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Newsletter *Summer 2010*

Academy of Psychosomatic Medicine

The Organization for Consultation-Liaison Psychiatry

President's

MESSAGE —David F. Gitlin, MD, FAPM



This past year has been another successful one for the Academy. Our membership continues to flourish as well as increase in size. Our organizational structure has become increasingly functional and productive, with an efficient downsizing of the Council, increased activity from many of our committees, and a stronger communication stream between the two. The 2009 Annual Meeting was the most successful ever. We are actively working on the development of effective relationships with various other organizations that will benefit our membership. Our journal is stronger than ever, with some significant and exciting potential changes coming.

Yet there are still complex and controversial issues facing the Academy and membership that require the attention of both its members and its leaders. Many of these issues led to a robust discussion at the June mid-year Council meeting in Baltimore. I look forward to leading the organization in these discussions as we continue to do our best to chart the most appropriate and successful course for the Academy.

Here are some of the specific issues we have addressed this year.

➤ **Governance:** Following the course set in the 2007 Strategic Planning retreat, we have gradually decreased the size of the Council. This year, we will reach our final goal of 16 Council members, down from 23 in 2007. We believe that this will allow for a more agile and effective leadership structure.

➤ **Clinical Practice:** The Academy provided an outstanding input to the APA leadership request for input on the proposed new DSM-V language and changes, with an extensive and thoughtful response to the changes in the Cognitive Disorders and Somatoform Disorders sections. This was done with an effort to actively include the Academy members in the commentary by soliciting input from the entire membership. More than 60 members provided comments and ideas regarding the proposed changes. The Clinical Practice Committee, under the terrific leadership of **Dr. James Rundell**, also sought out an expert opinion group for input as well, and then crafted these comments into a formal response for the DSM-V Committee.

➤ **Intraorganizational Development:** We have actively pursued the strengthening and/or development of relationships with several other organizations which impact several segments of our membership. These include:

- **APA:** We have had a series of strategic meetings with APA leadership to address how subspecialties can be more central and valued by the APA. Our leadership participated in a meeting of the Council on Adult Psychiatry that was focused on the importance and future role of subspecialties within the field of psychiatry, and how the subspecialty organizations can interface with APA to maximize their value. This meeting was attended by the incoming APA president, Carol Bernstein, who ex-

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ANNUAL MEETING 2010

APM 57th Annual Meeting in Marco Island, Florida

"Advancing Psychosomatic Medicine through Excellence in Education"

—**Linda L.M. Worley, MD, FAPM**
2010 Annual Meeting Chair


The 2010 Annual Meeting is taking shape and it's looking great! We hope that after reviewing the program (pp. 6-8) you'll be as excited about it as we are and decide to make immediate plans to join us in November!

Please take special notice of the expanded menu of pre-conference courses chosen specifically in response to members' expressed wishes for in-depth learning opportunities. **Philip Bialer, MD, FAPM** is chair of the Pre-Conference Courses Subcommittee and notes that "the pre-conference courses this year promise to be innovative, cutting-

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ISSUE HIGHLIGHTS:

- Program Schedule for the 2010 Annual Meeting in Marco Island
- Foundation News & Events
- FAQs about Registration

 **view this issue on the web**
at www.apm.org/newsletter

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For the latest information
about the
2010 Annual Meeting,
see the APM Web site at
www.apm.org

President's Message (cont. from page 1)

pressed her strong support for subspecialties and encouraged increased input from the subspecialty organizations.

In addition, Drs. Bernstein and Alan Schatzberg (APA past president) hosted a separate meeting with the leadership of the five subspecialty organizations. APA was strongly represented by our secretary, **Dr. Linda Worley**. In this meeting, Dr. Bernstein expressed her desire for our active involvement in APA, especially the annual meeting educational activities, and offered a yearly face-to-face meeting with subspecialty and APA leadership. We are hopeful this is the start of improved relationships between the two organizations.

- **American Association of Emergency Psychiatry (AAEP):** Many of our members have part of their hospital practice in emergency settings. AAEP will present at our meeting, and we are discussing the possibility of AAEP meeting under our umbrella.
- **EACLPP:** We have worked closely with our European colleagues to develop collaborative practice guidelines and to further increase our interrelationship. A copy of these co-joint guidelines can now be found on our website in the Members' Corner.
- **American Neuropsychiatric Association (ANPA):** The connections between psychosomatic medicine and neuropsychiatry are self-evident. It will be important to our success and to our membership to further develop this relationship. We have been working with ANPA leadership, particularly **Dr. Paula Trzepacz**, to foster educational cross-activities.
- **NIH:** Again, it is critical for the success of our subspecialty that we put research in psychosomatic medicine high on our agenda. Our collaborations with NIH, NIMH and other funding centers will be important. **Dr. Steven Epstein** represented APM at a recent collaborative research meeting in an effort to foster increased emphasis on research in psychiatric illness in medical populations.

➤ **Journal:** *Psychosomatics* has truly flourished in the past few years and continues to have significant impact in the field. The transition to **Dr. Ted Stern** as editor has been extremely successful, and he and the editorial board have moved the effort forward in a number of ways, including shortened time to manuscript decisions and publication. Of equal importance has been the effort over the past year to more directly review our relationship with our publisher, APPI. Despite a positive relationship, we had reached the point the past few years where APM was losing money on the journal and had little control of information and resources. In this past year, we have aggressively pursued these issues with APPI and have simultaneously explored the possibility of taking the journal to a new publisher. I am pleased to say that APPI has responded by improving the royalties to APM retrospectively for 2009 as well as for 2010, such that we are now profitable again. In addition, we have appointed a Presidential Task Force, led by **Dr. Joel Dimsdale**, to create requests for proposals from multiple publishers. This has proceeded with significant interest, and appears to bode extremely well for our journal's future success.

➤ Subspecialty Issues:

- **Fellowships:** It has now been six years since subspecialty certification occurred, and ACGME has provided accreditation for psychosomatic medicine fellowships since 2005. Adequate recruitment of fellows is the lifeblood of the subspecialty. While we have more work to do to effectively sustain this effort, the Fellowship Education Subcommittee, under the leadership of **Dr. Cathy Crone**, has worked tirelessly on this issue and helped organize several new initiatives for our fellowship directors and fellows.

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Save NEXT YEAR'S Date!

APM 58th Annual Meeting
Sheraton Wild Horse Pass
Resort & Spa
Phoenix, Arizona

November 16-20, 2011



2010 Annual Meeting (from p. 1)

edge, exciting, and most importantly, meeting our educational needs. We will be reprising the very popular full-day *Updates in Psychosomatic Medicine* course and also offering a selection of five half-day advanced skills courses, all led by experts in the field." Please see page 5 for the full list of topics and courses.

The opening plenary speaker needs no introduction. He is the president of the Association of American Medical Colleges (AAMC), **Dr. Darrell Kirch!** It will be a special treat to welcome him as he was a resident classmate of both **Dr. Jim Levenson** and our beloved **Dr. Alan Stoudemire**. In addition to Dr. Kirch, we will learn from two internationally respected educators, **Drs. Susan Lieff** and **Gene Beresin**. For more information, please see "Plenary Speakers" in the Annual Meeting section of the website.

Following the first plenary we will dive into the many workshops and symposia. This year's range of choices are marvelous and make a person wish they could be cloned to attend them all! **Michael Bostwick, MD, FAPM** and **Chris Sola, DO, FAPM** co-chair the Workshops and Symposia Subcommittee and they write:

"From a rich bounty of excellent symposium and workshop submissions (barely half of potential offerings could be accepted this year), the subcommittee has fashioned a program bound to please the most discriminating psychosomatic specialist.

"As in recent years, the 2010 program will feature thematic tracks so that participants can attend a series of presentations in their areas of interest across the six time blocks dedicated to symposia/workshops. The seven tracks are:

- Early Career
- Educating Trainees
- Ethical/Management Challenges
- Potpourri
- Psychosomatic Care Models
- Psychosomatic Subspecialties
- Therapeutics

"The first two tracks are in keeping with this year's overall focus

2010 ANNUAL MEETING COMMITTEE



Linda L.M. Worley,
MD, FAPM
Chair



Steven A. Epstein,
MD, FAPM
Vice Chair

Pre-Conference Courses Subcommittee:

Philip A. Bialer, MD, FAPM, *Chair*
James L. Levenson, MD, FAPM
Jon A. Levenson, MD, FAPM
José Maldonado, MD, FAPM
Ulrik F. Malt, MD, PhD, FAPM
Maryland Pao, MD, FAPM



P. Bialer

Early Career Subcommittee:

Thomas W. Heinrich, MD, FAPM, *Chair*
Thomas J. Cummings, MD
Hochang B. Lee, MD
Divy Ravindranath, MD, MS
Sanjeev Sockalingham, MD
Kristin J. Somers, MD
Glendon Tait, MD
Christina Wichman, DO

Oral Papers & Posters Subcommittee:

Linda K. Ganzini, MD, FAPM, *Chair*
Thomas J. Cummings, MD
M. Beatriz Currier, MD, FAPM
Lesley R. Dickson, MD, FAPM
Nehama Dresner, MD, FAPM
Steven A. Epstein, MD, FAPM
Jesse R. Fann, MD, MPH
Yasuhiro Kishi, MD, FAPM
Jon A. Levenson, MD, FAPM
Theodore A. Stern, MD, FAPM
Christina Wichman, DO
Maryland Pao, MD, FAPM



L. Ganzini

Workshops & Symposia Subcommittee:

J. Michael Bostwick, MD, FAPM, *Co-chair*
Christopher Sola, DO, FAPM, *Co-chair*
Rebecca W. Brendel, MD, JD, FAPM
Thomas W. Heinrich, MD, FAPM
James L. Levenson, MD, FAPM
Ulrik F. Malt, MD, PhD, FAPM
Divy Ravindranath, MD, MS
Sanjeev Sockalingham, MD
Kristin J. Somers, MD
Glendon Tait, MD



J. Bostwick



C. Sola

Social Events Subcommittee:

Nehama Dresner, MD, FAPM, *Chair*
M. Beatriz Currier, MD, FAPM
Lesley R. Dickson, MD, FAPM
James L. Levenson, MD, FAPM
Jon A. Levenson, MD, FAPM
Divy Ravindranath, MD, MS
Maryland Pao, MD, FAPM



N. Dresner

Consultants:

James L. Levenson, MD, FAPM
Maryland Pao, MD, FAPM
Divy Ravindranath, MD, MS
Glendon Tait, MD

Webb Fellow:

Kristin J. Somers, MD

Ex-Officio:

Laura W. Roberts, MD
Theodore A. Stern, MD, FAPM

on education. The Early Career track will bring newly minted psychosomatic specialists—those still in training or recently graduated—up to speed, while the Educating Trainees track will sharpen the skills of more seasoned educators charged with providing this training. We believe that the final program epitomizes the astounding creativity and broad erudition of APM's members. We expect that you'll agree! Hope to see you at Marco Island!"

Following our first day of workshops, members will showcase their exciting work both in a new venue entitled APM Authors' Corner (see article on page 13) and in our traditional poster session.

From **Linda Ganzini, MD, FAPM**, Oral Papers & Posters Subcommittee Chair:

"Over 100 posters were accepted and will be available for review (along with hors d'oeuvres and wine) on Thursday evening. The members of the Papers & Posters Subcommittee were particularly pleased with the many contributions from our international colleagues.

"Thirty oral papers, approximately half of those submitted, were selected for presentation on Saturday. These papers touch on a variety of topics of interest to our field including psychiatric aspects of cardiac disease, transplant, hepatitis C,

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President's Message (from page 2)

■ **MOC (Maintenance of Certification):** Several leaders from APM met in June with ABPN leadership to discuss MOC for Psychosomatic Medicine, and to explore whether APM can take the lead in this area. This promises to be an exciting opportunity. I have appointed **Dr. Robert Boland** to head a task force with the goal of developing MOC tools appropriate to PM psychiatrists. Dr. Boland and his team will work closely with the Education Committee and its chair, Dr. Steven Epstein, on this effort, which is of critical importance to all board-certified members.

➤ **Annual Meeting:** The 2009 Annual Meeting set a record for abstract submissions and total attendance, and the academic quality of the meeting was remarkable. We are well on our way to another record-breaking meeting for 2010. Abstract submissions were up over 15% from 2009, and our projections suggest we may actually break 600 attendees for the first time ever. Dr. Linda Worley, who is the program chair, has put together a fantastic program thus far. Details can be found in this Newsletter and in subsequent "APM Updates" emails.

➤ **Foundation of the Academy of Psychosomatic Medicine:** We successfully launched the new Foundation of the APM (FAPM) at last year's meeting, and have now appointed a board of directors for the Foundation. **Dr. Philip Muskin** has been named as the founding chairperson, and he and the board are beginning the process of development and fund-raising, which should be of great support to many of the efforts of the Academy.

Lastly, let me say that it has been a privilege and honor to have the opportunity to serve as president these past six months. I have enjoyed working with a large number of our members and feel very confident from this experience that the Academy will be a robust and exciting organization for years to come.

2010 Annual Meeting (from page 3)

cancer and surgery, neuropsychiatry and somatoform disorders.

"The abstract for each paper was judged by five members of the Papers & Posters Subcommittee. Five of these papers were reviewed by members of the APM Research Committee as candidates for the Dlin/Fischer Award, named in honor of Barney Dlin and Keith Fischer, former APM presidents instrumental in the development of the Academy. The recipient of this year's award, **Wayne J. Katon, MD, FAPM**, will present the Dlin/Fischer talk on Saturday morning following Dr. Beresin's plenary. A separate paper session will feature the work of the five Webb fellows."

To reward us for our hard work, the Social Events Subcommittee has been planning away, recognizing the vital role that unwinding and having fun plays in keeping us vital and energized and ready to go for the next day. Please see the line-up of social activities on page X by **Nehama Dresner, MD, FAPM**, Social Events Subcommittee chair.

Lastly, our tradition of being warm and welcoming to our young talent continues to flourish. This year we have decided to create a special track to keep our lifecycle going and being generative! From **Tom Heinrich, MD, FAPM**, Early Career Subcommittee chair:

"The Academy of Psychosomatic Medicine has been an invaluable resource for

generations of physicians entering the field of consultation-liaison psychiatry. The APM continues to view this aspect of its mission as imperative. Towards this end, the leadership of the APM, together with the Annual Meeting Committee, have thoughtfully integrated the interests of early career physicians and trainees into the 2010 Annual Meeting schedule of events.

"Workshops and symposia have been scheduled that address the unique clinical, academic, and administrative issues that confront the early career physician practicing psychosomatic medicine. These educational forums will be led by a dynamic mix of physicians at various stages of their own professional development.

"In addition to the educational aspects of the conference, there will be numerous social gatherings and opportunities for the early career physician to network with colleagues from across the country and around the world. The Social Events Subcommittee has planned specific events for the early career physician and trainee. The APM is a great organization and the annual conference is always a good time. Trainees and early career physicians practicing consultation-liaison should be sure to join us in sunny Florida this fall."



Past APM president and current Psychosomatics editor Ted Stern, MD, FAPM chats with David Novosad, MD during a break at the 2009 Annual Meeting in Las Vegas.

Pre-conference Courses

WEDNESDAY, NOVEMBER 10

UPDATES IN PSYCHOSOMATIC MEDICINE — 8:00am to 5:15pm

- *Delirium* — José R. Maldonado, MD, FAPM
- *Legal Issues* — Rebecca Brendel, MD, JD, FAPM
- *Endocrinology* — Linda L.M. Worley, MD, FAPM
- *Psychopharmacology in the Medically Ill* — Kelly Cozza, MD, FAPM
- *Somatoform Disorders/Conversion Disorders* — Michael Sharpe, MD, FAPM
- *Psychosomatic Ob-Gyn* — Donna Stewart, MD, FAPM
- *Psycho-Oncology* — David Kissane, MD, MPM
- *Cardiac Issues* — Peter Shapiro, MD, FAPM

MORNING CONCURRENT SKILLS COURSES, 8:00am to 12:00pm

1. Update in Internal Medicine for the C-L Psychiatrist (sponsored by the Association of Medicine and Psychiatry)

- *Identifying and Managing Common Toxic Syndromes Resulting from Overdose* — Thomas W. Heinrich, MD, FAPM
- *Treating Cirrhosis and Evaluating Abnormal Liver Function Tests* — Anjan Bhattacharyya, MD
- *Diagnosing and Managing Metabolic Syndrome* — Robert M. McCarron, DO
- *Evaluating and Managing Chest Pain* — Jennifer Knight, MD
- *Sleep Apnea* — Xavier Preud'homme, MD

2. Pediatric Psychosomatic Medicine: Mending Hearts and Minds

- *Assessing and Treating Preschool Medical Traumatic Stress: From Neurobiology to Intervention* — Stacy Drury, MD, PhD
- *Understanding Children with Pediatric Heart Disease* — David DeMaso, MD
- *Psychopharmacology in Medically Ill Children: Is There A Role?* — Maryland Pao, MD, FAPM

AFTERNOON CONCURRENT SKILLS COURSES, 1:00pm to 5:00pm

1. The Business of Building Psychosomatic Medicine Services

Lawson Wulsin, MD, FAPM, Moderator

- *Economic Forces and Essential Business Tasks for Designing and Launching a New Kind of Service* — Jürgen Unützer, MD, MS, MPH
- *Effective Approaches to Negotiating with Your Healthcare System* — Brian Tilow
- *Strategies for Minimizing Billing Errors and Maximizing Revenue* — Christopher White, MD, JD

2. Psychopharmacology for the Psychosomatic Psychiatrist

- *Drug-Drug Interactions, Pharmacokinetic Alterations, and Alternate Routes of Drug Administration* — James Owen, PhD
- *Psychopharmacology in Organ System Diseases, Surgery, Critical Care, and Transplantation* — James L. Levenson, MD, FAPM and Stephen J. Ferrando, MD, FAPM

3. Neuropsychiatric Masquerades: Medical and Neurological Disorders that Present with Psychiatric Symptoms

José Maldonado, MD, FAPM

NEXT PM BOARD EXAM WILL BE JUNE 2011

Physicians who will be board-certified in Psychiatry by February 1, 2011 and who have completed a year of fellowship in an ACGME-accredited PM training program are eligible to sit for the next ABPN Psychosomatic Medicine subspecialty exam June 6–10, 2011. The registration deadline for the June exam is November 1, 2010 (or December 1 with a late fee).

For details of the next PM board exam and to register, see the ABPN website at www.abpn.com/pm.htm. For information about the subspecialty of psychosomatic medicine, see the APM website at www.apm.org/subspecialty (under the “About” menu on the site).

PROGRAM DIRECTORS: GIVE US YOUR FELLOWS!

In the Winter 2010 issue of the APM Newsletter we posted the new batch of PM fellowship trainees starting in July 2010. Several updates to this list have been received since then, and the current list is on the website in the “Career” section. It is important for APM to have a current list of PM fellows because the ACGME has expressed serious concerns about the ability of Psychosomatic Medicine to recruit adequate numbers of fellows in the future. Having an accurate, up-to-date list will help us to retain the subspecialty status that we worked so hard to obtain.

While we have the names of the new fellows, we do not have their email addresses in order to add them to the C-L Fellows listserv.

We are asking all fellowship directors (or their assistants) to please fill out a form on the APM website that asks for the names and emails of their fellows, as well as any residents who may be interested in joining the listserv. The form is here:

www.apm.org/cl-fellows/director-list.shtml

Program Schedule

2010 ANNUAL MEETING

This schedule, current as of July 29, 2010, highlights only the major events and is subject to change. The full schedule is posted on the APM Web site at www.apm.org and will be included in the Final Program booklet provided to registrants when they check in at the Registration Desk..

2010 Annual Meeting Learning Objectives

At the conclusion of this meeting participants should be able to:

- Describe the most recent research findings and clinical areas of interest in psychosomatic medicine.
- Analyze the different perspectives of psychosomatic medicine from pediatrics to geriatrics offered by leaders in the field.
- Discuss relevant public health and policy perspectives relevant to psychosomatic medicine (C-L psychiatry).
- Apply the latest uses of psychotropic medications to their clinical practice for the benefit of their patients.
- Compare different approaches to the provision of evidence-based psychiatric care for the medically ill.

Wednesday, November 10

7:00am–7:00pm	Registration Desk open
8:00am–5:15pm	<i>Updates in Psychosomatic Medicine</i> Course (see topics on page 5)
8:00am–Noon	Two Concurrent Skills Courses (see page 5 for course offerings)
1:00–5:00pm	Three Concurrent Skills Courses (see page 5 for course offerings)
1:00–5:00pm	First APM Council Meeting (Council members and invited guests)
3:00–5:00pm	Early exhibitor setup
5:00–6:00pm	<i>Psychosomatics</i> Editorial Board Meeting (by invitation)
5:15–6:00pm	Trainee Mixer
5:30–9:00pm	Foundation Tennis Tournament (sponsored by the Foundation of the Academy of Psychosomatic Medicine; see article on page 12)
7:00–9:00pm	C-L/PM Fellowship Directors' Forum (fellowship program directors and fellowship trainees)

10:20–11:45am

11:45am–Noon

12:00–3:00pm

12:00–1:30pm

1:30–1:45pm

1:45–3:45pm

PLENARY LECTURE I
Will Mind and Body Finally Be Re-united in the "Medical Home"?

Darrell G. Kirch, MD

Break

Poster setup (for poster presenters)

RESEARCH AWARD LECTURE
& LUNCHEON

Bruce L. Rollman, MD, MPH

Break

Concurrent Workshops (W) and Symposia (S)

W1: Forensic Issues in the General Hospital:
Educational Approaches and Effective Management

W2: Integrating Educational Programs into
Outpatient Psychosomatic Medicine Settings: How We Teach Our Colleagues and Trainees

W3: Research Success and Academic Advancement through Psychosomatic Medicine

W4: Dynamic Bedside Psychiatry

W5: Consultative/Collaborative Care for the
Treatment of Perinatal Women with Mental Illness

W6: Motivational Interviewing for Psychosomatic Medicine

S1: Psychiatric Consultation on Surgical
Intensive Care Services

S2: Cancer's Not Sexy: Psychological Impact of
Sexual, Hormonal, and Reproductive Function in the Context of Cancer Treatment



Thursday, November 11

6:30am–7:00pm	Registration Desk open
7:00–9:00am	Exhibitor setup
7:00–10:00am	APM Committee Meetings (with Continental Breakfast)
8:00–9:00am	New Member Breakfast (by invitation)
8:00am–7:00pm	Exhibits open
10:00–10:20am	Annual Meeting Opening & Announcements

3:45–4:00pm	Break	12:40–1:20pm
4:00–6:00pm	Poster Session	
5:00–6:00pm	APM Authors' Corner (see article on page 13)	
5:30–7:00pm	Welcome Reception — “People” Hunt and Auction	1:20–1:30pm
		1:30–3:30pm

Friday, November 12

6:30–7:15am	Group run on the beach
6:30am–7:00pm	Registration Desk open
7:00–8:00am	Special Interest Group Meetings (with Continental Breakfast)
8:00–8:15am	Announcements
8:15–9:15am	PLENARY LECTURE II <i>Teaching for Learning: Bringing Theory to Practice</i> Susan J. Lieff, MD, MEd, FRCP(C)
9:00am–5:00pm	Exhibits open
9:15–9:30am	Break
9:30–11:30am	Concurrent Workshops (W) and Symposia (S) W7: Writing and Publishing 101 W8: Using Telemedicine to Provide Psychiatric Consultation to Underserved and Vulnerable Populations W9: Enhancing the Education of Residents and Medical Students on Psychosomatic Medicine Services (APM Education Committee Workshop) W10: Facebook, Twitter, and Other Online Sources: How Should These Be Used in a Psychiatric Consultation? S3: Educating Clinicians about HIV-Associated Dementia (APM AIDS Psychiatry SIG Symposium) S4: New Developments in Preventing Delirium in Critical Care Settings: A Role for Dexmedetomidine S5: Multidisciplinary Management of Difficult Behavior in Oncology Outpatients
11:30–11:40am	Break
11:40am–12:40pm	Awards/Fellowship Luncheon & Convocation



ELEANOR & THOMAS P. HACKETT MEMORIAL AWARD LECTURE

Trailblazing

Donna E. Stewart, MD, FAPM

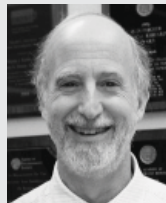


Break
Concurrent Workshops (W) and Symposia (S) W11: Rounds in the General Hospital: See One, Do One, Teach One? W12: Spiritual Assessment in Medical Settings: Approaching and Assessing Spiritual and Religious Issues and Experiences in the Medically Ill W13: Teaching Psychosomatic Medicine Topics in the Small Group Setting and Session Planning Techniques W14: This Is Not Your Analyst's Tavistock: An Interactive Exercise in Untangling a “Messy” Consult W15: Benzodiazepine Failure: What Treatments Should Be Tried Next (And Why) for Critically Ill Patients with Severe Alcohol Withdrawal Syndrome? S6: A European Perspective on C-L Psychiatry S7: Update and Review of Emergency Psychiatry
Break
Concurrent Workshops (W) and Symposia (S) W16: Erasing the Mystery of Medicare Documentation: Utilizing the CMS Scorecard to Review Compliance of Consultation and Progress Notes W17: What's Up Doc? Perspectives on Culture and Consultation Psychiatry W18: Making Your Presentation More Interactive: A Better Way! W19: Training in Pediatric Psychosomatic Medicine (Essentials VI) W20: Psychiatrists and Organ Donation: Are We Robin Hood to the People or Are We Hoods Robbin' the People? S8: The Value of Introducing Palliative Medicine Curricula into Psychiatry Training

- S9: Toxic Pharmacology: An Update on Psychosomatic Drug Syndromes
- 5:00–8:00pm Exhibits breakdown
- 6:00–8:00pm Webb Fellows Reception — “Hot Havana Nights” Beach Front Celebration

Saturday, November 13

- 6:30–7:15am Group run on the beach
- 6:30am–6:30pm Registration Desk open
- 7:00–8:00am Special Interest Group Meetings and Continental Breakfast
- 8:00–8:15am Announcements
- 8:15–9:15am **PLENARY LECTURE III**
Integrating Mind, Body, and Environment in Psychiatric Education
Eugene V. Beresin, MD
- 9:15–10:00am **DLIN/FISCHER AWARD LECTURE**
Comorbid Depression Is Associated with an Increased Risk of Dementia Diagnosis in Patients with Diabetes: A Prospective Cohort Study
Wayne J. Katon, MD, FAPM
- 10:00–10:15am Break
- 10:15am–12:15pm Concurrent Oral Paper Sessions:
A: Anxiety/Somatoform Disorders
B: Cancer and End of Life Care
C: Depression/Cardiac Disease
D: Hepatitis C and Transplantation
E: Neuropsychiatry
F: Surgery and Hospital Care
G: Webb Fellow Presentations
- 12:15–1:15pm Lunch on your own (\$25 box lunch available if reserved in advance)
- 12:15–1:15pm Women’s Caucus Lunch (all women invited)
- 12:15–1:15pm SIG Chair Lunch (by invitation)
- 1:15–2:00pm Annual Business Meeting (APM members only)
- 2:00–2:15pm Break
- 2:15–4:15pm Concurrent Workshops (W) and Symposia (S)
W21: How to Maximize the Fellowship Liaison Experience—Starting with the End in Mind
W22: The Art of Consultant as Educator
W23: ADVOCACY 101: Leadership and Legislative Skills
W24: Does This Man Deserve Another Kidney? The Role of Personality and Non-



compliance in Renal Transplant Decision-Making

- S10: Integrated Care in Primary Care and Specialty Care Settings: Models and Financing
- S11: From Mechanisms to Treatment in Depression in Cardiovascular Disease: From Bench to Bedside
- S12: Non-Pharmacological Treatment Alternatives in the Acute Medical Setting for Psychosomatic Medicine Practitioners
- Break
- Concurrent Workshops (W) and Symposia (S)
- W25: Professionalism in Psychosomatic Medicine: A Focus on Education
- W26: Managing Opioid Use Disorders in the Acute Medical Setting
- W27: “In Sickness and in Health”: Treating Sleep Disorders to Improve Quality of Life
- S13: Expanding Collaborative Care to Patients with Comorbid Medical Illness and Community-Based Primary Care Practices
- S14: The Proposed Classification of Somatic Symptom Disorder or Functional Somatic Disorders in the DSM-V from an International Perspective
- S15: Tiaras, Tantrums, and Tears: Administrative Psychiatry During C-L Training
- S16: Neuropsychological Assessment: An Important C-L Tool for Resolving Diagnostic Dilemmas and Interspecialty Disagreements in Cases of Complicated Patient Presentations
- 6:30–7:30pm Wrap-up Session for APM Annual Meeting Committee (by invitation)

Sunday, November 14

- 7:00–10:00am Registration Desk open
- 8:00–11:00am Second APM Council Meeting (Council and invited guests)

Act Early and Save

Meeting Registration (see pp. 14–15):
Save \$100 by registering before **September 14**.
Save \$50 by registering before **October 14**.
Hotel Reservation (see back page):
Book by **October 19** for \$195/night.

Annual Members'

BUSINESS MEETING

The 2010 Annual Members' Business Meeting is scheduled for Saturday, November 13, 2010, from 1:15 to 2:00 pm at the Marco Island Marriott Beach Resort in Marco Island, Florida.

Agenda items include the election of officers and councilors, and ratification of changes to the Constitution and By-Laws.

Election of Officers and Councilors: The APM Nominating Committee (Drs. Shuster [chair], Alter, Currier, Dimsdale, and Skotzko) respectfully submits the following slate of officers and councilors for action at the Annual Members' Business Meeting in Marco Island, Florida in November.

Officers (1-year terms):

President-Elect: Donald L. Rosenstein, MD, FAPM
(Chapel Hill, NC)

Vice President: Wayne J. Katon, MD, FAPM
(Seattle, WA)

Secretary: Linda L.M. Worley, MD, FAPM
(Little Rock, AR)

Treasurer: Catherine C. Crone, MD, FAPM
(Falls Church, VA)

Councilors (3-year terms):

Linda K. Ganzini, MD, FAPM (2nd Term)
(Portland, OR)

Rebecca W. Brendel, MD, JD, FAPM (1st Term)
(Belmont, MA)

Michael C. Sharpe, MD, FAPM (1st Term)
(Edinburgh, UK)

Change to the Constitution:

ARTICLE VIII. AMENDMENTS

Section 1.2

Proposed amendments to the Constitution shall be disseminated by the Secretary to the membership no later than **three five** months prior to the following annual meeting at which action is to be taken.

Changes to By-Laws:

CHAPTER III. THE COUNCIL

Section 1.1 Membership

Add:

E. The Chair of the Board of Directors of the Foundation of the APM is an ex officio member of the Council without vote.

CHAPTER V. ELECTIONS

Section 1.2 Nomination of Officers

Nominations for Academy officers are made by the Nominating Committee. The names of nominees are published to the membership **at least three months five months** prior to the meeting at which a vote is to be taken (Bylaws, Chapter VIII, Section 2.1).

New

MEMBERS

Kristen Abrams, MD
Loma Linda, CA

Rashi Aggarwal, MD
Newark, NJ

Mazin Al-Battran, MBChB
Toronto, ON, Canada

Fahad Alosaimi, MD
Kingdom of Saudi Arabia

Orna Alpert, MD
Somerset, NJ

Dawn M Benford, MSN
Phoenix, AZ

Oscar J Bienvenu, MD, PhD
Baltimore, MD

Adriana Buga, MD
New York, NY

Christopher M. Celano, MD
Arlington, MA

Daliborka Danelisen, DO
Richmond, VA

Jean Dickinson, MA, MD
New York, NY

Daniel E Elswick, MD
Morgantown, WV

Meredith Barbara Flynn, MD
Richfield, MN

Leila Gibson, MD
Saskatoon, SK, Canada

Anne Gross, MD
Cambridge, MA

Madhulika A. Gupta, MD
London, ON, Canada

Jennifer A. Hanner, MD, MPH
Palisades Park, NJ

Hsiang Huang, MD
Seattle, WA

Erin P. Johannesen, MA, MD
Washington, DC

David P. Kasick, MD
Hilliard, OH

Laura K Kent, MD
New York, NY

Vicki Kijewski, MD
Iowa City, IA

Jennifer Knight, MD
Rochester, NY

Nataliya Koliasko
Huntingdon Valley, PA

Andrew J. Lancia, MS(R), MD
Iowa City, IA

Alvin H. Lau, MD
Seattle, WA

Andrea Martinez Kondracke, MD
New York, NY

Leslie McDaniel, MD
Davis, CA

Fremonta Meyer, MD
Somerville, MA

Sara Nash, MD
New York, NY

Nirupama Natarajan, MD
Shreveport, LA

Karin J Neufeld, MD, MPH
Highland, MD

Tuong-Vi Nguyen, MDCM
Montreal, QC, Canada

Donna M. Norris, MD
Wellesley, MA

Nicholas G. Pejic, MD
New Orleans, LA

Adriana B. Perez Valencia, MD
Monterrey, Mexico

Clemlyn-Ann A. Pollydore, MD
Decatur, GA

Paul Rajesh Puri, MD
San Diego, CA

Aaron V Riley, MD
Milwaukee, WI

Jacynthe Rivest, MD
New York, NY

Anne W Ruminjo, MD, MPH
New York, NY

Jyoti Sachdeva, MD
Cincinnati, OH

Jaroslava Salman, MD
Los Angeles, CA

Samuel O. Sostre, MD
Hackensack, NJ

Kimberly M. Stoner, MD, MS
Milwaukee, WI

Joji Suzuki, MD
Boston, MA

Majorie Vadnais, MD
New York, NY

Adriana Wilson, MD
Halifax, NB, Canada

Committee & SIG NEWS

CLINICAL PRACTICE COMMITTEE

Consensus Statement Approved

— **James R. Rundell, MD, FAPM**
Chair, Clinical Practice Committee

In 2008, the APM and the European Association of Consultation-Liaison Psychiatry and Psychosomatic Medicine (EACLPP) agreed to cooperate on a consensus statement on “Psychosomatic Medicine and Consultation-Liaison Psychiatry: Scope of Practice, Processes and Competencies.” A working group within EACLPP and APM’s Evidence-Based Practice Subcommittee reviewed evidence related to psychosomatic practice and guidelines from different organizations and nations to produce a draft consensus statement. The final consensus document was approved by EACLPP’s board in early 2010 and by the APM Council in June 2010.

The consensus statement, which is posted on the APM website in the Members’ Corner, summarizes available evidence supporting the practice of psychosomatic medicine in several domains relevant to inpatient, outpatient, and institutional consultation practice:

- Efficacy of psychiatric consultation in medical-surgical patients and settings
- Scope of psychosomatic medicine practice
- Competencies and skills, knowledge and expertise, and components of a psychosomatic medicine psychiatrist
- Range of psychiatric syndromes and treatment modalities that exist with the scope of practice of psychosomatic medicine

This consensus statement defines evidence supporting the scope, roles, and basic competencies required of a psychosomatic medicine psychiatrist. But these are not the only roles and competencies of a psychosomatic medicine psychiatrist. Different nations have different definitions of the scope, roles, and competencies for the subspecialty. The purpose of the consensus statement is to delineate a set of basic competencies and roles to serve as an internationally recognized base from which national competencies, scope, and roles may be built. It is not a standard to which an individual C-L/PM psychiatrist should be held, but a starting point for each national medical

specialty organization to define this subspecialty or area of special expertise.

PM Advocacy Slide Set Updated

— **Stephen Saravay, MD, FAPM**

A newly updated PowerPoint set of slides, “Adding Value to Healthcare through Consultation-Liaison Psychiatry,” is now available to the APM membership to download free of charge.

The PowerPoint presentation documents the clinical and cost-saving advantages that C-L/PM services provide in general hospital inpatient settings. It is designed to be used by C-L/PM psychiatrists in presentations to department chairs and administrators to advocate for continued support for their programs, or to demonstrate the value of new or expanded programs. It can also be used as an educational tool for fellows, residents, and medical students.

The 65-slide presentation can be shown in its entirety, or portions can be selected to focus on specific issues in a given institution. Earlier 1999 and 1997 versions of the presentation (a.k.a. “Marketing Kit”) have been used with success in gaining support for C-L programs in the United States and by our European counterparts.

The new and expanded PowerPoint presentation was created at the initiative of the Business of Psychosomatic Medicine Subcommittee of the Academy’s Clinical Practice Committee. The slides are on the APM website in the Members’ Corner.

EDUCATION COMMITTEE

Several new items will be posted on the APM website in the near future that will be of interest to psychiatry residents, residency program directors, and potential PM fellows.

Resident Lectures

The Resident Education Subcommittee, chaired by **Dr. Tom Heinrich**, will be posting a series of 13 lectures (PowerPoint presentations) in psychosomatic medicine tailored to the educational level of a junior resident in psychiatry. The topics are varied and meant to cover some of the most salient and important issues in psychosomatic medicine that we encourage psychiatry residents to receive. The complete lectures will be posted in the Members’ Corner of our website and will be free for downloading by APM members. The first five slides for each lecture will be posted for the public in the “Career” section of the site. The intent is for residency program directors to include these lectures in their programs.

Common Fellowship Application

The Fellowship Education Subcommittee, chaired by **Dr. Catherine Crone**, will be posting a “Common App” (common application) for fellowship candidates to fill out and submit to their programs of choice. The application was developed using input from a number of program directors who are APM members. Those programs which will accept the common application will be so indicated on APM’s online Fellowship Directory (which is in the “Career” section of the website).

AIDS PSYCHIATRY SIG

— **Mary Ann Cohen, MD, FAPM**

The APM AIDS Psychiatry SIG (AP SIG) continues to grow from 32 members in 2004 to nearly 250 national and international members as of July 2010.

SIG members **Drs. Batista, Cozza, Goforth, Lux, Khalife, Soffer, and I** co-authored the *Handbook of AIDS Psychiatry* published on April 12, 2010. The book is the companion to the *Textbook of AIDS Psychiatry* (with 29 AP SIG contributors) that was published in 2008.

During this academic year, in addition to presentations and publications, SIG members participated in a series of AIDS psychiatric treatment consensus surveys to address significant issues that were not addressed in the first membership survey in spring 2008. **Drs. Angelino,**



Batista, Cournos, Ferrando, and Grimaldi will be working with us on our next project relating to the recognition and treatment of HIV-associated neurocognitive disorders. The results of the 2008 survey will be published in a forthcoming issue of *Psychosomatics* in an article written by SIG members **Drs. Freudenberg, Goforth, Cozza, and Cohen**. The article is entitled "Psychiatric Treatment of Persons with HIV/AIDS: An HIV-Psychiatry Consensus Survey of Current Practices."

I am pleased to report that our symposium was accepted for presentation at the 2010 Annual Meeting on Friday, November 12 from 9:30–11:30am. This symposium, *Educating Clinicians about HIV-Associated Dementia*, is presented by SIG members and covers significant topics:

- **Risk Factors for HIV-Associated Neurocognitive Disorders (HAND)**—Jordi Blanch, MD, Clinical Institute of Neurosciences, Hospital Clinic de Barcelona, Spain
- **Early Recognition of HIV-Associated Dementia: Differential Diagnosis**—Adriana Carvalhal, MD, MSc, PhD, McMaster University School of Medicine, Ontario, Canada
- **Early Recognition of HAD: Complexities of Assessment and Screening**—Stephen J. Ferrando, MD, FAPM, Weill Cornell Medical College
- **Developing Screening Tools for HAD and Assessing Current Practices**—Andrew Angelino, MD, FAPM, Johns Hopkins University; and John Grimaldi, MD, Harvard Medical School

We welcome suggestions for new members and invite you and your colleagues in AIDS psychiatry to join our group!

PSYCHOTHERAPY SIG

Do you have a great paper on psychotherapy of the medically ill? Have you given an outstanding lecture on the subject? Upload what you have to me, and/or if you are interested in meeting colleagues with similar interest, email me at haroldbronheim@aol.com. We

BIOETHICS SIG

—*Mary Ann Cohen, MD, FAPM*

Unfortunately, our symposium proposal for the 2010 Annual Meeting was not accepted. However, we remain undaunted and will submit our proposal for the 2011 Annual Meeting!

The working title of the new Bioethics Symposium and Roundtable is *Teaching Bioethics to Psychosomatic Medicine Psychiatrists* and will include:

- a. Defining Bioethical Concepts and Boundaries, and Who Should Do Ethics Consults?
- b. Elopement Risk
- c. Raising Awareness about Bioethics
- d. National Standards for Ethics Consultations: Final Report

"Issues in Bioethics" in *Psychosomatics*

Introduced in the November–December 2006 issue of *Psychosomatics* (*Psychosomatics* 2006; 47[6]:519), we are in the process of preparing our third case presentation for this new special section of the journal. The first case presentation was published in the January–February 2007 issue (*Psychosomatics* 2007; 48(1):10–14). The second case presentation was published in the May–June 2009 issue (*Psychosomatics* 2009; 50(3):185–191).

As current editor of the section on Issues in Bioethics, I invite you to write up challenging bioethics consultations for submission and consideration for publication. Feel free to contact me at macohen@nyc.rr.com.

SIG meetng at 2010 Annual Meeting

The Bioethics SIG will meet at the APM 2010 Annual Meeting in Marco Island either early Friday or early Saturday — schedule to be announced. We will present cases and explore new topics in bioethics. We invite you to join us.

—*Harold E. Bronheim, MD, FAPM*

will send you an agenda for our group meeting at the APM Annual Meeting, where we would like to discuss different techniques and approaches, a web page for our group, and a workshop or symposium for the 2011 Annual Meeting.

NEW RULES FOR NEW SIGS

The Academy appreciates the several special interest groups (SIGs) that it sponsors and which make the Academy more responsive to its members' needs and interests.

Because it does take a certain amount of staff time to maintain these APM-sponsored SIGs, we are asking for a commitment from at least 10 members to support a proposed Academy-sponsored SIG.

If you are interested in starting a new SIG, please see the updated policy at www.apm.org/sigs/sig-policy.shtml (under the "About" menu on the site). There you will find a form to submit for requesting a new Academy-sponsored SIG as well as a form for your 10 founding members to submit that confirms their commitment to the SIG.

To join an existing SIG, simply send an email to the chair of the desired SIG indicating your area of interest and your institution. Current SIGs and their chairs are below. Email addresses for the chairs can be found with the Directory/Referrals page of the website under "Members."

CURRENT APM SIGs & CHAIRS

AIDS Psychiatry

Mary Ann Cohen, MD, FAPM

Bioethics

Mary Ann Cohen, MD, FAPM

C-L Child/Adolescent Psychiatry

Maryland Pao, MD, FAPM

Community-Based PM Physician Practice Issues

Linda M. Peterson, MD, FAPM

International Relations

Frederik J. Huyse, MD, PhD, FAPM

Neuropsychiatry

Yonas E. Geda, MD

Palliative Care

Harold W. Goforth, MD, FAPM

Psychodynamic Psychiatry

Craig Lichtman, MD, MBA

Psychotherapy of the Medically Ill

Harold E. Bronheim, MD, FAPM

Transplant Psychiatry

Andrea DiMartini, MD, FAPM

Women's Issues

Linda L.M. Worley, MD, FAPM

Marian Fireman, MD, FAPM

The Foundation

OF THE ACADEMY OF PSYCHOSOMATIC MEDICINE

REQUEST FOR AUCTION ITEM DONATIONS

Philip Muskin, MD, FAPM

Chair, Foundation of the Academy of Psychosomatic Medicine

At last year's Annual Meeting in Las Vegas, the Foundation of the Academy of Psychosomatic Medicine (FAPM) sponsored a very successful silent and live auction during the Welcome Reception. This year the Foundation will be hosting the auction again and we are hoping for the same success. To make this year's event even more successful than before, we will need the support of Academy members. We are asking for donations of items to auction off.

Some popular items that we received last year were books written by APM members, tickets to Cirque de Soliel's LOVE show (one of the Saturday evening entertainment options), vacations, Red Sox tickets, and two registrations for this year's APM Annual Meeting. The item that generated the most excitement was a wonderful trip to Norway donated by **Ulrik Malt, MD, PhD, FAPM**. The lucky winner of this fantastic expense-paid week in Oslo was **Bonnie Olson, MD**. We are asking for similar items this year or any item that will spark our attendees' interest to bid.

If you are willing to commit to a donation, we will need you to notify the Foundation with a description of your donation(s) and the estimated value so that we may calculate minimum bids. Please bring your donations to the Registration Desk at the Marco Island Marriott on Thursday, November 11 by Noon. After the conclusion of the Annual Meeting, you will receive a donation letter to submit to the IRS for deduction purposes.

Thoughtful contributions from people like you make it possible for the Foundation to support the education and research programs and activities of the APM. So please think about what you would like to donate and contact either me at prm1@columbia.edu or Kristen Flemming at kflemming@apm.org with your commitment and the face value of your donation. Please submit these commitments by October 16th.

Thank you all for your support!



Silent Auction table at the 2009 Annual Meeting. Thanks to the donations of many APM members, the auction yielded a profit of over \$6,000 to the Foundation.

TOP WINNER OF 2009 SILENT AUCTION SAYS "THANK YOU!"

June 23, 2010

Dear Dr. Wallis and Ms. Flemming,

Last fall I attended the Academy of Psychosomatic Medicine meeting in Las Vegas and also attended the fund raising auction for The Foundation. I left the auction with a trip to Norway! As you know, Dr. Ulrik Malt was the host for this trip. In May this year I traveled to Norway and met Dr. Malt and his group at the Rikshospitalet in Oslo.

I wanted the APM to know what a really smart choice I made, in this instance, contributing to The Foundation's funding effort. It was a marvelous trip and Dr. Malt was an extraordinarily gracious host. We had great discussions about our programs and patients as a genuine cultural exchange. His clinical group was welcoming and absolutely top-notch. The whole experience has been a powerful incentive to be more involved in APM meetings and activities.

The fundraising event in Las Vegas supporting The Foundation's efforts was, in my opinion, a complete success. I would very much encourage you to continue these activities. I would also like to thank you as a member of the APM for organizing the auction.

Sincerely,

Bonnie Olson, MD

GLA-VA Medical Center, Los Angeles

TENNIS ANYONE?

The Foundation of the APM is hosting a charity doubles tennis tournament on Wednesday, November 10 at 5:30pm at the Marco Island Marriott. Profits are to support the Foundation, whose mission is to support the education and research programs and activities of the Academy.

If you enjoy the game of tennis, please sign up when you register for the meeting for only \$35 to play. You'll receive an email from the APM office asking for your playing ability. This will assist the tennis pro to pair individuals together.



FOUNDATION RECEIVES GENEROUS DONATION

We are very pleased to announce that one of the dynamic leaders of the Academy — **Mary Ann Cohen, MD, FAPM** — has donated to the FAPM the honorarium she received for developing and implementing an HIV Psychiatry curriculum for UCLA. The curriculum was about the diagnosis and treatment of trauma-induced PTSD in persons with HIV and AIDS. The donation amounts to a whopping \$3,000!



Dr. Cohen is Clinical Professor of Psychiatry at the Mount Sinai School of Medicine and in the private practice of psychodynamic psychotherapy and psychosomatic medicine. She has written and lectured extensively on AIDS psychiatry, psychosomatic medicine, bioethics, and end-of-life issues. She is currently the chair of APM's special interest groups for both Bioethics and AIDS Psychiatry. Among her many awards is APM's Award of Special Recognition in 2009.

The Foundation is grateful to Dr. Cohen for this very generous donation and we hope this starts a trend for APM members who receive honoraria for speaking or other professional activities!

INVITATION TO SIT IN THE CORNER

This year the Annual Meeting Committee is launching a new venue entitled the **APM Authors' Corner** on Thursday evening from 5:00 to 6:00pm. If you have recently authored or edited a book in the C-L/PM field, please consider being one of the featured authors in the Corner. Authors will be given a place to sit with their books to meet interested attendees, answer questions, and personally sign their books.



If you wish to accept this invitation, please let Kristen Flemming (kflemming@apm.org) know by **October 1, 2010**. Kristen will work with you to facilitate the details necessary to arrange to have books available at the Annual Meeting for purchase. This is a first come, first served opportunity open to all APM members.

IMPORTANT INFORMATION *For Presenters*

The Academy is delighted that over 100 members and guests will be presenting workshops, symposia, oral papers, and posters at the 2010 Annual Meeting. Here are some requirements and suggestions for a hassle-free presentation.

Disclosure. To comply with ACCME requirements, every presenter, co-presenter, moderator, and discussant must follow strict instructions about disclosing any direct or indirect commercial or financial relationship that may create a conflict of interest.

Prior to the meeting, every presenter must sign and mail or fax the disclosure forms sent by the Academy with the acceptance letters. And for those making a presentation with slides, the second slide must disclose whether a commercial or financial relationship exists. Both the disclosure forms and a PowerPoint template for the required second slide are available on the APM website on the "For Presenters" page in the Annual Meeting section.

Handouts. With the exception of handouts for the pre-conference courses, APM

will not be printing any audience materials for the various sessions. However, we encourage each presenter to send us their PowerPoint file, and bibliography if it exists separately, for posting on the website as PDF files so that registrants may print them at home and bring them to the meeting. To ensure the materials are posted a week before the meeting to give registrants time to print them, we suggest you send your slides and bibliography to webmaster@apm.org by October 27, although we will accept and post them as they are received, even after the meeting. The slides will reside in a password-protected area of the site; each registrant will be given the login. In January 2011, the slides will be moved to the Members' Corner for access by APM members only.

Audio/Visual Needs. Each meeting room will be set up with a laptop (no mouse), an LCD projector, and a microphone. If you need additional A/V equipment, contact Academy Coordinator Kristen Flemming (kflemming@apm.org) **before October 15, 2010**.

PRESCRIPTION FOR FUN

The Social Events Subcommittee has been hard at work creating opportunities for all our attendees to meet one another across areas of specialty and professional development. We begin on Wednesday evening with a **trainee mixer** that provides an opportunity for fellows and other early career psychiatrists to meet each other and meet directors of PM fellowship programs.

Also on Wednesday evening is an APM Foundation fundraising **doubles tennis tournament**. This event is priced separately (\$35).

The opening reception on Thursday evening will feature a **silent and live auction** supporting the APM Foundation along with a scavenger hunt (actually a "**people hunt**") competition for small prizes.

—*Nebama Dresner, MD, FAPM*
Chair, 2010 Social Events Subcommittee

For the early rising joggers amongst us, we'll have organized **group runs on the beach** both Friday and Saturday mornings before conference events begin.

At lunch on Friday, special tables will be reserved for trainees and early career folks to share a meal with experts in various specialty fields of psychosomatic medicine. On Friday night, we will celebrate our Webb fellows at a "**Hot Havana Nights**" **beach front reception** featuring salsa music, limbo, and dancing for those so inclined! This event is also priced separately (\$40).

Throughout the meeting, our goal is to facilitate informal introductions and mentorship, and to provide opportunities for those who wish to explore the area. Looking forward to greeting you in November!"

Frequently Asked Questions

ABOUT REGISTRATION

Got a question about registering for the meeting? Please review these FAQs to see if it's already been answered. If you still have questions, please contact the Academy office at 301-718-6520 or apm@apm.org.

Q: I am a member of APM and I'm the main speaker at a symposium. Is my registration fee waived for the meeting?

A: No. APM members pay the member rate, whether or not they are presenting a workshop, symposium, oral paper, or poster.

Q: I am not a member of APM but my abstract for an oral paper has been accepted. The registration form says non-member presenters "listed in the program" can register at the member rate. How can I tell if I will be listed in the program?

A: When you submitted your abstract, the person you designated as the presenter of your oral or poster paper may register at the member rate. If you are a co-author and will not be presenting (even though you may be present), you must register at the non-member rate if you are a non-member. If there are any changes as to who will be the presenter, notify the Academy office immediately so appropriate changes can be made to the Final Program.

Q: I am able to attend only one day of the annual meeting. Can I register for just one day and not the whole conference?

A: You may register for the Wednesday pre-conference courses without registering for the meeting, but there is no per-day rate for the meeting itself. You must pay the full fee for the three-day meeting even though you attend only one of the days.

Q: What "proof of status" do you need for a student/resident/fellow so that I can register at the student rate?

A: Any of the following are acceptable as proof: a copy of your student ID card at your educational institution; a letter from your program director confirming your participation in the program; a letter from the school's registrar confirming your current enrollment.

If you register online for the meeting, upload an electronic copy of the proof. If you register by mail or fax, send hardcopy of the proof.

Q: My mother is very ill and her doctors have suggested she get her affairs in order. I really want to go to the annual meeting and I want the \$100 discount for early birds. Do you have an exception policy for the no-refund-after-November 1 rule in case my mom takes a turn for the worse right before the meeting and I feel compelled to stay close to her, or even to make funeral arrangements?

A: Yes, we do consider exceptions to the rule. If you yourself are too ill to attend and you submit a note from your primary physician, or in extenuating circumstances such as the death of a family member, your case will be reviewed for a full or partial refund.

Q: When I register for the meeting, just how many of those extra events do I have to buy tickets for? Are they all included in my registration fee?

A: On the registration form, event tickets are listed in two separate groups for a reason. The first group, "Guest Event Tickets," need be purchased ONLY FOR GUESTS as these events are included in the price of registration. The second group, "Optional Event Tickets," must be purchased for both meeting registrants and guests who wish to attend the respective event.

Q: I won't know until the last minute if my spouse can join me at the meeting. Can I wait to purchase guest tickets for the luncheons and receptions until I check in for the meeting?

A: Yes, but plan on spending extra time at the Registration Desk for processing the extra tickets. In any case, tickets for any event must be purchased no later than 5:00pm the day before the event so that the hotel can pre-

pare enough food for everyone. The exception is the tennis tournament: tickets must be purchased two weeks in advance.

Q: Is lunch included with the half-day skills courses on Wednesday?

A: No. Lunch is included with only the full-day *Updates in Psychosomatic Medicine* course. But skills-course registrants may purchase the Wednesday buffet lunch for \$25 on the registration form.

Q: Can you assure me that my special dietary needs will be honored at the food functions?

A: The hotel can accommodate special dietary needs if notified well in advance, which means you must notify the Academy office no later than October 15 (register before that date and check the "special dietary needs" box). The Academy will provide the hotel with the names of those who requested special diets so that waiters can serve the special meals to the proper people. It should be noted that meeting etiquette calls for attendees to not claim specially prepared meals that they have not requested in advance.

Q: Do I need to select the workshops and symposia I want to attend in advance?

A: No. Meeting rooms are filled in a first-come, first-to-get-a-seat fashion.

Q: Will I still be able to register in advance after October 14?

A: Yes, at the on-site price. Online registration will be available until October 29. If you register after October 14 by mail or fax, be sure to bring a copy of your completed registration form to the meeting in case it was received too late to be processed completely. Also, expect a delay at the Registration Desk because your badge and other meeting materials may not be ready for you.





57th Annual Meeting • Nov. 10-13, 2010 • Marco Island, Florida

REGISTRATION FORM

You are encouraged to register online. It is quick and secure!
Go to www.apm.org and link to the online registration system.

1. Contact Information (Type or print only)

Name _____ Degree(s) _____ Discipline _____
(e.g. Psychiatry, Psychology, Nursing)
Name as you would like it to appear on badge (if different from above) _____
Address _____
City/State/Zip/Country _____ Phone (_____) _____
E-mail _____ Fax (_____) _____

☐ Check here if you have special needs (dietary restrictions, disability, etc.)
An APM staff member will contact you.

☐ Check here if you are traveling from outside the USA and want to know if you are eligible for a discounted non-US conference fee based on the World Bank Categories. An APM staff member will contact you.

2. Registration for Meeting & Pre-Conference Courses

Check ONE of the boxes in the fee schedule below depending on your membership status, the date you submit this registration and whether you want to attend any of the pre-conference courses. For more information on the meeting and pre-conference courses, visit www.apm.org or call (301) 718-6536.

WEDNESDAY, NOV. 10 PRE-CONFERENCE COURSES

APM ANNUAL MEETING

✓ CHECK ONE BOX ONLY

	Early Bird by 9/14/10	Advanced by 10/14/10	On site after 10/14/10
APM Member	<input type="checkbox"/> \$495	<input type="checkbox"/> \$545	<input type="checkbox"/> \$595
Non-Member Presenter [Listed in program]	<input type="checkbox"/> \$495	<input type="checkbox"/> \$545	<input type="checkbox"/> \$595
Non-Member	<input type="checkbox"/> \$695	<input type="checkbox"/> \$745	<input type="checkbox"/> \$795
Postgraduate Fellow/Resident/Student*	<input type="checkbox"/> \$180	<input type="checkbox"/> \$230	<input type="checkbox"/> \$280

* Proof of status at current institution must accompany this registration form.

3. Guest Event Tickets

Annual Meeting registrants receive complimentary access to the events listed below. As a way of including friends and loved ones joining us on Marco Island, additional tickets may be purchased for non-registered guests for these events.

Thursday Research Lecture Luncheon: _____ @ \$35/person \$ _____

Thursday Evening Welcome Reception: _____ @ \$35/adult \$ _____

_____ children under 5 FREE _____

Friday Awards and Convocation Luncheon: _____ @ \$35/person \$ _____

TOTAL GUEST EVENT TICKETS \$ _____

4. Optional Event Tickets

Wednesday Charity Tennis Tournament _____ @ \$35/person \$ _____

Friday Webb Fellows Reception _____ @ \$40/person \$ _____

Saturday boxed lunch _____ @ \$25/person \$ _____

5. 2011 Membership Dues

All current (2010) members can pay 2011 membership dues with this meeting registration.

APM Fellow or Full Member ☐ \$225

Associate Member ☐ \$175

Member-in-Training ☐ \$55

6. Payment

▽ Fax completed forms to (301) 656-0989
▽ or mail to address below.

I wish to make payment by ☐ Check or Money Order ☐ Credit Card

If paying by check or money order, make payable to APM and mail with this form to:
APM—Annual Meeting Registration: 5272 River Road, Suite 630, Bethesda, MD 20816

☐ Update in Psychosomatic Medicine (8:00am -5:00pm) —includes lunch

APM Member ☐ \$300

Non-Member Presenter [Listed in program] ☐ \$300

Non-Member ☐ \$400

Postgraduate Fellow/Resident/Student* ☐ \$150

Morning Skills Courses (8:00am - Noon)

★★ Optional lunch
—see below

☐ 1. Update in Internal Medicine for the
Consultation-Liaison Psychiatrist

☐ 2. Pediatric Psychosomatic Medicine: Mending Hearts & Minds

Afternoon Skills Courses (1:00pm - 5:00pm)

☐ 1. The Business of Building Psychosomatic Medicine Services

☐ 2. Psychopharmacology for the Psychosomatic Psychiatrist

☐ 3. Neuropsychiatric Masquerades: Medical and Neurological
Disorders that Present with Psychiatric Symptoms

APM Member ☐ \$150

Non-Member Presenter [Listed in program] ☐ \$150

Non-Member ☐ \$200

Postgraduate Fellow/Resident/Student* ☐ \$75

Optional Lunch ☐ \$25/adult

TOTAL PRE-CONFERENCE COURSES \$ _____

Fee Calculation:

Annual Meeting \$ _____ Optional Events \$ _____

Pre-Conference Courses \$ _____ 2011 Mbrshp. Dues \$ _____

Guest Event Tickets \$ _____

TOTAL REMITTANCE (US FUNDS) \$ _____

If paying by credit card, complete this section:

☐ VISA ☐ MC ☐ AmEx

Card Number _____

Exp. Date (mm/yy) _____ Security Code _____

Name on Card _____

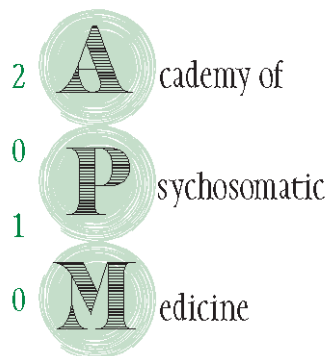
Signature _____

CANCELLATION POLICY: Full refund, minus a \$50 fee, if notified in writing before **October 14, 2010**. A 50% refund will be allowed if notified between **October 14 and November 1, 2010**. **No refund after November 1, 2010**. Approved refunds will be distributed approximately 30 days after conclusion of the Annual Meeting.

Academy of Psychosomatic Medicine

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—Advancing Psychosomatic Medicine
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**Marco Island Marriott Beach Resort
Marco Island, Florida
November 10-13, 2010**

Marco Island

Be sure to make your room reservations at the Marco Island Marriott by October 19 to get the \$195 rate for Annual Meeting attendees. The link to reserve online is on the APM website, or phone 1-800-438-4373 and mention APM for the discounted rate.

We suggest you make your flight reservations in early October. The nearest viable airport is Southwest Florida International Airport in Fort Myers (airport code RSW), about 45 miles north of the hotel. Then choose your ground transportation — taxi, rental car, private sedan, or group shuttle.

GETTING THERE & STAYING THERE

Hertz Car Rental (239-768-3100) has an on-site rental and return location at the Marco Island Marriott and is offering meeting attendees the rate of either \$39/day for an economy car or the lowest rate available at the time. The rate is valid for one-way trip to or from the airport — e.g., rent a car at the airport and turn it in at the Marriott location that same day; rent the car again a few days later for the return trip to the airport. Reserve your car online with the link on the APM website, or use Convention Number (CV) 04JE0001 when you phone.

Dolphin Transportation (239-530-0100) will provide meeting attendees a discounted one-way rate of \$52.50 per person for ground transportation between the airport in

Fort Myers and the Marco Island Marriott between 10:00am and 6:00pm on Tuesday, Wednesday, and Thursday, and on Saturday and Sunday. For transportation outside of these days and hours, a private sedan that holds three passengers can be hired for the retail rate of \$129.60. To reserve online, click the “Reservations” link on the Dolphin website (www.dolphinnaples.com) and login with user/password APM/Marco, or phone and mention you are attending the APM Annual Meeting.

Taxi and other shuttle services are available. Use the “Ground Transportation” link on the Fort Myers airport website (www.flylcpa.com) to discover a few more expensive ways to get to the meeting.

Newsletter



Summer 2010

Academy of Psychosomatic Medicine

The Organization for Consultation-Liaison Psychiatry