award lectures, plenary sessions, workshops, symposia, and oral papers are in the public area of the site in the Annual Meeting section. Having the slides available is intended to be a valuable refresher tool to those who attended the live presentations.

If you were a presenter at the meeting and your slides are not posted, but you are agreeable to sharing your slides, please e-mail them to [apm@apm.org](mailto:apm@apm.org).



Elisabeth Kunkel, MD, FAPM (left) presented the Dorfman awards. Here she presents the award for Best Case Report to Astrid Friebe, MD



The Dorfman award for Best Review Article went to Jason Caplan, MD.



Jose Maldonado, MD, FAPM received the Dorfman award for Best Original Research Article.

### Application Deadlines for APM 2010 Awards

**March 1**  
Research Award  
Stoudemire Award  
Visiting Professorship Award

**March 31**  
Hackett Award  
Award of Special Recognition

**July 31**  
Webb Fellowship Award  
Trainee Travel Award

**August 1**  
Dorfman Journal Paper Award  
Academy Fellowship (FAPM)

For more information, go to  
[www.apm.org/awards](http://www.apm.org/awards)

## WEBB FELLOWSHIPS

The William L. Webb Fellowship Program, supported by a grant from Eli Lilly & Co., fosters the career development and leadership potential of advanced residents and fellows in C-L psychiatry. The fellowship is named in honor of the late Dr. William L. Webb, Jr., MD, FAPM, president of the Academy 1986-87.



With 2008-09 President Carol Alter (far left) and Research Committee Chair Linda Ganzini (far right) are the 2009-10 Webb Fellows: **Anne Gross, MD; Jennifer M. Knight, MD; Robert L. Oldham, MD; and Kristen J. Somers, MD**

## TRAINEE TRAVEL AWARDS

To encourage residents and C-L/PM fellows to join APM, attend the annual meeting, and eventually become new leaders of the Academy, 13 awards of \$750 each were presented to help offset the cost of attending the meeting. Selections were made from those trainees (residents and fellows) whose abstracts were accepted for the 2009 meeting as well as from individual applications. The 2009 award winners were:

- Daniel R. Bateman, MD  
Dartmouth-Hitchcock Medical Center  
Lebanon, NH
- Daliborka Danelisen, DO  
Virginia Commonwealth University  
Richmond, VA
- Travis J. Fisher, MD  
Medical College of Wisconsin  
Muskego, WI
- Catherine Harrison-Restelli, MD  
University of Maryland  
Baltimore, MD
- Charles Hebert, MD  
Rush University  
Chicago, IL
- Rukhsana Iqbal, MD  
Northwestern University  
Westmont, IL
- David Novosad MD  
Duke University Medical Center  
Durham NC
- Jacynthe Rivest, MD  
NY Presbyterian Hospital/Columbia  
University  
New York, NY
- Ilse R. Wiechers, MD  
MGH/McLean Hospitals  
Boston, MA
- Amit Chopra, MBBS  
Mayo Clinic  
Rochester, MN
- Holly DuBois, MD  
Stanford University  
Menlo Park, CA
- Abhishek Jain, MD  
University of Pittsburgh Medical  
Center  
Stow, OH
- Yelizaveta I. Sher, MD  
Stanford Hospital and Clinics  
San Bruno, CA

## Committee @

### BIOETHICS SIG

—Mary Ann Cohen, MD, FAPM

The APM Bioethics Special Interest Group presented a symposium and roundtable on *Ethics Consultation and Quality of Care in Psychosomatic Medicine* at the 2009 APM Annual Meeting. The symposium was well-attended with 47 participants and a lively discussion. I chaired the session, Rebecca Brendel, MD, JD was the discussant, and the following presentations were featured:

- “An Empirical Study of the Role of the Clinical Ethics Consultant”—Donald S. Kornfeld, MD (co-author, Kenneth Prager, MD)
- “Ethical Dilemmas in Child Psychosomatic Medicine and their Impact on Quality of Care”—Susan Beckwitt Turkel, MD
- “National Standards for Ethics Consultations”—Asher D. Aladjem, MD (co-author, Nancy Neveloff Dubler, LLB)

The Bioethics SIG continues to edit the “**Issues in Bioethics**” section of *Psychosomatics*. The first case presentation was published in the January-February 2007 issue: “DNR vs. DNT clinical implications of a conceptual ambiguity.” The second case presentation and a commentary by the SIG appeared in the May-June 2009 issue: “Distinguishing among irrational suicide and other forms of hastened death: implications for clinical practice.” A third case presentation is in preparation.

As current editor of the section, I invite you to write up challenging bioethics consultations for submission and consideration for publication.

#### Proposal for 2010 APM Bioethics Symposium and Roundtable

##### *Teaching Bioethics to Psychosomatic Medicine Psychiatrists*

- a. Defining Bioethical Concepts, Boundaries, and Who Should Do Ethics Consults?
- b. Elopement Risk
- c. Raising Awareness about Bioethics
- d. National Standards for Ethics Consultations - final report





## AIDS PSYCHIATRY SIG

—Mary Ann Cohen, MD, FAPM

Formerly known as the Organization of AIDS Psychiatry (OAP), the AIDS Psychiatry SIG continues to grow, from 32 members in November 2004 to 240 national and international members as of January 2010.

Over the past year, several SIG members participated in the publication of articles and book chapters about AIDS psychiatry:

### Articles:

● Goforth HW, Lowery J, Cutson TM, McMillan ES, Kenedi C, Cohen MA: Impact of Bereavement on Progression of AIDS and HIV Infection: A Review. *Psychosomatics* 2009; 50(3):433-439

● Paddison J, Fricchione G, Gandhi RT, Freudenreich O: Fatigue in Psychiatric HIV Patients: A Pilot Study of Psychological Correlates. *Psychosomatics* 2009; 50(3):455-460

### Chapters:

● Cohen MA and the Mental Health Guidelines Committee: Mental Health in the Geriatric

HIV/AIDS Population. In: *Mental Health Care for People With HIV Infection*. Mental Health Guidelines Committee. New York State Department of Health AIDS Institute, 2008.

● Cohen MA: HIV Psychiatry. In: *Psychosomatic Medicine: An Introduction to Consultation-Liaison Psychiatry*. J. Amos and R. Robinson, Eds. Cambridge University Press, 2009

● Cohen MA and Schwartz C: Supportive Care in HIV Dementia. In: *Supportive Care in Dementia*. JC Hughes, Ed. Oxford University Press, 2010

It gives me great pleasure to report that our symposium, *Quality of Care in AIDS Psychiatry*, was presented at the APM Annual Meeting and was well-attended. A proposal for the 2010 AIDS Psychiatry symposium is in development with the topic of HIV neurocognitive disorders.

We welcome suggestions for new members and invite you and your colleagues in AIDS psychiatry to join our group! Find us on the APM Website at [www.apm.org/signs/oap](http://www.apm.org/signs/oap).

## WEBSITE SUBCOMMITTEE

—Jeff Huffman, MD

We would like to steer members to some helpful new information on the Website related to the changes in Medicare coding and billing. Thanks to **Drs. Lawson Wulsin, Christine Skotzko, and James Rundell**, the Members' Corner now contains a substantial compilation of summaries and tips regarding the changes in billing for consults under Medicare. These include APA and CMS documents that provide guidance on the new billing situation. (Contact the Academy Office at [apm@apm.org](mailto:apm@apm.org) if you've forgotten the login to the Members' Corner.)

A new set of annotated abstracts describing four recent articles of interest in PM were added to the public Library section of the Website in January. It is our hope that these quick reads will keep you interested, informed, and current regarding relevant new information in the field.

## HOW TO PROPOSE A NEW SIG

A special interest group (SIG) is a group of 10 or more members of the Academy who have an interest in a particular clinical, scientific, or educational area as it relates to psychosomatic medicine. To propose a new SIG, first read the APM policy on SIGs at [www.apm.org/signs/sig-policy.shtml](http://www.apm.org/signs/sig-policy.shtml) and then submit the online SIG Request Form linked from the SIG policy page. The form includes space to enter the area of interest and title of the SIG, the reason for establishing the SIG, the requested Academy resources (e.g., Web page, listserv, meeting time at the annual meeting, other staff support), and the names of 10 APM members who agree to be founding members of the SIG.

## HOW TO JOIN AN EXISTING SIG

All APM members are welcome to join individual SIGs or to attend their meetings. To join a SIG, contact the chair of the group. Current SIGs and their chairs are listed below. Contact information for the chairs is available in the online member directory at [www.apm.org/mbr-dir](http://www.apm.org/mbr-dir).

### CURRENT APM SIGs and CHAIRS

#### Bioethics

Mary Ann Cohen, MD, FAPM

#### C-L Child/Adolescent Psychiatry

Maryland Pao, MD, FAPM

#### Community-Based PM Physician Practice Issues

Linda M. Peterson, MD, FAPM

#### HIV/AIDS (Organization of AIDS Psychiatry)

Mary Ann Cohen, MD, FAPM

#### International Relations

Frederik J. Huyse, MD, PhD, FAPM

#### Neuropsychiatry

Yonas E. Geda, MD

#### Palliative Care

Harold W. Goforth, MD, FAPM

#### Psychodynamic Psychiatry

Craig Lichtman, MD, MBA

#### Psychotherapy of the Medically Ill

Harold E. Bronheim, MD, FAPM

#### Transplant Psychiatry

Andrea DiMartini, MD, FAPM

#### Women's Issues

Christine E. Skotzko, MD, FAPM

*Call for Abstracts*

## SUBMIT BY MARCH 24

The online submission system is now open to receive your abstracts for papers, posters, workshops, and symposia to be presented at the 2010 Annual Meeting on Marco Island, Florida. All abstracts must be submitted online by **March 24**. The disclosure of any

conflict of interest (COI) must be documented as part of the abstract submission process.

You do not need to enter all information in one sitting. After registering your name and

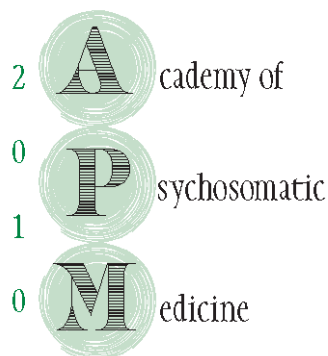
e-mail address, you will receive further instructions by e-mail. You can come back to your abstract at any time before you officially submit it. To start the process, click the link on the APM home page at [www.apm.org](http://www.apm.org).

## Academy of Psychosomatic Medicine

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